

**Luther Cross Country Invitational**  
**Luther College campus**  
**Decorah, Iowa**  
**Saturday, September 8, 2018**

**Varsity Girls Team Results**

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average Spread	
1	Dubuque Senior	63	1	4	7	11	40	41	47	1:40:00	20:00	2:14.9
2	Onalaska	69	3	5	14	23	24	27	53	1:41:08	20:14	1:39.0
3	Cedar Rapids Prairie	117	9	15	19	32	42	44	49	1:43:41	20:45	1:28.5
4	Iowa City, City High	153	13	22	31	36	51	59	75	1:45:11	21:03	1:33.9
5	Century	201	12	34	35	39	81	84	87	1:46:17	21:16	2:16.9
6	Jefferson	211	8	16	55	64	68	73	130	1:46:17	21:16	2:10.7
7	Hempstead	271	18	37	56	60	100	126		1:48:45	21:45	2:30.6
8	Decorah	273	20	54	58	67	74	83	113	1:48:56	21:48	1:28.5
9	Iowa City Regina	295	25	29	65	85	91	98	101	1:49:12	21:51	1:46.8
10	Crestwood	304	2	30	77	90	105	129	157	1:48:34	21:43	4:03.7
11	Charles City	322	6	33	78	97	108	111	118	1:49:46	21:58	3:32.7
12	Austin	324	17	66	69	79	93	145	147	1:49:47	21:58	2:23.3
13	Waukon	339	46	50	62	82	99	104	106	1:50:52	22:11	1:27.5
14	Rochester John Marshall	368	28	38	89	96	117	128	132	1:51:24	22:17	2:44.6
15	Mason City	381	43	57	70	92	119	136	152	1:52:16	22:28	2:16.0
16	Central	403	48	61	71	86	137	138		1:52:47	22:34	2:43.2
17	Platteville	418	26	76	88	112	116	134	143	1:53:09	22:38	2:45.1
18	Champlin Park	469	52	72	80	125	140	144	155	1:55:00	23:00	2:43.5
19	Xavier	472	21	95	102	115	139			1:55:01	23:01	3:34.8
20	Pacelli	532	10	45	150	158	169	172		2:01:41	24:21	8:50.4
21	Lanesboro Fillmore Central	616	94	110	121	131	160	162	167	2:00:40	24:08	3:20.5
22	Osage	624	109	114	120	122	159	161	165	2:00:58	24:12	2:37.7
23	Westby	642	123	124	127	133	135	153		2:01:01	24:13	0:25.7
24	Byron	643	63	141	142	148	149	154		2:00:57	24:12	3:02.7
25	Academy Of Holy Angels	724	107	146	151	156	164	166		2:05:46	25:10	3:27.6
26	New Hampton	775	103	163	168	170	171			2:18:43	27:45	7:42.8

**Varsity Girls Individual Results**

Place	Athlete	Grade	Team	Time	Pace	Gap	Pace
1	Claire Edmondson	Jr	Dubuque Senior	1	19:03.1	---	06:07.5
2	Cassidy Ihns	Sr	Crestwood	2	19:12.6	00:09.6	06:10.6
3	Kora Malecek	So	Onalaska	3	19:18.2	00:15.2	06:12.4
4	Lily Schmidt	So	Dubuque Senior	4	19:31.0	00:28.0	06:16.5
5	Lydia Malecek	So	Onalaska	5	19:44.2	00:41.2	06:20.8
6	Kiki Connell	So	Charles City	6	19:54.2	00:51.2	06:24.0
7	Isabelle Gorton	So	Dubuque Senior	7	19:59.6	00:56.6	06:25.7
8	Megan Lee	8	Jefferson	8	20:00.4	00:57.4	06:26.0
9	Laurdyn Meyer	So	Cedar Rapids Prairie	9	20:01.9	00:58.9	06:26.4
10	Kayla Christopherson	Sr	Pacelli	10	20:05.9	01:02.9	06:27.7
11	Ashley Donovan	Sr	Dubuque Senior	11	20:07.7	01:04.7	06:28.3
12	Kaitlin Miller	Sr	Century	12	20:09.1	01:06.1	06:28.8
13	Rowan Boulter	Fr	Iowa City, City High	13	20:09.6	01:06.6	06:28.9
14	Amalia Malecek	So	Onalaska	14	20:11.3	01:08.3	06:29.5

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15	Gabby Cortez	Fr	Cedar Rapids Prairie	15	20:17.2	01:14.3	06:31.4
16	Megan Narveson	Jr	Jefferson	16	20:20.2	01:17.2	06:32.3
17	Abigail Lewis	Sr	Austin	17	20:23.5	01:20.5	06:33.4
18	Hannah Brown	Jr	Hempstead	18	20:38.0	01:35.0	06:38.1
19	Kendall White	So	Cedar Rapids Prairie	19	20:41.9	01:38.9	06:39.3
20	Shayla Betts	Jr	Decorah	20	20:49.1	01:46.1	06:41.6
21	Emma Hoins	So	Waverly-Shell Rock	--	20:50.6	01:47.6	06:42.1
22	Hannah Denman	Jr	Xavier	21	20:53.2	01:50.2	06:42.9
23	Jae Dancer	So	Iowa City, City High	22	20:55.6	01:52.6	06:43.7
24	Ellie Smith	So	Onalaska	23	20:57.0	01:54.0	06:44.2
25	Claudia Delgado	So	Onalaska	24	20:57.1	01:54.1	06:44.2
26	Josie Voss	Fr	Iowa City Regina	25	20:57.9	01:54.9	06:44.5
27	Brittani Meis	Jr	Platteville	26	20:58.0	01:55.0	06:44.5
28	Aubrey Clements	So	Onalaska	27	20:58.3	01:55.3	06:44.6
29	Greta Freed	So	Rochester John Marshall	28	20:59.3	01:56.3	06:44.9
30	Maeve Dunne	Sr	Iowa City Regina	29	21:00.4	01:57.4	06:45.3
31	Hope Dohlman	Sr	Crestwood	30	21:04.8	02:01.8	06:46.7
32	Esti Brady	Jr	Iowa City, City High	31	21:07.4	02:04.4	06:47.5
33	Carli Reittinger	Jr	Cedar Rapids Prairie	32	21:09.4	02:06.4	06:48.2
34	Whitney Martin	Sr	Charles City	33	21:10.3	02:07.3	06:48.4
35	Kennedy Speer	Fr	Century	34	21:11.9	02:08.9	06:48.9
36	Jiayi Li	Sr	Century	35	21:12.0	02:09.0	06:49.0
37	Karlie Meyer	So	Aquinas	--	21:12.7	02:09.7	06:49.2
38	Janie Perrill	So	Iowa City, City High	36	21:14.2	02:11.2	06:49.7
39	Shaelyn Hostager	Jr	Hempstead	37	21:14.5	02:11.5	06:49.8
40	Margaret Anderson	Sr	Rochester John Marshall	38	21:15.9	02:12.9	06:50.3
41	Ava Nuttall	Jr	Century	39	21:17.4	02:14.4	06:50.7
42	Lauren Miller	Sr	Dubuque Senior	40	21:17.9	02:14.9	06:50.9
43	Jalyssa Blazek	Fr	Turkey Valley	--	21:27.4	02:24.4	06:53.9
44	Kate Miron	Jr	Dubuque Senior	41	21:28.4	02:25.5	06:54.3
45	Hailey Cooper	So	Cedar Rapids Prairie	42	21:30.3	02:27.3	06:54.9
46	Hannah Thomas	Jr	Mason City	43	21:34.9	02:31.9	06:56.4
47	Lily Johannes	Fr	Cedar Rapids Prairie	44	21:35.7	02:32.7	06:56.6
48	Rory Bickler	Jr	Pacelli	45	21:39.4	02:36.4	06:57.8
49	Maddy Waters	So	Waukon	46	21:39.8	02:36.8	06:57.9
50	Olivia Kruse	Sr	Dubuque Senior	47	21:41.3	02:38.4	06:58.4
51	Jane Pinkowski	Sr	Central	48	21:42.2	02:39.2	06:58.7
52	Grace Long	Fr	Cedar Rapids Prairie	49	21:43.3	02:40.4	06:59.1
53	Katelyn Benzing	Jr	Waukon	50	21:43.4	02:40.4	06:59.1
54	Lilly Reynolds	So	Iowa City, City High	51	21:43.4	02:40.4	06:59.1
55	Emma Berge	Jr	Champlin Park	52	21:45.0	02:42.0	06:59.6
56	Jillian Lonning	Fr	Onalaska	53	21:45.4	02:42.4	06:59.7
57	Leila Johnson	So	Decorah	54	21:46.1	02:43.1	07:00.0

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58	Claire Carlson	Sr	Jefferson	55	21:48.2	02:45.2	07:00.6
59	Kaylee Leicht	Jr	Hempstead	56	21:50.3	02:47.3	07:01.3
60	Sami Miller	Jr	Mason City	57	21:52.0	02:49.0	07:01.9
61	Britta Swanson	Jr	Decorah	58	21:52.3	02:49.3	07:02.0
62	Anna Lindower	Sr	Iowa City, City High	59	21:52.8	02:49.8	07:02.1
63	Emma Holesinger	Jr	Hempstead	60	21:53.8	02:50.8	07:02.4
64	Megan Degenhardt	Sr	Central	61	21:54.1	02:51.1	07:02.5
65	Bailey Shafer	So	Waukon	62	21:54.9	02:51.9	07:02.8
66	Michaela Hamilton	8	Byron	63	21:55.6	02:52.7	07:03.0
67	Ruth Claycomb	Sr	Jefferson	64	21:56.6	02:53.6	07:03.3
68	Annalee Bartles	So	Iowa City Regina	65	21:57.0	02:54.0	07:03.5
69	Olivia Massman	Sr	South Winneshiek	--	21:59.2	02:56.2	07:04.2
70	Morgan Hose	Sr	Austin	66	22:01.8	02:58.8	07:05.0
71	Brooke Courtney	Jr	Decorah	67	22:10.3	03:07.3	07:07.7
72	Erin Drewitz	So	Jefferson	68	22:11.0	03:08.0	07:08.0
73	Nadia Vaughn	9th	Austin	69	22:11.6	03:08.6	07:08.2
74	Marcella Sierra	So	Mason City	70	22:11.9	03:08.9	07:08.2
75	Carmen West	Sr	Central	71	22:12.9	03:09.9	07:08.6
76	Atley Schreiner	So	Champlin Park	72	22:13.3	03:10.3	07:08.7
77	Bella Thurston	8	Jefferson	73	22:14.0	03:11.0	07:08.9
78	Annette Leschensky	Jr	Decorah	74	22:17.6	03:14.6	07:10.1
79	Beatrice Martin	Jr	Chatfield	--	22:19.9	03:16.9	07:10.8
80	Aly Hecker	Sr	Iowa City, City High	75	22:19.9	03:16.9	07:10.8
81	Harmony Bell	So	Platteville	76	22:20.4	03:17.4	07:11.0
82	Ashley Kriener	Sr	South Winneshiek	--	22:20.4	03:17.4	07:11.0
83	Annie Mast	Sr	Crestwood	77	22:20.5	03:17.5	07:11.0
84	Mariah Mckenzie	Sr	Charles City	78	22:21.9	03:18.9	07:11.5
85	Emma Dudycha	9th	Austin	79	22:23.2	03:20.2	07:11.9
86	Maggie Grossman	So	Champlin Park	80	22:23.8	03:20.8	07:12.1
87	Kylie Wees	Jr	Century	81	22:25.9	03:22.9	07:12.8
88	Regan Griffith	So	Waukon	82	22:26.0	03:23.0	07:12.8
89	Jaycie Bryne	So	Turkey Valley	--	22:26.6	03:23.6	07:13.0
90	Emma Brown	Sr	Burnsville	--	22:27.1	03:24.1	07:13.1
91	Cassidy Carolan	Sr	Decorah	83	22:27.9	03:24.9	07:13.4
92	Gracie Shannon	So	Century	84	22:28.8	03:25.8	07:13.7
93	Kennedy Scott	Jr	Iowa City Regina	85	22:31.7	03:28.7	07:14.6
94	Lilith Wehrs	Fr	Central	86	22:32.4	03:29.4	07:14.8
95	Ellie Flodstrom	Fr	Century	87	22:32.9	03:29.9	07:15.0
96	Leah Hammill	Fr	Platteville	88	22:34.0	03:31.0	07:15.4
97	Ally Halverson	Sr	Rochester John Marshall	89	22:34.7	03:31.7	07:15.6
98	Sarah Mashek	Sr	Crestwood	90	22:39.2	03:36.2	07:17.0
99	Molly Vittetoe	Sr	Iowa City Regina	91	22:44.6	03:41.6	07:18.8
100	Brycelyn Hanson	So	Mason City	92	22:46.5	03:43.5	07:19.4

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101	Cassidy Shute	8	Austin	93	22:46.7	03:43.7	07:19.5
102	Brielle Ruen	9th	Lanesboro Fillmore Central	94	22:47.0	03:44.0	07:19.5
103	Lizzy Schmitt	So	Xavier	95	22:47.5	03:44.5	07:19.7
104	Ava Fevold	8	Rochester John Marshall	96	22:50.3	03:47.3	07:20.6
105	Mackenzzy Bilharz	Jr	Charles City	97	22:52.7	03:49.7	07:21.4
106	Mary Catherine Graff	Sr	Iowa City Regina	98	22:53.0	03:50.0	07:21.5
107	Ellec Armstead	Jr	Waukon	99	23:07.3	04:04.3	07:26.1
108	Allison Till	Sr	Hempstead	100	23:08.6	04:05.6	07:26.5
109	Josie Pursley	Fr	Iowa City Regina	101	23:10.5	04:07.5	07:27.1
110	Bridget Schmitt	Sr	Xavier	102	23:11.7	04:08.7	07:27.5
111	Lydia Gessner	Jr	New Hampton	103	23:13.1	04:10.2	07:27.9
112	Megan O'neill	Sr	Waukon	104	23:14.0	04:11.0	07:28.2
113	Libby Labosky	Jr	Crestwood	105	23:16.2	04:13.2	07:28.9
114	Madelyn Helgerson	Fr	Waukon	106	23:16.4	04:13.4	07:29.0
115	Lexie Bennett	Sr	Academy Of Holy Angels	107	23:25.1	04:22.1	07:31.8
116	Abbi Gillespie	9th	Chatfield	--	23:25.7	04:22.7	07:32.0
117	Mindi Neve	Jr	Charles City	108	23:26.8	04:23.8	07:32.3
118	Makayla Mostek	Jr	Osage	109	23:28.1	04:25.1	07:32.7
119	Adeline Miner	8	Lanesboro Fillmore Central	110	23:28.8	04:25.8	07:33.0
120	Selah Opp	Jr	Charles City	111	23:32.0	04:29.0	07:34.0
121	Mia Bernhardt	Jr	Platteville	112	23:33.2	04:30.2	07:34.4
122	Payton Taylor	So	Decorah	113	23:37.1	04:34.1	07:35.6
123	Clare Huisman	Jr	Osage	114	23:37.1	04:34.1	07:35.7
124	Megan Meyer	Jr	Xavier	115	23:40.0	04:37.0	07:36.6
125	Leah Cherry	Fr	Waverly-Shell Rock	--	23:42.5	04:39.5	07:37.4
126	Abigale Goomey	Fr	Platteville	116	23:43.0	04:40.0	07:37.5
127	Alexa Hoyme	Jr	Rochester John Marshall	117	23:43.8	04:40.8	07:37.8
128	Libbie Mckeag	So	Charles City	118	23:44.5	04:41.5	07:38.0
129	Lilly Gyllander	So	Aquinas	--	23:46.0	04:43.1	07:38.5
130	Katie Cooling	Sr	Mason City	119	23:50.9	04:47.9	07:40.1
131	Chloe Krebsbach	Sr	Osage	120	23:52.3	04:49.3	07:40.5
132	Katelin Prinsen	Sr	Lanesboro Fillmore Central	121	23:53.8	04:50.8	07:41.0
133	Talia Stangle	Fr	Osage	122	23:54.7	04:51.7	07:41.3
134	Katelyn Dornack	9th	Chatfield	--	23:55.1	04:52.1	07:41.4
135	Molly Willmert	Jr	Burnsville	--	23:55.4	04:52.4	07:41.5
136	Erinn Sebion	Sr	Westby	123	23:58.9	04:55.9	07:42.7
137	Angela Ellis	Sr	Aquinas	--	24:02.8	04:59.8	07:43.9
138	Ellen Johnson	So	Westby	124	24:03.9	05:00.9	07:44.3
139	Sydney Crandall	Sr	Champlin Park	125	24:09.2	05:06.2	07:46.0
140	Anna Gehl	Fr	Hempstead	126	24:09.4	05:06.5	07:46.0
141	Kelsie Helgerson	Sr	Westby	127	24:09.9	05:06.9	07:46.2
142	Caitlin Graves	So	Rochester John Marshall	128	24:10.7	05:07.7	07:46.5
143	Kendal Slavin	Fr	Crestwood	129	24:12.6	05:09.6	07:47.1

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144	Abigail Hall	Jr	Jefferson	130	24:18.6	05:15.6	07:49.0
145	Emily Snyder	Sr	Lanesboro Fillmore Central	131	24:22.7	05:19.7	07:50.3
146	Abigail Frei	Jr	Rochester John Marshall	132	24:22.9	05:19.9	07:50.4
147	Sierra Cade	Sr	Westby	133	24:23.0	05:20.0	07:50.4
148	Alexis Thompson	Jr	Platteville	134	24:23.7	05:20.7	07:50.6
149	Grace Hebel	So	Westby	135	24:24.6	05:21.6	07:50.9
150	Celia Cole	9th	St. Charles	--	24:24.7	05:21.7	07:50.9
151	Avery Thompson	Fr	Mason City	136	24:24.8	05:21.8	07:51.0
152	Eden Winga	So	Central	137	24:25.3	05:22.3	07:51.2
153	Katie Arlt	Fr	Central	138	24:25.7	05:22.7	07:51.3
154	Ella Tallett	Fr	Xavier	139	24:27.9	05:24.9	07:52.0
155	Audrey Whitman	Sr	Champlin Park	140	24:28.4	05:25.4	07:52.1
156	Lauren Nepstad	Jr	Byron	141	24:29.3	05:26.3	07:52.4
157	Claire Graham	So	Byron	142	24:37.0	05:34.0	07:54.9
158	Julia Kasper	Sr	Platteville	143	24:39.0	05:36.0	07:55.5
159	Maddie Belland	Sr	Aquinas	--	24:42.9	05:39.9	07:56.8
160	Amelia Lund	Sr	Champlin Park	144	24:45.7	05:42.7	07:57.7
161	Nicole Justice	Jr	Austin	145	24:52.8	05:49.8	08:00.0
162	Emma Phillips	Fr	Academy Of Holy Angels	146	24:53.2	05:50.2	08:00.1
163	Emma Keenan	So	Austin	147	24:53.4	05:50.4	08:00.2
164	Asha Ali	Jr	Burnsville	--	24:54.8	05:51.8	08:00.6
165	Annika Johnson	Jr	Byron	148	24:56.3	05:53.4	08:01.1
166	Abbie Halfman	So	Byron	149	24:58.3	05:55.3	08:01.8
167	Abby Christopherson	8	Pacelli	150	25:00.8	05:57.8	08:02.6
168	Grace Meyer	Fr	Academy Of Holy Angels	151	25:07.5	06:04.5	08:04.7
169	Madeline Burton	Sr	Mason City	152	25:10.5	06:07.5	08:05.7
170	Liza Jackson	Jr	Westby	153	25:18.1	06:15.1	08:08.1
171	Megan Scheuer	Sr	Byron	154	25:20.4	06:17.4	08:08.9
172	Callista Lamott	So	Champlin Park	155	25:22.8	06:19.8	08:09.6
173	Caitlin O'donnell	Sr	Academy Of Holy Angels	156	25:26.8	06:23.8	08:10.9
174	Madison Brace	Jr	Crestwood	157	25:45.3	06:42.3	08:16.9
175	Kendahl Lewis	8	Pacelli	158	25:58.1	06:55.1	08:21.0
176	Macie Adams	Sr	Osage	159	26:05.7	07:02.7	08:23.4
177	Kelly Ristau	So	Lanesboro Fillmore Central	160	26:07.5	07:04.5	08:24.0
178	Macy Gast	So	Osage	161	26:31.6	07:28.6	08:31.7
179	Grace Springer	Jr	Lanesboro Fillmore Central	162	26:42.7	07:39.7	08:35.3
180	Mariah Darling	Jr	New Hampton	163	26:43.2	07:40.2	08:35.5
181	Erin Bauer	Sr	Academy Of Holy Angels	164	26:52.7	07:49.7	08:38.5
182	Sammi Scharper	Sr	Osage	165	27:00.6	07:57.6	08:41.1
183	Ellie Decrans	Fr	Academy Of Holy Angels	166	27:05.9	08:02.9	08:42.8
184	Sarah Kulas	Jr	St. Charles	--	27:23.8	08:20.8	08:48.5
185	Nora Rein	Jr	Lanesboro Fillmore Central	167	27:47.3	08:44.3	08:56.1
186	Riley Shatek	Jr	New Hampton	168	27:58.5	08:55.5	08:59.7

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187	Caitlin Drees	9th	Pacelli	169	28:56.2	09:53.3	09:18.3
188	Taylor Philo	Sr	New Hampton	170	29:51.9	10:49.0	09:36.2
189	Adrian Rings	Sr	New Hampton	171	30:55.9	11:52.9	09:56.8
190	Ellen Horvat	9th	Pacelli	172	32:19.4	13:16.4	10:23.6

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**Varsity Boys Team Results**

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average Spread	
1	Cedar Rapids Prairie	54	1	2	13	16	22	29	31	1:26:07	17:14	1:30.6
2	Champlin Park	106	9	10	19	24	44	64	101	1:28:44	17:45	0:52.3
3	Rochester Century	152	20	23	28	40	41	48	54	1:30:02	18:01	0:24.0
4	Austin	155	4	7	32	50	62	72	90	1:29:21	17:53	1:29.2
5	Platteville	179	5	21	27	53	73	84	102	1:30:09	18:02	1:37.7
6	Aquinas	194	17	26	38	42	71	85	98	1:30:43	18:09	1:01.3
7	Onalaska	213	12	15	37	70	79	81	113	1:31:01	18:13	1:24.5
8	Decorah	219	11	18	51	59	80	106		1:31:11	18:15	1:25.8
9	City High	262	30	36	57	63	76	107	130	1:32:06	18:26	0:55.5
10	Mason City	266	6	14	69	88	89	108	119	1:31:48	18:22	1:54.2
11	Jefferson	288	3	55	58	78	94	114	131	1:31:48	18:22	2:35.0
12	Rochester John Marshall	309	34	60	66	67	82	83	96	1:33:02	18:37	0:56.5
13	Crestwood	331	35	49	52	77	118	128	132	1:33:46	18:46	1:59.4
14	St. Charles	361	8	33	45	126	149			1:37:14	19:27	5:44.6
15	Charles City	377	43	61	86	87	100	103	115	1:34:24	18:53	1:08.7
16	Academy Of Holy Angels	381	39	46	91	95	110	116	122	1:34:43	18:57	1:40.2
17	Westby	483	25	109	111	117	121	138	139	1:38:01	19:37	2:26.6
18	Waukon	492	68	74	105	112	133	134	144	1:37:49	19:34	2:01.6
19	Byron	498	65	75	97	125	136	140	141	1:38:22	19:41	2:17.7
20	Osage	565	47	99	120	147	152	155		1:43:41	20:45	5:08.3
21	Central	567	92	93	123	124	135	137	153	1:40:14	20:03	1:47.3
22	New Hampton	599	56	104	145	146	148	150		1:45:06	21:02	4:22.8
23	Iowa City Regina	692	127	129	142	143	151	154	156	1:47:53	21:35	2:41.9

**Varsity Boys Individual Results**

Place	Athlete	Grade	Team	Time	Pace	Gap	Pace
1	Jack Pendergast	Jr	Cedar Rapids Prairie	1	16:19.2	---	05:14.8
2	Colton Lagrange	Sr	Cedar Rapids Prairie	2	16:39.9	00:20.9	05:21.5
3	Colden Longley	Jr	Jefferson	3	16:40.7	00:21.7	05:21.8
4	Meti Omod	Jr	Austin	4	17:06.1	00:47.1	05:29.9
5	Jace Serres	Sr	Platteville	5	17:11.4	00:52.4	05:31.6
6	Christian Rodriguez	So	Mason City	6	17:12.9	00:53.9	05:32.1
7	Sam Kepford	Sr	Waverly-Shell Rock	--	17:17.1	00:58.1	05:33.5
8	Henry Hinchcliffe	Sr	Austin	7	17:19.1	01:00.1	05:34.1
9	Axel Daood	Sr	St. Charles	8	17:20.5	01:01.5	05:34.6
10	Dontae Johnson	Jr	Champlin Park	9	17:22.7	01:03.7	05:35.2
11	Connor Preston	Jr	Champlin Park	10	17:25.4	01:06.4	05:36.1
12	Gus Hayes	Sr	Decorah	11	17:32.4	01:13.4	05:38.4
13	Tyler Lee	Fr	Onalaska	12	17:33.4	01:14.4	05:38.7
14	Hunter Kalous	So	Cedar Rapids Prairie	13	17:36.6	01:17.6	05:39.7
15	Michael Rowe	Sr	Mason City	14	17:39.3	01:20.3	05:40.6
16	Aiden Robinson	Jr	Onalaska	15	17:40.9	01:21.9	05:41.1
17	Mckade Adams	Jr	Cedar Rapids Prairie	16	17:41.1	01:22.1	05:41.2

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18	Ethan Gregg	Sr	Aquinas	17	17:42.0	01:23.0	05:41.5
19	Brady Hogan	So	Decorah	18	17:44.2	01:25.2	05:42.2
20	Danny Kloepfner	Sr	Champlin Park	19	17:48.2	01:29.2	05:43.4
21	Seth Hill	So	Rochester Century	20	17:48.6	01:29.6	05:43.6
22	John Cramer	Sr	Platteville	21	17:49.3	01:30.3	05:43.8
23	Ryan Neubauer	Jr	Cedar Rapids Prairie	22	17:49.8	01:30.8	05:44.0
24	Nathan Schatz	Sr	Rochester Century	23	17:51.4	01:32.4	05:44.5
25	Ben Fischer	So	Champlin Park	24	17:52.6	01:33.7	05:44.9
26	Kade Sherry	Sr	Westby	25	17:53.2	01:34.2	05:45.1
27	Peter Glodosky	Sr	Aquinas	26	17:55.6	01:36.6	05:45.8
28	Alex Sonsalla	Sr	Platteville	27	17:55.7	01:36.7	05:45.9
29	Jackson Murray	Sr	Rochester Century	28	17:57.0	01:38.0	05:46.3
30	Andrew Bickford	So	Cedar Rapids Prairie	29	17:58.0	01:39.1	05:46.6
31	Mitchell Wilkes	Jr	City High	30	17:59.5	01:40.5	05:47.1
32	Carlo Dannenfelser	Jr	Cedar Rapids Prairie	31	18:00.1	01:41.1	05:47.3
33	Jackson Marsh	So	Austin	32	18:01.2	01:42.2	05:47.6
34	Korrigan Diercks	Jr	St. Charles	33	18:01.4	01:42.4	05:47.7
35	Dakota Dowd	Jr	Rochester John Marshall	34	18:04.4	01:45.4	05:48.7
36	Bryden Juelsgaard	Jr	Crestwood	35	18:04.6	01:45.6	05:48.7
37	Andre Miller	So	City High	36	18:04.6	01:45.6	05:48.7
38	Paul Hageman	Sr	South Winneshiek	--	18:06.4	01:47.4	05:49.3
39	Austin Oyen	Fr	Onalaska	37	18:06.5	01:47.5	05:49.4
40	Zachary Degroot	Jr	Aquinas	38	18:08.3	01:49.3	05:49.9
41	Jack Peschal	Jr	Academy Of Holy Angels	39	18:10.6	01:51.7	05:50.7
42	Ben Larson	Jr	Rochester Century	40	18:12.4	01:53.4	05:51.3
43	Gabe Hanson	Jr	Rochester Century	41	18:12.5	01:53.5	05:51.3
44	Mitch Ellis	So	Aquinas	42	18:13.2	01:54.2	05:51.5
45	Mason Deeter	Sr	Charles City	43	18:14.7	01:55.7	05:52.0
46	Eoin Keran	Sr	Champlin Park	44	18:14.9	01:55.9	05:52.0
47	Andrew O'hara	9th	St. Charles	45	18:15.9	01:56.9	05:52.4
48	Liam Sheeley	So	Academy Of Holy Angels	46	18:16.2	01:57.2	05:52.5
49	Caleb Sledd	Jr	Osage	47	18:17.4	01:58.4	05:52.9
50	Ethan Poncelet	Sr	Rochester Century	48	18:17.9	01:58.9	05:53.0
51	Nathan Martinek	Sr	Crestwood	49	18:18.5	01:59.5	05:53.2
52	Raymond Lucero	Sr	Austin	50	18:19.5	02:00.5	05:53.5
53	Brayden Krivachek	Sr	Decorah	51	18:23.0	02:04.0	05:54.6
54	Justin Nibaur	So	Crestwood	52	18:23.3	02:04.3	05:54.7
55	Lucas Johnson	Sr	Platteville	53	18:23.7	02:04.7	05:54.9
56	Carter Poncelet	Fr	Rochester Century	54	18:24.1	02:05.1	05:55.0
57	Joe Gathje	So	Jefferson	55	18:24.3	02:05.3	05:55.1
58	Nolan Usher	Sr	New Hampton	56	18:27.8	02:08.8	05:56.2
59	Logan Mccullough	Jr	Waverly-Shell Rock	--	18:28.8	02:09.8	05:56.5
60	Ethyn Chesnut	So	Waverly-Shell Rock	--	18:29.2	02:10.2	05:56.7



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61	Sullivan Hall	Fr	City High	57	18:30.3	02:11.3	05:57.0
62	Emmett Schwartzhoff	Jr	South Winneshiek	--	18:30.9	02:11.9	05:57.2
63	Mason Young	Fr	Jefferson	58	18:31.4	02:12.4	05:57.3
64	Joseph Seo	Jr	Decorah	59	18:33.0	02:14.0	05:57.9
65	Andrew Novak	Jr	Rochester John Marshall	60	18:34.2	02:15.2	05:58.3
66	Nick Litterer	Sr	Charles City	61	18:35.2	02:16.2	05:58.6
67	Blake Petrik	So	Austin	62	18:35.3	02:16.3	05:58.6
68	Parker Max	Fr	City High	63	18:36.0	02:17.0	05:58.8
69	Jack Nightingale	Jr	Champlin Park	64	18:37.5	02:18.6	05:59.3
70	Aric Jorgensen	Jr	Byron	65	18:40.3	02:21.3	06:00.2
71	Caleb Feda	Sr	Rochester John Marshall	66	18:41.0	02:22.0	06:00.4
72	Stephen Akin	Jr	Rochester John Marshall	67	18:41.0	02:22.0	06:00.4
73	Logan Houg	Jr	Waukon	68	18:41.3	02:22.3	06:00.5
74	Luke Mulholland	Jr	Mason City	69	18:41.4	02:22.4	06:00.6
75	Jaden Coles	Sr	Onalaska	70	18:42.1	02:23.1	06:00.8
76	Ethan Nott	Jr	Aquinas	71	18:43.2	02:24.2	06:01.2
77	Alex Petrik	So	Austin	72	18:47.5	02:28.5	06:02.5
78	John Wells	So	Platteville	73	18:49.1	02:30.1	06:03.0
79	John O'neill	So	Waukon	74	18:52.3	02:33.3	06:04.1
80	Nathan Jacobs	Sr	Byron	75	18:53.9	02:34.9	06:04.6
81	Elliot Dunnwald	Fr	City High	76	18:55.0	02:36.0	06:04.9
82	Ethan Govern	Fr	Crestwood	77	18:55.8	02:36.8	06:05.2
83	Timothy Lueth	Jr	Jefferson	78	18:56.0	02:37.1	06:05.3
84	Caleb Wallace	Sr	Onalaska	79	18:57.9	02:38.9	06:05.9
85	Noah Lovelace	So	Decorah	80	18:58.1	02:39.1	06:05.9
86	Damon Zielke	Jr	Onalaska	81	18:58.8	02:39.8	06:06.2
87	Peter Dahlen	So	Rochester John Marshall	82	19:00.9	02:41.9	06:06.8
88	Jonathan Devlin	Jr	Rochester John Marshall	83	19:01.0	02:42.1	06:06.9
89	Calvin Wernimont	Sr	Platteville	84	19:02.3	02:43.3	06:07.3
90	Tedy Uehling	So	Aquinas	85	19:03.1	02:44.1	06:07.5
91	Hayden Pleggenkuhle	Jr	Charles City	86	19:04.4	02:45.4	06:08.0
92	Jacob Vais	Fr	Charles City	87	19:06.6	02:47.6	06:08.7
93	Miguel Jaime	Jr	Mason City	88	19:07.0	02:48.0	06:08.8
94	Keagan May	Sr	Mason City	89	19:07.0	02:48.1	06:08.8
95	Ryan Walters	Sr	Austin	90	19:07.6	02:48.6	06:09.0
96	Jack Schutz	Jr	Academy Of Holy Angels	91	19:08.2	02:49.2	06:09.2
97	Preston Graul	So	Central	92	19:08.7	02:49.7	06:09.4
98	Nathan Janvrin	Sr	Central	93	19:15.3	02:56.3	06:11.5
99	Gabe Meier	Fr	Jefferson	94	19:15.7	02:56.7	06:11.6
100	Matt Keller	Sr	Academy Of Holy Angels	95	19:16.5	02:57.5	06:11.8
101	Nicholas Leidig	Sr	Rochester John Marshall	96	19:18.8	02:59.9	06:12.6
102	Braeden Dilworth	Jr	Byron	97	19:19.8	03:00.8	06:12.9
103	Mike Stupi	Fr	Aquinas	98	19:21.0	03:02.0	06:13.3

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104	Alex Swenson	Sr	Osage	99	19:22.5	03:03.5	06:13.8
105	Luke Smith	So	Charles City	100	19:23.3	03:04.3	06:14.0
106	Zac Oldroyd	Jr	Champlin Park	101	19:25.7	03:06.7	06:14.8
107	Jayden Lewis	So	Pacelli	--	19:28.0	03:09.0	06:15.6
108	Tyler Lahaie	Sr	Platteville	102	19:31.4	03:12.4	06:16.6
109	Phillip Bachman	Jr	Charles City	103	19:31.7	03:12.7	06:16.7
110	Dylan Usher	9th	New Hampton	104	19:33.2	03:14.3	06:17.2
111	Nate Helgerson	Sr	Waukon	105	19:34.9	03:15.9	06:17.8
112	Spencer Peterson	Jr	Decorah	106	19:36.1	03:17.1	06:18.2
113	Evan Wright	So	Chatfield	--	19:40.6	03:21.6	06:19.6
114	Josh Fletcher	Sr	City High	107	19:43.4	03:24.4	06:20.5
115	Trevor Torkelson	So	Mason City	108	19:44.1	03:25.1	06:20.7
116	Cooper Lipski	Jr	Westby	109	19:50.7	03:31.7	06:22.8
117	William Eikens	Jr	Academy Of Holy Angels	110	19:50.8	03:31.9	06:22.9
118	Alex Wright	So	Chatfield	--	19:51.2	03:32.2	06:23.0
119	Jhett Sherry	Fr	Westby	111	19:53.6	03:34.6	06:23.8
120	Zach Davison	Jr	Waukon	112	19:57.3	03:38.3	06:25.0
121	Elliot Buchanan	Jr	Onalaska	113	19:57.7	03:38.7	06:25.1
122	Ryan Meany	Sr	Jefferson	114	19:59.5	03:40.5	06:25.7
123	Zack Graeser	So	Charles City	115	20:00.5	03:41.5	06:26.0
124	Jacob Vogt	So	Academy Of Holy Angels	116	20:01.4	03:42.5	06:26.3
125	Derek Helgerson	Sr	Westby	117	20:03.8	03:44.8	06:27.1
126	Nathaniel Bigalk	Fr	Crestwood	118	20:04.0	03:45.0	06:27.1
127	Joey Daoud	Sr	Mason City	119	20:10.5	03:51.5	06:29.2
128	Nicolas Shoars	Jr	Osage	120	20:11.6	03:52.6	06:29.6
129	Taylor Thunstedt	Fr	Westby	121	20:19.8	04:00.8	06:32.2
130	Jake Bennett	So	Academy Of Holy Angels	122	20:21.6	04:02.6	06:32.8
131	Thomas Clements	Jr	Central	123	20:24.8	04:05.8	06:33.8
132	Solomon Neisius	Jr	Central	124	20:28.5	04:09.5	06:35.0
133	Luke Weaver	9th	Pacelli	--	20:29.7	04:10.7	06:35.4
134	Ben Deyle	Jr	Byron	125	20:29.8	04:10.8	06:35.4
135	Shane Arnold	9th	St. Charles	126	20:30.7	04:11.7	06:35.7
136	Jacob Barnett	Fr	Iowa City Regina	127	20:33.9	04:14.9	06:36.7
137	Boston Ferrie	Sr	Crestwood	128	20:37.8	04:18.8	06:38.0
138	Ethan Boileau	Jr	Iowa City Regina	129	20:38.0	04:19.0	06:38.1
139	Matt Taylor	Jr	City High	130	20:38.5	04:19.5	06:38.2
140	Ian Klein	7	Jefferson	131	20:40.0	04:21.1	06:38.7
141	Kendall Cotant	Sr	Crestwood	132	20:42.0	04:23.1	06:39.4
142	Ryan Lubahn	So	Waukon	133	20:42.8	04:23.8	06:39.6
143	Andrew Mellick	Sr	Waukon	134	20:53.6	04:34.6	06:43.1
144	Gavin Rees	Jr	Central	135	20:56.0	04:37.0	06:43.8
145	Braydon Entgelmeier	So	Byron	136	20:57.9	04:38.9	06:44.5
146	Job Neisius	Fr	Central	137	21:03.9	04:44.9	06:46.4

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147	Luke Bjorklund	Jr	Westby	138	21:05.0	04:46.0	06:46.7
148	Griffin Grass	Sr	Westby	139	21:10.4	04:51.4	06:48.5
149	Brandon Rolandson	Jr	Byron	140	21:23.4	05:04.4	06:52.6
150	Zach Heimer	Jr	Byron	141	21:29.1	05:10.1	06:54.5
151	Adam Boblenz	Fr	Iowa City Regina	142	21:42.6	05:23.7	06:58.8
152	Nick Kratz	So	Iowa City Regina	143	21:42.9	05:23.9	06:58.9
153	Michael Headington	Sr	Waukon	144	21:49.4	05:30.5	07:01.0
154	Evan Gossling	Sr	New Hampton	145	21:58.3	05:39.3	07:03.9
155	Gavin Rings	9th	New Hampton	146	22:15.9	05:56.9	07:09.5
156	Wesley Smith	Sr	Osage	147	22:23.4	06:04.4	07:11.9
157	Lucas Scheidel	Jr	Turkey Valley	--	22:39.4	06:20.4	07:17.1
158	Preston Trower	9th	New Hampton	148	22:50.5	06:31.5	07:20.7
159	Michael Hansen	9th	St. Charles	149	23:05.1	06:46.1	07:25.4
160	Jacob Hidding	9th	New Hampton	150	23:12.0	06:53.0	07:27.6
161	Nicholas Abusada	So	Iowa City Regina	151	23:15.7	06:56.8	07:28.8
162	Skyler Wright	Fr	Osage	152	23:25.6	07:06.6	07:32.0
163	Jacob San Miguel	Fr	Central	153	23:33.8	07:14.8	07:34.6
164	Jack Keating	So	Iowa City Regina	154	23:57.6	07:38.7	07:42.3
165	William Kahle	Jr	Pacelli	--	24:33.8	08:14.8	07:53.9
166	Blake Klingfus	9th	Pacelli	--	24:34.9	08:15.9	07:54.2
167	Parker Hennessey	Jr	Osage	155	25:24.0	09:05.0	08:10.0
168	Jack Meyer	So	Iowa City Regina	156	27:00.3	10:41.3	08:41.0

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**Junior Varsity Girls Team Results**

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average Spread	
1	Dubuque Senior	22	1	2	4	7	8	11	18	1:49:01	21:49	0:53.4	
2	Iowa City, City High	63	5	12	13	16	17	20	26	1:52:52	22:35	1:06.8	
3	Decorah	111	9	22	23	24	33	39	41	1:56:01	23:13	1:29.6	
4	Cedar Rapids Prairie	133	6	15	27	37	48	49	66	1:56:45	23:21	2:35.0	
5	South Winneshiek	135	21	25	28	29	32	96	122	1:57:40	23:32	0:43.9	
6	Century	166	14	31	34	43	44	57	58	1:58:58	23:48	1:26.5	
7	Jefferson	205	10	19	52	55	69	111	119	1:59:16	23:52	2:34.1	
8	Onalaska	235	3	40	51	64	77	107		2:00:28	24:06	3:38.4	
9	Rochester John Marshall	264	42	45	53	56	68	70	72	2:02:23	24:29	0:46.4	
10	Charles City	349	50	60	62	85	92	110	133	2:05:05	25:01	1:29.4	
11	Champlin Park	353	30	65	78	81	99	103	135	2:05:41	25:09	2:31.2	
12	Hempstead	356	35	36	88	95	102	104	113	2:06:11	25:15	2:25.5	
13	Byron	373	38	61	79	90	105	123	129	2:06:21	25:17	2:19.9	
14	Platteville	380	59	73	80	82	86	93	131	2:06:14	25:15	1:05.2	
15	Austin	402	71	74	76	87	94	120	144	2:07:23	25:29	0:56.2	
16	Central	459	63	67	108	109	112	115	127	2:09:20	25:52	2:03.8	
17	Waukon	461	46	54	101	117	143			2:11:39	26:20	5:24.2	
18	Mason City	490	47	97	98	118	130			2:11:21	26:17	3:17.6	
19	Iowa City Regina	511	75	83	106	121	126	147		2:11:42	26:21	2:12.3	
20	Burnsville	530	84	91	114	116	125	139	140	2:12:27	26:30	1:53.5	
21	Crestwood	575	89	100	124	128	134	138	146	2:15:10	27:02	2:16.4	
22	Osage	688	132	136	137	141	142	145	148	2:23:46	28:46	1:33.6	

**Junior Varsity Girls Individual Results**

Place	Athlete	Grade	Team	Time	Pace	Gap	Pace
1	Lily Balayti	Fr	Dubuque Senior	1	21:23.4	---	06:52.7
2	Josie Stackis	Jr	Dubuque Senior	2	21:39.5	00:16.5	06:57.8
3	Carolyn Kerns	So	Onalaska	3	21:44.8	00:21.8	06:59.5
4	Lucia Nelson	So	Dubuque Senior	4	21:46.3	00:23.3	07:00.0
5	Cece Kelly-Harvey	So	Iowa City, City High	5	21:49.3	00:26.3	07:01.0
6	Maggie Miskimen	So	Cedar Rapids Prairie	6	21:49.4	00:26.4	07:01.0
7	Lucy Tompkins Garoutte	Fr	Dubuque Senior	7	21:55.2	00:32.2	07:02.9
8	Kes Whalen	Jr	Dubuque Senior	8	22:16.8	00:53.8	07:09.8
9	Taryn Sanderman	So	Decorah	9	22:23.5	01:00.5	07:12.0
10	Karley Thurston	Jr	Jefferson	10	22:23.6	01:00.6	07:12.0
11	Grace Ries	Jr	Dubuque Senior	11	22:24.7	01:01.8	07:12.4
12	Mary Bounds	Jr	Iowa City, City High	12	22:30.5	01:07.5	07:14.2
13	Lucy Corbin	Fr	Iowa City, City High	13	22:39.8	01:16.8	07:17.2
14	Alison Austin	Fr	Century	14	22:48.8	01:25.8	07:20.1
15	Riley Coutler	So	Cedar Rapids Prairie	15	22:52.6	01:29.6	07:21.3
16	Julianne Berry-Stoelzle	So	Iowa City, City High	16	22:56.0	01:33.0	07:22.4
17	Amira Lavelle	Fr	Iowa City, City High	17	22:56.1	01:33.1	07:22.5
18	Elyza Hoffman	So	Dubuque Senior	18	22:57.0	01:34.0	07:22.8

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19	Ella Graff	So	Jefferson	19	22:58.1	01:35.1	07:23.1
20	Maya Warren	So	Iowa City, City High	20	22:58.5	01:35.5	07:23.2
21	Jenna Knutson	Sr	South Winneshiek	21	23:03.8	01:40.8	07:24.9
22	Elise Hallstoos	Fr	Dubuque Senior	--	23:10.0	01:47.0	07:26.9
23	Becca Alvarenga	Sr	Dubuque Senior	--	23:11.1	01:48.1	07:27.3
24	Melia Stackis	Sr	Dubuque Senior	--	23:12.2	01:49.2	07:27.6
25	Rachel Bower	So	Decorah	22	23:12.9	01:49.9	07:27.9
26	Gracia Taylor	Sr	Decorah	23	23:13.3	01:50.3	07:28.0
27	Bailey Hammerand	Sr	Dubuque Senior	--	23:13.8	01:50.8	07:28.2
28	Brielle Buresh	Fr	Decorah	24	23:18.4	01:55.4	07:29.6
29	Ellie Koechner	Fr	Xavier	--	23:21.0	01:58.0	07:30.5
30	Kathryn Burns	Sr	Dubuque Senior	--	23:24.5	02:01.5	07:31.6
31	Melissa Ward	Sr	South Winneshiek	25	23:27.4	02:04.4	07:32.5
32	Julia Veit	Jr	Iowa City, City High	26	23:29.5	02:06.5	07:33.2
33	Natalie Bennett	So	Cedar Rapids Prairie	27	23:36.5	02:13.5	07:35.5
34	Lottie Gidal	Sr	Iowa City, City High	--	23:37.9	02:14.9	07:35.9
35	Shira Hageman	Sr	South Winneshiek	28	23:38.3	02:15.3	07:36.0
36	Sarah Cullen	Sr	South Winneshiek	29	23:42.4	02:19.4	07:37.3
37	Caroline Schaeckenbach	Jr	Iowa City, City High	--	23:44.0	02:21.0	07:37.9
38	Sophie Shearer	Sr	Dubuque Senior	--	23:44.9	02:21.9	07:38.1
39	Greta Bahe	Jr	Champlin Park	30	23:45.0	02:22.0	07:38.2
40	Julianne Caceres	Fr	Dubuque Senior	--	23:45.7	02:22.7	07:38.4
41	Linden Loos	7	Century	31	23:46.1	02:23.1	07:38.6
42	Sami Bohr	Sr	South Winneshiek	32	23:47.6	02:24.6	07:39.0
43	Morgan Brauer	So	Decorah	33	23:53.0	02:30.0	07:40.8
44	Stephanie Bannon	7	Century	34	23:53.6	02:30.6	07:40.9
45	Claire Paulson	Jr	Hempstead	35	23:53.9	02:31.0	07:41.1
46	Emily Richter	So	Hempstead	36	23:55.2	02:32.2	07:41.5
47	Ana Van Beek	So	Iowa City, City High	--	23:56.2	02:33.2	07:41.8
48	Alora Rapp-Uptegraph	So	Dubuque Senior	--	24:01.7	02:38.7	07:43.5
49	Emilee Horak	So	Cedar Rapids Prairie	37	24:02.2	02:39.2	07:43.7
50	Cambelle Johnson	7	Byron	38	24:03.6	02:40.6	07:44.2
51	Kalea Oftedahl	Jr	Decorah	39	24:03.7	02:40.7	07:44.2
52	Caitlin Caretta	Jr	Onalaska	40	24:06.8	02:43.8	07:45.2
53	Samantha See	So	Decorah	41	24:07.4	02:44.4	07:45.4
54	Xan Frei	8	Rochester John Marshall	42	24:11.2	02:48.2	07:46.6
55	Jordan Hunter	Fr	Century	43	24:14.4	02:51.4	07:47.6
56	Abbey Flodstrom	Fr	Century	44	24:15.3	02:52.3	07:47.9
57	Taylor Adams	8	Rochester John Marshall	45	24:15.6	02:52.6	07:48.0
58	Fiona Buresh	So	Decorah	--	24:16.5	02:53.5	07:48.3
59	Olivia Byrnes	So	Waukon	46	24:17.8	02:54.8	07:48.7
60	Izabele Jaime	So	Mason City	47	24:21.4	02:58.4	07:49.9
61	Mattie Sheckles	Jr	Dubuque Senior	--	24:22.7	02:59.7	07:50.3

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62	Anna Eckert	So	Cedar Rapids Prairie	48	24:24.4	03:01.4	07:50.9
63	Jessa Day	So	Cedar Rapids Prairie	49	24:26.1	03:03.1	07:51.4
64	Brianna Ross	So	Charles City	50	24:27.1	03:04.1	07:51.7
65	Abbie Guinta	Sr	Onalaska	51	24:27.2	03:04.2	07:51.7
66	Abigail Tapajna	Fr	Jefferson	52	24:27.4	03:04.4	07:51.8
67	Phoebe Chapnik-Sorokin	Sr	Iowa City, City High	--	24:27.9	03:04.9	07:52.0
68	Olivia Hoelzle	So	Rochester John Marshall	53	24:28.2	03:05.2	07:52.1
69	Annika Headington	So	Waukon	54	24:29.3	03:06.3	07:52.4
70	Mia Czoschke	Fr	Jefferson	55	24:29.4	03:06.4	07:52.5
71	Kaylee Rauchwarter	Jr	Rochester John Marshall	56	24:30.0	03:07.0	07:52.6
72	Melissa Magruder	Fr	Century	57	24:30.3	03:07.3	07:52.7
73	Samantha Soroos	Sr	Century	58	24:30.6	03:07.6	07:52.9
74	Marie Wraae	Jr	Platteville	59	24:31.1	03:08.1	07:53.0
75	Ella Kittleson	So	Decorah	--	24:31.8	03:08.8	07:53.2
76	Ingrid Hernandez	Jr	Charles City	60	24:31.8	03:08.9	07:53.2
77	Kailey Schneider	7	Byron	61	24:34.2	03:11.2	07:54.0
78	Rylie Patrie	So	Charles City	62	24:34.5	03:11.5	07:54.1
79	Kacy Eckhardt	So	Central	63	24:35.9	03:12.9	07:54.6
80	Cali Rampton	So	Dubuque Senior	--	24:36.8	03:13.8	07:54.8
81	Zoe Meaney	So	Iowa City, City High	--	24:37.4	03:14.4	07:55.0
82	Eva Wood	So	Dubuque Senior	--	24:38.0	03:15.0	07:55.2
83	Evelyn Jenkins	So	Dubuque Senior	--	24:38.6	03:15.6	07:55.4
84	Annalise Rummelhart	Sr	Iowa City, City High	--	24:42.5	03:19.5	07:56.7
85	Grace Parrott	Jr	Iowa City, City High	--	24:45.3	03:22.3	07:57.6
86	Brooke Visker	Jr	Onalaska	64	24:45.8	03:22.8	07:57.7
87	Annie Miller	Jr	Champlin Park	65	24:45.8	03:22.8	07:57.7
88	Hannah Roe	Fr	Cedar Rapids Prairie	66	24:48.7	03:25.7	07:58.7
89	Yarley Arellano	9th	Chatfield	--	24:53.9	03:30.9	08:00.3
90	Macey Heath	Jr	Central	67	24:54.9	03:31.9	08:00.7
91	Sylvia Gidal	Jr	Iowa City, City High	--	24:55.5	03:32.5	08:00.8
92	Reagen Whalen	So	Dubuque Senior	--	24:55.9	03:33.0	08:01.0
93	Brandy Sutter	Jr	Rochester John Marshall	68	24:57.5	03:34.5	08:01.5
94	Anna Gaul	So	Jefferson	69	24:57.6	03:34.6	08:01.5
95	Chiara Loesche	So	Cedar Rapids Prairie	--	25:00.0	03:37.0	08:02.3
96	Annika Veit	Fr	Iowa City, City High	--	25:00.9	03:37.9	08:02.6
97	Lydia Bergerson	Jr	Rochester John Marshall	70	25:01.6	03:38.6	08:02.8
98	Ruby Kvam	8	Austin	71	25:02.0	03:39.0	08:03.0
99	Caroline Soltis	Jr	Rochester John Marshall	72	25:02.6	03:39.6	08:03.1
100	Cora Becker	Fr	Iowa City, City High	--	25:03.9	03:40.9	08:03.6
101	Kenna Prottsman	Fr	Iowa City, City High	--	25:04.5	03:41.5	08:03.8
102	Sara Langmeier	Jr	Platteville	73	25:08.2	03:45.2	08:04.9
103	Lauren Buchan	8	Century	--	25:09.3	03:46.3	08:05.3
104	Lillian Smith	Jr	Decorah	--	25:09.6	03:46.6	08:05.4

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105	Sarrah Lindner	Fr	Century	--	25:09.9	03:46.9	08:05.5
106	Lillyan Wiese	7	Austin	74	25:12.3	03:49.3	08:06.3
107	Allison Hein	Fr	Iowa City Regina	75	25:15.5	03:52.5	08:07.3
108	Zoe Hellberg	So	Iowa City, City High	--	25:16.7	03:53.8	08:07.7
109	Jacy Hansen	Sr	Austin	76	25:22.6	03:59.6	08:09.6
110	Fayln Stalnaker	Fr	Onalaska	77	25:23.2	04:00.2	08:09.8
111	Erin Reardon	So	Champlin Park	78	25:23.4	04:00.4	08:09.8
112	Lindsey Dickison	9th	Byron	79	25:26.2	04:03.2	08:10.7
113	Grace Deis	Jr	Platteville	80	25:26.6	04:03.6	08:10.8
114	Cassie Adams	Sr	Champlin Park	81	25:30.6	04:07.6	08:12.1
115	Morgan Mumm	Jr	Platteville	82	25:32.0	04:09.0	08:12.6
116	Bree Balke	Sr	Iowa City Regina	83	25:32.1	04:09.1	08:12.6
117	Alexa Tinder	Jr	Burnsville	84	25:32.1	04:09.1	08:12.6
118	Abigail Klapatauskas	So	Dubuque Senior	--	25:33.5	04:10.5	08:13.1
119	Emily Carolan	Fr	Decorah	--	25:34.1	04:11.1	08:13.3
120	Lydia Thompson	So	Charles City	85	25:34.9	04:11.9	08:13.5
121	Bri Poller	Jr	Platteville	86	25:36.3	04:13.3	08:14.0
122	Lily Harvey	So	Century	--	25:40.9	04:17.9	08:15.5
123	Faith Welton	So	Westby	--	25:43.4	04:20.4	08:16.2
124	Celia Lesmeister	Sr	Decorah	--	25:44.5	04:21.5	08:16.6
125	Josie Duccini	So	Dubuque Senior	--	25:45.0	04:22.0	08:16.8
126	Liza Sarsfield	Sr	Iowa City, City High	--	25:46.8	04:23.8	08:17.4
127	Micha Weber	So	Austin	87	25:47.1	04:24.1	08:17.4
128	Evelyn Wertzberger	Fr	Dubuque Senior	--	25:50.3	04:27.3	08:18.5
129	Emily Morley	Jr	Hempstead	88	25:51.7	04:28.7	08:18.9
130	Isabella Lehmkuhl	Jr	Crestwood	89	25:51.7	04:28.7	08:18.9
131	Emma Arteaga	9th	Byron	90	25:52.8	04:29.8	08:19.3
132	Grace Burgess	8	Century	--	25:53.2	04:30.2	08:19.4
133	Maia Latvala	Jr	Burnsville	91	25:54.5	04:31.5	08:19.8
134	Makenna Schmiedel	Jr	Charles City	92	25:56.5	04:33.5	08:20.5
135	Cori Kettler	Sr	Platteville	93	25:57.6	04:34.6	08:20.8
136	Eleanor Hinchcliffe	Sr	Austin	94	25:58.2	04:35.2	08:21.0
137	Lilli Potter	7	Century	--	26:00.6	04:37.6	08:21.8
138	Julianne Hodges	So	Cedar Rapids Prairie	--	26:05.7	04:42.7	08:23.4
139	Abby Halverson	Fr	Decorah	--	26:06.4	04:43.4	08:23.7
140	Ella Heim	So	Hempstead	95	26:10.5	04:47.5	08:25.0
141	Helen Neuzil	Sr	South Winneshiek	96	26:10.5	04:47.5	08:25.0
142	Tara Backhaus	Fr	Mason City	97	26:14.0	04:51.0	08:26.1
143	Delaynee Frey	Jr	Decorah	--	26:14.2	04:51.2	08:26.2
144	Isabella Monarch	Fr	Mason City	98	26:14.3	04:51.3	08:26.2
145	Cassidy Peterson	9th	Champlin Park	99	26:16.2	04:53.2	08:26.8
146	Kelsey Stortz	Jr	Crestwood	100	26:17.0	04:54.0	08:27.1
147	Josie Numedahl	Sr	Decorah	--	26:17.2	04:54.2	08:27.1

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148	Hannah Teslow	Fr	Waukon	101	26:17.5	04:54.5	08:27.2
149	Kate Wolfe	So	Iowa City, City High	--	26:18.0	04:55.0	08:27.4
150	Georgia Corbin	Jr	Iowa City, City High	--	26:18.2	04:55.2	08:27.5
151	Kilee Flockhart	Fr	Cedar Rapids Prairie	--	26:18.7	04:55.7	08:27.6
152	Kamille Berns	Fr	Hempstead	102	26:19.4	04:56.4	08:27.8
153	Zoey Adams	Sr	Champlin Park	103	26:20.1	04:57.1	08:28.1
154	Cady Peterson	So	Decorah	--	26:20.7	04:57.7	08:28.3
155	Carrie Guenther	7	Century	--	26:21.4	04:58.4	08:28.5
156	Samantha Schmitt	Fr	Hempstead	104	26:22.1	04:59.1	08:28.7
157	Taylor Borschatz	So	Byron	105	26:23.5	05:00.5	08:29.1
158	Lauren Kimani	Sr	Iowa City Regina	106	26:29.2	05:06.2	08:31.0
159	Kay Dale	Sr	Onalaska	107	26:30.1	05:07.1	08:31.3
160	Tessa Edge	Sr	Central	108	26:34.1	05:11.1	08:32.6
161	Ncaylee Niemann	Fr	Central	109	26:35.1	05:12.1	08:32.9
162	Kiley Uchtyl	Fr	Cedar Rapids Prairie	--	26:35.5	05:12.5	08:33.0
163	Ann Ruff	Jr	Century	--	26:35.7	05:12.7	08:33.1
164	Arya Jacobson	8	Century	--	26:36.0	05:13.0	08:33.2
165	Sibani Ram	Sr	Dubuque Senior	--	26:36.9	05:13.9	08:33.5
166	Astrid Hernandez	Jr	Charles City	110	26:37.7	05:14.7	08:33.7
167	Sophie Trom	Jr	Iowa City, City High	--	26:38.3	05:15.3	08:33.9
168	Jordan Mjoen	Fr	Jefferson	111	26:38.6	05:15.6	08:34.0
169	Morgan Klingelhofer	So	Central	112	26:39.7	05:16.7	08:34.4
170	Mya Benike	Fr	Century	--	26:40.3	05:17.3	08:34.5
171	Emily Onken	Fr	Hempstead	113	26:43.4	05:20.4	08:35.5
172	Abbey Mcaleer	So	Burnsville	114	26:46.4	05:23.4	08:36.5
173	Miriam Shepard	Fr	Central	115	26:47.9	05:25.0	08:37.0
174	Darrian Gardner	Fr	Burnsville	116	26:48.3	05:25.3	08:37.1
175	Hailey Bechtel	Fr	Waukon	117	26:51.8	05:28.8	08:38.2
176	Makayla Weber	Jr	Mason City	118	26:52.1	05:29.1	08:38.3
177	Clara Rooney	So	Decorah	--	26:53.7	05:30.7	08:38.9
178	Emilee Mosman	So	Century	--	26:54.1	05:31.1	08:39.0
179	Kendra Nelson	Sr	Century	--	26:55.1	05:32.1	08:39.3
180	Victoria Larson	Jr	Hempstead	--	26:56.0	05:33.0	08:39.6
181	Mya Numedahl	So	Decorah	--	26:56.2	05:33.2	08:39.7
182	Melanie Sadecki	Sr	Rochester John Marshall	--	26:56.6	05:33.6	08:39.8
183	Maren Myers	7	Jefferson	119	26:57.1	05:34.1	08:40.0
184	Ellie Glende	9th	Chatfield	--	26:57.1	05:34.1	08:40.0
185	Kiley Kusick	Jr	Austin	120	26:57.2	05:34.2	08:40.0
186	Ally Greving	Fr	Iowa City Regina	121	26:57.2	05:34.2	08:40.0
187	Ceccelia Darter	Fr	Hempstead	--	26:58.1	05:35.1	08:40.3
188	Skylynn Redding	Jr	Hempstead	--	26:59.1	05:36.1	08:40.6
189	Grace Thompson	So	Decorah	--	26:59.7	05:36.7	08:40.8
190	Chloe Timmerman	So	Hempstead	--	27:00.7	05:37.7	08:41.1



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191	Katherine Geerdes	So	Iowa City, City High	--	27:01.4	05:38.4	08:41.3
192	Jenna Sadler	Fr	South Winneshiek	122	27:02.0	05:39.0	08:41.5
193	Aaliyah Waggner	Jr	Hempstead	--	27:02.8	05:39.8	08:41.8
194	Leah Cullen	Jr	South Winneshiek	--	27:04.4	05:41.4	08:42.3
195	Sarah Horton	8	Century	--	27:14.3	05:51.3	08:45.5
196	Alex Marsh	Jr	Iowa City, City High	--	27:15.7	05:52.7	08:45.9
197	Ava Mosman	8	Century	--	27:18.1	05:55.1	08:46.7
198	Alexa Himlie	So	Byron	123	27:18.2	05:55.2	08:46.7
199	Emily Reinhart	Sr	Crestwood	124	27:19.0	05:56.0	08:47.0
200	Carley Beck	Sr	Xavier	--	27:20.6	05:57.6	08:47.5
201	Ruby Sullivan	Fr	Decorah	--	27:20.9	05:57.9	08:47.6
202	Maya Holz	Sr	Dubuque Senior	--	27:22.6	05:59.6	08:48.2
203	Sophie Gilbertson	8	Rochester John Marshall	--	27:23.1	06:00.1	08:48.3
204	Hannah Zastrow	Fr	Burnsville	125	27:25.6	06:02.6	08:49.1
205	Ella Achey	So	Cedar Rapids Prairie	--	27:25.8	06:02.8	08:49.2
206	Elizabeth Erickson	Jr	Century	--	27:27.1	06:04.1	08:49.6
207	Lilly Keillor	Fr	Century	--	27:27.2	06:04.2	08:49.6
208	Katie Bracken	Sr	Iowa City Regina	126	27:27.8	06:04.8	08:49.8
209	Kelly Ahrens	Jr	Decorah	--	27:29.5	06:06.5	08:50.4
210	Aubrey Buresh	Sr	Decorah	--	27:32.0	06:09.1	08:51.2
211	Halle Squires	8	Rochester John Marshall	--	27:32.8	06:09.8	08:51.4
212	Haley Edwards	Fr	Central	127	27:33.4	06:10.4	08:51.6
213	Kyleigh Foster	Fr	Crestwood	128	27:34.1	06:11.1	08:51.9
214	Piper Bright	Fr	Iowa City, City High	--	27:35.5	06:12.6	08:52.3
215	Emma Houdek	So	South Winneshiek	--	27:36.0	06:13.0	08:52.5
216	Mae Barron	Fr	Iowa City, City High	--	27:36.1	06:13.1	08:52.5
217	Mailie Mccabe	Sr	Decorah	--	27:37.5	06:14.6	08:53.0
218	Isabel Higgins	9th	Byron	129	27:38.8	06:15.8	08:53.4
219	Gaby Castelan	Jr	Mason City	130	27:39.0	06:16.0	08:53.4
220	Grace Becker	So	Hempstead	--	27:39.2	06:16.2	08:53.5
221	Rachel Less	Sr	Hempstead	--	27:39.5	06:16.5	08:53.6
222	Riley Fansler	Sr	Platteville	131	27:40.3	06:17.3	08:53.8
223	Sierra Kruger	So	Decorah	--	27:41.0	06:18.0	08:54.1
224	Helen Oblonsky	8	Jefferson	--	27:41.9	06:18.9	08:54.4
225	Grace Bachelder	Fr	Decorah	--	27:42.7	06:19.7	08:54.6
226	Abby Kallaher	Jr	Hempstead	--	27:43.7	06:20.7	08:54.9
227	Riley Anderson	So	Cedar Rapids Prairie	--	27:48.0	06:25.0	08:56.3
228	Adelle Holder	Jr	Platteville	--	27:48.3	06:25.3	08:56.4
229	Brooke Carlson	So	Osage	132	27:49.0	06:26.0	08:56.7
230	Anja Madsen	So	Decorah	--	27:50.9	06:27.9	08:57.3
231	Sydney Kuester	8	Rochester John Marshall	--	27:51.6	06:28.7	08:57.5
232	Maddie Loeffelholz	Sr	Platteville	--	27:51.6	06:28.7	08:57.5
233	Ellie Burns	8	Rochester John Marshall	--	27:53.3	06:30.3	08:58.0

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234	Kalle Pluemer	Jr	Platteville	--	27:54.4	06:31.4	08:58.4
235	Olivia Mettelle	So	Decorah	--	27:55.3	06:32.3	08:58.7
236	Annika Kjer	8	Rochester John Marshall	--	27:56.3	06:33.3	08:59.0
237	Madeline Torbenson	Jr	Century	--	27:57.2	06:34.2	08:59.3
238	Natalie Tapscott	Sr	Decorah	--	28:01.3	06:38.3	09:00.6
239	Jenna Lundtvedt	So	Decorah	--	28:02.6	06:39.7	09:01.0
240	Gillian Anderson	So	Charles City	133	28:07.1	06:44.1	09:02.5
241	Dylan Rahlf	Fr	Crestwood	134	28:08.0	06:45.0	09:02.8
242	Aubrey Strittmater	So	Central	--	28:08.4	06:45.4	09:02.9
243	Celia Napton	Sr	Century	--	28:13.4	06:50.4	09:04.5
244	Lexi Schuster	So	Dubuque Senior	--	28:13.9	06:50.9	09:04.6
245	Lauren Pavelko	8	Century	--	28:17.5	06:54.5	09:05.8
246	Cassidy Tanner	So	Champlin Park	135	28:21.1	06:58.1	09:07.0
247	Kaia Neal	So	Decorah	--	28:25.8	07:02.8	09:08.5
248	Katie Valkosky	Jr	Decorah	--	28:26.3	07:03.4	09:08.7
249	Liv Brustad	Jr	Decorah	--	28:26.7	07:03.7	09:08.8
250	Amanda Stallman	Sr	Cedar Rapids Prairie	--	28:28.0	07:05.1	09:09.2
251	Sophia Marschall	So	Rochester John Marshall	--	28:28.1	07:05.1	09:09.2
252	Britney Baer	Sr	Osage	136	28:32.0	07:09.0	09:10.5
253	Rachel Tornblom	Fr	Iowa City, City High	--	28:35.5	07:12.5	09:11.6
254	Lexi Lonning	Jr	Hempstead	--	28:36.3	07:13.3	09:11.9
255	Megan Jensen	Jr	Rochester John Marshall	--	28:36.9	07:13.9	09:12.0
256	Sophie Thompson	Sr	Charles City	--	28:37.4	07:14.4	09:12.2
257	Jordan Lujan	9th	Byron	--	28:38.3	07:15.3	09:12.5
258	Sophia Haugen	Jr	Rochester John Marshall	--	28:38.5	07:15.5	09:12.6
259	Samantha Guetter	Sr	Rochester John Marshall	--	28:43.5	07:20.5	09:14.2
260	Nasvy Cibrian	Fr	Osage	137	28:44.4	07:21.4	09:14.4
261	Katlin Born	Jr	Crestwood	138	28:45.6	07:22.6	09:14.8
262	Karen Henriquez	Fr	Decorah	--	28:45.9	07:23.0	09:15.0
263	Jessie Wensel	Sr	Champlin Park	--	28:47.1	07:24.1	09:15.3
264	Lilly Houck	Fr	Charles City	--	28:47.3	07:24.3	09:15.4
265	Katie Struzyk	Jr	Burnsville	139	28:50.1	07:27.1	09:16.3
266	Lexie Stannmeyer	Fr	Decorah	--	28:50.8	07:27.8	09:16.5
267	Anna Haug	Fr	Rochester John Marshall	--	28:52.4	07:29.5	09:17.0
268	Ava Bergquist	Fr	Hempstead	--	28:54.8	07:31.8	09:17.8
269	Rachel Hudson	Sr	Decorah	--	28:56.0	07:33.0	09:18.2
270	Aliyah Ortiola	Fr	Charles City	--	28:58.8	07:35.8	09:19.1
271	Anna Hedlund	Jr	Century	--	28:59.8	07:36.9	09:19.4
272	Mya Herrmann	Sr	Decorah	--	29:00.0	07:37.0	09:19.5
273	Macy Akervik	Sr	Byron	--	29:01.6	07:38.6	09:20.0
274	Autumn Morelli	Fr	Iowa City, City High	--	29:04.0	07:41.0	09:20.8
275	Kjerstin Ritz	So	Century	--	29:05.4	07:42.4	09:21.2
276	Elise Miller	Sr	Decorah	--	29:07.6	07:44.6	09:21.9

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277	Haley Duerksen	Jr	Cedar Rapids Prairie	--	29:07.9	07:44.9	09:22.0
278	Greta Nelson	Jr	Burnsville	140	29:08.5	07:45.5	09:22.2
279	Makayla Chesney	Jr	Byron	--	29:09.3	07:46.3	09:22.5
280	Chloe Connolly	So	Hempstead	--	29:10.0	07:47.0	09:22.7
281	Evelyn Weisenstine	So	Cedar Rapids Prairie	--	29:10.6	07:47.6	09:22.9
282	Elena Coarasa	Fr	Jefferson	--	29:11.0	07:48.1	09:23.0
283	Abby Johnson	Jr	Cedar Rapids Prairie	--	29:13.9	07:50.9	09:24.0
284	Mia Waid	Jr	Dubuque Senior	--	29:15.9	07:52.9	09:24.6
285	Caitlin Nelson	Sr	Byron	--	29:18.0	07:55.0	09:25.2
286	Jenna Plotzke	Sr	Osage	141	29:18.0	07:55.0	09:25.3
287	Joanna Salerno	So	Chatfield	--	29:19.9	07:56.9	09:25.9
288	Kathia Rosario-Cruz	Fr	Iowa City, City High	--	29:21.1	07:58.1	09:26.3
289	Safiya Ait Ali	7	Century	--	29:21.3	07:58.3	09:26.3
290	Emma Adams	Sr	Osage	142	29:22.6	07:59.6	09:26.7
291	Josie Kleckner	Sr	Decorah	--	29:22.8	07:59.9	09:26.8
292	Asha Merritt	So	Decorah	--	29:24.6	08:01.6	09:27.4
293	Shawna O'malley	Sr	Iowa City, City High	--	29:27.8	08:04.8	09:28.4
294	Helen Weis	Sr	Decorah	--	29:28.4	08:05.4	09:28.6
295	Mya Kilker	So	Cedar Rapids Prairie	--	29:28.5	08:05.5	09:28.6
296	Mandi Neve	So	Charles City	--	29:28.5	08:05.5	09:28.6
297	Rachel Larson	Jr	Century	--	29:31.8	08:08.8	09:29.7
298	Ann Meirick	Sr	Decorah	--	29:35.1	08:12.1	09:30.8
299	Abby Moen	So	Decorah	--	29:36.4	08:13.4	09:31.2
300	Makayla Kramer	Fr	Central	--	29:37.1	08:14.1	09:31.4
301	Samantha Padrnos	Fr	Rochester John Marshall	--	29:37.3	08:14.3	09:31.5
302	Brea Schad	Fr	Rochester John Marshall	--	29:39.1	08:16.1	09:32.1
303	Cora Syverson	So	Decorah	--	29:39.6	08:16.6	09:32.2
304	Lilly Kossman	So	Waukon	143	29:41.9	08:18.9	09:33.0
305	Sydney Caruso	8	Austin	144	29:43.0	08:20.0	09:33.3
306	Addie Harvey	Jr	Century	--	29:49.1	08:26.1	09:35.3
307	Mary Conway	Sr	South Winneshiek	--	29:50.2	08:27.2	09:35.6
308	Claire Schadl	Jr	Hempstead	--	29:53.3	08:30.3	09:36.6
309	Chloe Hooten	So	Century	--	29:54.2	08:31.2	09:36.9
310	Maria Verona	Sr	South Winneshiek	--	29:55.1	08:32.1	09:37.2
311	Ellie Scheldberg	Fr	Burnsville	--	29:55.3	08:32.3	09:37.3
312	Megan Pins	Fr	Hempstead	--	29:55.6	08:32.6	09:37.4
313	Paige Oenning	8	Rochester John Marshall	--	29:58.6	08:35.6	09:38.3
314	Katie Barton	Sr	Dubuque Senior	--	30:00.1	08:37.1	09:38.8
315	Aubryn Kaine	Jr	Iowa City, City High	--	30:03.2	08:40.2	09:39.8
316	Preston Hull	So	Dubuque Senior	--	30:11.6	08:48.6	09:42.5
317	Isabel Rodriguez	Sr	Iowa City, City High	--	30:12.9	08:49.9	09:42.9
318	Melody Berg	Jr	Westby	--	30:18.6	08:55.6	09:44.7
319	Gabriel Hicks	Sr	Byron	--	30:19.3	08:56.3	09:45.0

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320	Alyssa Francois	Sr	Hempstead	--	30:19.9	08:56.9	09:45.2
321	Sadhika Bandi	So	Century	--	30:22.0	08:59.0	09:45.8
322	Kaitlin Walter	Sr	Decorah	--	30:25.0	09:02.0	09:46.8
323	Kierra Roth	8	Rochester John Marshall	--	30:29.5	09:06.5	09:48.2
324	Alexis Myers	Jr	Osage	145	30:29.9	09:06.9	09:48.4
325	Stella Bartsh	Fr	Jefferson	--	30:32.4	09:09.4	09:49.2
326	Molly Maloney	Sr	Hempstead	--	30:33.3	09:10.3	09:49.5
327	Jilian Venenga	9th	Austin	--	30:34.1	09:11.1	09:49.7
328	Krista Riley	Jr	Crestwood	146	30:35.1	09:12.1	09:50.0
329	Rose Gullekson	Sr	Decorah	--	30:43.2	09:20.2	09:52.7
330	Sophie Pieper	So	Lanesboro Fillmore Central	--	30:43.5	09:20.5	09:52.8
331	Alisa Pursley	Sr	Iowa City Regina	147	30:48.9	09:25.9	09:54.5
332	Adeline Peters	So	Lanesboro Fillmore Central	--	30:56.0	09:33.0	09:56.8
333	Annaliese Diekvoss	So	Rochester John Marshall	--	31:01.5	09:38.5	09:58.5
334	Annika Gustafson	Sr	Rochester John Marshall	--	31:03.9	09:41.0	09:59.3
335	Mara Frieden	Sr	Decorah	--	31:06.5	09:43.5	10:00.2
336	Amelia Benham	So	Hempstead	--	31:09.3	09:46.3	10:01.0
337	Ella Runestad	Jr	Decorah	--	31:10.2	09:47.2	10:01.3
338	Lexie Hauber	So	Decorah	--	31:13.9	09:50.9	10:02.5
339	Olivia Haddock	Sr	Rochester John Marshall	--	31:20.4	09:57.4	10:04.6
340	Amber Loney	So	Hempstead	--	31:24.9	10:01.9	10:06.1
341	Sophie Weis	Sr	Decorah	--	31:25.6	10:02.6	10:06.3
342	Kaya Hougen	Jr	Decorah	--	31:25.8	10:02.8	10:06.3
343	Amy Titus	Sr	Charles City	--	31:26.6	10:03.6	10:06.6
344	Savannah Christenson	Jr	Burnsville	--	31:26.8	10:03.8	10:06.7
345	Cameron Ollendick	Jr	Crestwood	--	31:28.2	10:05.2	10:07.1
346	Skyler Malone	Sr	Decorah	--	31:33.0	10:10.0	10:08.7
347	Sadie Clayton	Sr	Osage	148	31:41.8	10:18.8	10:11.5
348	Mya Sullivan	Sr	Decorah	--	31:52.9	10:29.9	10:15.1
349	Jennifer Villanueva	So	Hempstead	--	32:03.3	10:40.3	10:18.4
350	Abby Bolson	So	Decorah	--	32:10.9	10:47.9	10:20.9
351	Jordyn Hussain	Sr	Decorah	--	32:19.8	10:56.8	10:23.7
352	Brooke Schultz	So	Jefferson	--	32:22.2	10:59.2	10:24.5
353	Haley Rindfleifch	So	Hempstead	--	32:25.5	11:02.5	10:25.6
354	Wren Clinefelter	So	Austin	--	32:30.5	11:07.6	10:27.2
355	Nadia Vang	So	Hempstead	--	32:36.0	11:13.0	10:28.9
356	Sophia Maguina	Sr	Decorah	--	32:39.1	11:16.1	10:29.9
357	Chelsea Heisdorffer	Sr	Cedar Rapids Prairie	--	32:46.4	11:23.4	10:32.3
358	Sydney Olson	Sr	Byron	--	32:48.9	11:25.9	10:33.1
359	Emily Nicholls	Sr	South Winneshiek	--	32:51.6	11:28.6	10:33.9
360	Alexis Rings	Sr	New Hampton	--	32:56.4	11:33.4	10:35.5
361	Frankie Birch	9th	Byron	--	32:56.5	11:33.5	10:35.5
362	Grace Barrone	7	Century	--	32:56.6	11:33.6	10:35.5

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363	Jayden Rudroden	So	Crestwood	--	33:00.5	11:37.5	10:36.8
364	Manar Abd El Aziz	Sr	Osage	--	33:05.6	11:42.6	10:38.4
365	Lily Humpal	Jr	Decorah	--	33:19.9	11:56.9	10:43.0
366	Jenna Khalli	So	Byron	--	33:44.5	12:21.5	10:51.0
367	Mary Miller	So	Osage	--	33:51.4	12:28.4	10:53.2
368	Ashleigh Lueder	Jr	Rochester John Marshall	--	33:51.7	12:28.7	10:53.3
369	Mckenzie Shivers	Fr	Charles City	--	34:01.3	12:38.4	10:56.4
370	Elise Willman	So	Rochester John Marshall	--	34:12.5	12:49.5	11:00.0
371	Katlyn Marty	Sr	Charles City	--	34:14.6	12:51.7	11:00.6
372	Zeanna Phillips	Sr	South Winneshiek	--	34:23.6	13:00.6	11:03.5
373	Kaydence Gilles	Fr	Rochester John Marshall	--	34:45.6	13:22.6	11:10.6
374	Nadine Lenehan	Sr	New Hampton	--	34:48.8	13:25.9	11:11.6
375	Cieyana Carter	9th	Champlin Park	--	35:18.0	13:55.0	11:21.0
376	Caitlin Richter	So	Champlin Park	--	36:13.8	14:50.8	11:38.9
377	Iris Koehler	So	Byron	--	36:34.6	15:11.6	11:45.6
378	Emma Schmiedel	Fr	Charles City	--	37:24.8	16:01.8	12:01.8
379	Leslie Villagomez	Fr	Charles City	--	39:04.5	17:41.5	12:33.9
380	Annika Weber	So	Century	--	40:27.4	19:04.4	13:00.5
381	Katya Baldwin	So	Decorah	--	40:42.6	19:19.7	13:05.4
382	Lillian Grouws	Jr	Decorah	--	40:44.3	19:21.3	13:05.9
383	Mia French	Sr	South Winneshiek	--	40:44.6	19:21.6	13:06.0
384	Layne Osier	Fr	Charles City	--	43:02.7	21:39.7	13:50.4
385	Kayla Hefley	Sr	Iowa City, City High	--	43:09.9	21:46.9	13:52.7
386	Kaylee Lex	Jr	Hempstead	--	43:17.2	21:54.2	13:55.1

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**Junior Varsity Boys Team Results**

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average Spread	
1	Rochester Century	57	1	5	6	22	23	28	39	1:34:10	18:50	1:06.0
2	Cedar Rapids Prairie	66	3	4	11	21	27	76	78	1:34:36	18:56	1:02.3
3	City High	76	2	8	17	24	25	43	49	1:35:08	19:02	0:58.9
4	Jefferson	111	7	9	18	30	47	85	113	1:36:11	19:15	1:10.0
5	Decorah	123	14	15	26	31	37	42	45	1:36:55	19:23	0:32.1
6	Austin	194	33	34	36	38	53	61	67	1:38:43	19:45	0:28.1
7	Aquinas	219	19	35	44	59	62	103	107	1:39:11	19:51	1:03.2
8	Mason City	234	12	20	63	69	70	82	83	1:39:34	19:55	1:32.2
9	Charles City	289	41	50	64	66	68	91	92	1:40:51	20:11	0:40.0
10	Onalaska	293	16	29	55	79	114	117	135	1:42:02	20:25	3:13.0
11	Byron	294	10	13	84	93	94	116	118	1:41:29	20:18	2:14.6
12	Platteville	295	40	48	56	65	86	89	102	1:41:13	20:15	1:20.3
13	Champlin Park	309	51	57	58	71	72	73	75	1:41:31	20:19	0:36.8
14	South Winneshiek	317	32	46	52	88	99	100	101	1:41:57	20:24	1:42.2
15	Rochester John Marshall	404	54	60	87	95	108	111	112	1:44:23	20:53	1:34.9
16	Crestwood	467	80	81	97	104	105	106	110	1:46:01	21:13	0:35.8
17	Westby	470	77	90	96	98	109	115	120	1:46:17	21:16	1:13.1
18	Chatfield	591	74	123	127	130	137			1:59:09	23:50	6:31.6
19	Waukon	623	119	121	125	126	132	136	138	1:58:13	23:39	2:06.9
20	Lanesboro Fillmore Central	634	122	124	128	129	131	133	134	1:59:21	23:53	1:40.1

**Junior Varsity Boys Individual Results**

Place	Athlete	Grade	Team	Time	Pace	Gap	Pace
1	Jason Dong	So	Rochester Century	1	18:12.4	---	05:51.2
2	Charles Maxwell	Sr	City High	2	18:23.9	00:11.9	05:54.9
3	Brady Cortez	Fr	Cedar Rapids Prairie	3	18:24.5	00:12.5	05:55.1
4	Bryson Canton	Fr	Cedar Rapids Prairie	4	18:31.1	00:19.1	05:57.2
5	Josh Brunholz	So	Rochester Century	5	18:41.2	00:29.2	06:00.5
6	Silas Green	So	Rochester Century	6	18:41.3	00:29.3	06:00.5
7	Garrin Avaloz	Jr	Jefferson	7	18:42.5	00:30.5	06:00.9
8	Kyden Hotka	So	City High	8	18:45.8	00:33.9	06:02.0
9	Zach Studdiford	Fr	Jefferson	9	18:51.9	00:39.9	06:03.9
10	Lincoln Stellner	Sr	Byron	10	18:57.3	00:45.3	06:05.7
11	Anthony Lee	Fr	Cedar Rapids Prairie	11	18:58.5	00:46.5	06:06.1
12	Claudio Mateo	So	Mason City	12	18:59.7	00:47.7	06:06.5
13	Evan Ellsworth	Jr	Waverly-Shell Rock	--	19:04.8	00:52.9	06:08.1
14	Mitchel Peterson	Jr	Byron	13	19:05.4	00:53.4	06:08.3
15	Willem Hawley	Jr	Decorah	14	19:08.1	00:56.1	06:09.2
16	Pat Bockman	Fr	Decorah	15	19:08.3	00:56.3	06:09.2
17	Riely Wellendorf	Jr	Onalaska	16	19:12.8	01:00.8	06:10.7
18	Joe Fischer	So	City High	17	19:12.8	01:00.9	06:10.7
19	Zakaria Farah	Jr	Jefferson	18	19:13.2	01:01.2	06:10.8

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20	Aaron Puent	Sr	Aquinas	19	19:13.9	01:01.9	06:11.0
21	David Johnson	Jr	Mason City	20	19:14.9	01:02.9	06:11.3
22	Reese Hermanson	Jr	Cedar Rapids Prairie	21	19:15.2	01:03.2	06:11.4
23	Ben Ritz	Jr	Rochester Century	22	19:16.5	01:04.5	06:11.9
24	Carter Jack	So	Rochester Century	23	19:18.3	01:06.3	06:12.4
25	Aaron Rutherford	Fr	City High	24	19:21.9	01:09.9	06:13.6
26	Nick Kepford	Fr	Waverly-Shell Rock	--	19:22.7	01:10.7	06:13.9
27	Lance Smith	So	City High	25	19:22.8	01:10.8	06:13.9
28	Larson Shockey	Fr	Decorah	26	19:26.4	01:14.4	06:15.0
29	Carson Sansenbach	Fr	Cedar Rapids Prairie	27	19:26.7	01:14.7	06:15.1
30	Warsame Abdi	So	Rochester Century	28	19:30.8	01:18.8	06:16.5
31	Sam Conway	Jr	Onalaska	29	19:31.0	01:19.0	06:16.5
32	Hillary Makori	Jr	Jefferson	30	19:31.0	01:19.0	06:16.5
33	Zach Garwood	Jr	Decorah	31	19:32.0	01:20.0	06:16.8
34	Jamison Meyer	So	South Winneshiek	32	19:37.0	01:25.0	06:18.4
35	Jacob Venenga	Jr	Austin	33	19:37.5	01:25.5	06:18.6
36	Joseph Garry	8	Austin	34	19:38.8	01:26.9	06:19.0
37	Ryan Conzemius	So	Aquinas	35	19:39.2	01:27.2	06:19.2
38	Kyle Mayer	9th	Austin	36	19:40.0	01:28.1	06:19.4
39	Samuel Robinson	Jr	Decorah	37	19:40.2	01:28.2	06:19.5
40	Samuel Keenan	Sr	Austin	38	19:40.3	01:28.3	06:19.5
41	Eric Welch	Jr	Rochester Century	39	19:41.1	01:29.1	06:19.7
42	Sam Kronick	Jr	Platteville	40	19:43.4	01:31.4	06:20.5
43	Isaac Jensen	Jr	Charles City	41	19:44.2	01:32.3	06:20.8
44	Ethan Binnicker	9th	Rochester Century	--	19:44.6	01:32.6	06:20.9
45	Arlo Hayes	Fr	Decorah	42	19:45.9	01:33.9	06:21.3
46	Demetrius Ramirez	Jr	City High	43	19:47.5	01:35.5	06:21.8
47	Martin Logue	Fr	Aquinas	44	19:49.3	01:37.3	06:22.4
48	Tate Schissel	So	Decorah	45	19:50.0	01:38.0	06:22.6
49	Austin Aiden	So	Rochester Century	--	19:50.5	01:38.5	06:22.8
50	Chance Adam	Fr	South Winneshiek	46	19:52.4	01:40.4	06:23.4
51	Joey Holzman	Sr	Jefferson	47	19:52.4	01:40.4	06:23.4
52	Cal Udelhofen	Jr	Platteville	48	19:54.3	01:42.3	06:24.0
53	Blessings Pongo	So	City High	49	19:55.1	01:43.1	06:24.3
54	Thomas Mcmillian	Jr	City High	--	19:55.6	01:43.6	06:24.4
55	Josiah Carr	Jr	Charles City	50	19:57.0	01:45.0	06:24.9
56	Satchel Cochran	Jr	City High	--	19:58.0	01:46.0	06:25.2
57	Joseph Eisenberg	Jr	Champlin Park	51	19:59.4	01:47.4	06:25.6
58	Beau Hawley	Jr	Decorah	--	20:02.0	01:50.0	06:26.5
59	Toby Conway	So	South Winneshiek	52	20:02.3	01:50.3	06:26.6
60	Sumner Codd	Fr	City High	--	20:02.4	01:50.4	06:26.6
61	Andrew Neitzell	Jr	Austin	53	20:05.6	01:53.6	06:27.6
62	Soren Ostby	So	City High	--	20:05.6	01:53.6	06:27.6

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63	Ammon Jones	Sr	Rochester John Marshall	54	20:08.0	01:56.0	06:28.4
64	Parker Lorenz	So	Onalaska	55	20:08.8	01:56.8	06:28.7
65	Fritz Ashby	Jr	Platteville	56	20:09.1	01:57.1	06:28.8
66	Garret Doty	Fr	Champlin Park	57	20:09.4	01:57.4	06:28.9
67	August Witt	Fr	Decorah	--	20:10.0	01:58.0	06:29.1
68	Jonah Bixius	So	Champlin Park	58	20:10.3	01:58.3	06:29.1
69	Nick Drye	Fr	Aquinas	59	20:10.8	01:58.8	06:29.3
70	Logan Mceachern	Fr	Rochester John Marshall	60	20:12.2	02:00.2	06:29.8
71	Daniel Marchini	So	City High	--	20:13.1	02:01.1	06:30.1
72	Atticus Ojile	Jr	City High	--	20:13.3	02:01.3	06:30.1
73	Christian Swenson	Jr	Rochester Century	--	20:14.1	02:02.1	06:30.4
74	Aidan Spurgetis	So	City High	--	20:14.9	02:02.9	06:30.6
75	Payton Richard	Jr	Rochester Century	--	20:15.9	02:03.9	06:31.0
76	Christian Johnson	Sr	Decorah	--	20:16.0	02:04.1	06:31.0
77	Thomas Herrick	8	Austin	61	20:16.2	02:04.2	06:31.0
78	Ben Swift	Fr	Aquinas	62	20:17.1	02:05.1	06:31.3
79	Ethan Manuell	Sr	Rochester Century	--	20:20.0	02:08.0	06:32.3
80	Ethan Malek	Jr	Mason City	63	20:20.6	02:08.6	06:32.5
81	Jared Johnson	Fr	Charles City	64	20:21.9	02:09.9	06:32.9
82	George Schwarzmamm	Sr	Platteville	65	20:22.5	02:10.6	06:33.1
83	Owen Weber	So	Charles City	66	20:23.3	02:11.3	06:33.3
84	Drew White	Fr	Decorah	--	20:23.5	02:11.5	06:33.4
85	Aaron Knoll	Jr	Austin	67	20:24.1	02:12.1	06:33.6
86	Bronson Forsyth	Jr	Charles City	68	20:24.2	02:12.2	06:33.6
87	Ryan Cyenar	Sr	City High	--	20:24.6	02:12.6	06:33.8
88	Lars Marquardt	Sr	Decorah	--	20:25.2	02:13.2	06:34.0
89	Izaak Eichinger	Fr	Decorah	--	20:25.6	02:13.6	06:34.1
90	Breyden Christiansen	Fr	Mason City	69	20:26.9	02:14.9	06:34.5
91	Elliot Tomek	Jr	City High	--	20:28.9	02:16.9	06:35.1
92	Jackson Berlage	Sr	Decorah	--	20:31.4	02:19.4	06:35.9
93	Sawyer Berg	So	Mason City	70	20:31.9	02:19.9	06:36.1
94	Anthony Knepper	So	City High	--	20:33.2	02:21.2	06:36.5
95	Luis Hinkhouse	Fr	City High	--	20:33.6	02:21.7	06:36.7
96	Kyle Ostendorf	So	Champlin Park	71	20:35.4	02:23.4	06:37.2
97	Donovan Durand	So	Champlin Park	72	20:36.2	02:24.2	06:37.5
98	Blake Olson	So	Champlin Park	73	20:36.3	02:24.3	06:37.5
99	Keegan Sotelo	Sr	City High	--	20:36.3	02:24.3	06:37.5
100	Braden Thompson	So	Chatfield	74	20:37.2	02:25.2	06:37.8
101	Andy Thai	Jr	Champlin Park	75	20:37.5	02:25.5	06:37.9
102	Chris Stegemoller	So	Cedar Rapids Prairie	76	20:38.7	02:26.7	06:38.3
103	Manuel Chavez	Jr	Westby	77	20:42.0	02:30.0	06:39.3
104	Carson Frazee	Jr	Cedar Rapids Prairie	78	20:42.9	02:30.9	06:39.6
105	Elijah Swift	Sr	Rochester Century	--	20:43.1	02:31.1	06:39.7



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106	Moses Tull	So	Onalaska	79	20:43.6	02:31.6	06:39.9
107	Jacob Bouska	Jr	City High	--	20:44.8	02:32.8	06:40.2
108	Raymond Zhang	Jr	Rochester Century	--	20:44.8	02:32.9	06:40.3
109	Grant Beach	So	Cedar Rapids Prairie	--	20:47.6	02:35.6	06:41.1
110	Garrett Pavelko	Jr	Rochester Century	--	20:49.6	02:37.6	06:41.8
111	Hayden Beerends	So	City High	--	20:49.7	02:37.7	06:41.8
112	Austin Manuell	Sr	Rochester Century	--	20:50.0	02:38.0	06:41.9
113	Jacob Ziegler	Jr	Austin	--	20:52.5	02:40.5	06:42.7
114	Kyle Quam	Sr	Crestwood	80	20:53.7	02:41.7	06:43.1
115	Ethan Mast	Fr	Crestwood	81	20:54.8	02:42.8	06:43.5
116	Alex Levad	Sr	Mason City	82	20:58.4	02:46.4	06:44.6
117	Caleb Currier	So	Mason City	83	20:58.8	02:46.9	06:44.8
118	Drew Berns	Fr	Decorah	--	20:59.3	02:47.3	06:44.9
119	Raymundo Becerril	Jr	Rochester Century	--	21:00.6	02:48.6	06:45.3
120	Spencer Axford	Jr	Byron	84	21:03.3	02:51.3	06:46.2
121	Zach Skinner	So	Jefferson	85	21:03.3	02:51.3	06:46.2
122	Luke Nadolny	So	Rochester Century	--	21:03.6	02:51.6	06:46.3
123	Noah Rhoden	So	Platteville	86	21:03.7	02:51.7	06:46.3
124	Kaden Murley	9th	Austin	--	21:04.0	02:52.0	06:46.4
125	Matthew Boyer	Jr	Austin	--	21:04.7	02:52.8	06:46.7
126	Nicholas Weist	So	Rochester John Marshall	87	21:06.1	02:54.1	06:47.1
127	Jacob Michels	Sr	South Winneshiek	88	21:06.2	02:54.2	06:47.1
128	Aiden Sargent	Jr	Platteville	89	21:06.3	02:54.3	06:47.2
129	Brendan Buros	Sr	Westby	90	21:06.9	02:55.0	06:47.4
130	Max Deeter	Jr	Charles City	91	21:07.7	02:55.7	06:47.6
131	Zach Fretheim	Sr	Decorah	--	21:08.2	02:56.2	06:47.8
132	Alex Bauer	So	Charles City	92	21:08.7	02:56.7	06:47.9
133	Grayson Santee	So	Cedar Rapids Prairie	--	21:11.0	02:59.0	06:48.7
134	Brody Bain	Fr	Byron	93	21:11.3	02:59.3	06:48.8
135	Lenny Zeller	Jr	Byron	94	21:11.8	02:59.9	06:48.9
136	Ethan Gilbertson	Sr	Rochester John Marshall	95	21:13.5	03:01.5	06:49.5
137	Dustin Kenyon	Fr	Westby	96	21:15.0	03:03.0	06:50.0
138	Blake Murphy	Sr	Crestwood	97	21:15.5	03:03.5	06:50.1
139	Bryan Folkert	So	Rochester Century	--	21:17.0	03:05.0	06:50.6
140	Levi Hamilton	So	Westby	98	21:17.2	03:05.2	06:50.7
141	Justin Hargroder	Jr	Champlin Park	--	21:17.6	03:05.7	06:50.8
142	Collin Coyle	Sr	Austin	--	21:18.2	03:06.2	06:51.0
143	Franklin Horbuckle	Jr	City High	--	21:18.7	03:06.7	06:51.2
144	Ethan Maldonado	Fr	South Winneshiek	99	21:19.1	03:07.1	06:51.3
145	Griffin Franksain	Fr	Charles City	--	21:19.5	03:07.5	06:51.4
146	Gabe Sadler	Jr	South Winneshiek	100	21:21.5	03:09.5	06:52.0
147	Isaiah Kruckman	Fr	South Winneshiek	101	21:21.9	03:09.9	06:52.2
148	Austin Jentz	Jr	Platteville	102	21:22.8	03:10.8	06:52.5

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149	Noah Arlt	Fr	Aquinas	103	21:24.4	03:12.4	06:53.0
150	Luke Fingerson	So	Rochester Century	--	21:24.9	03:13.0	06:53.2
151	Cameron Kakac	So	Charles City	--	21:25.9	03:13.9	06:53.5
152	Lucas Mcgee	Jr	Crestwood	104	21:27.0	03:15.0	06:53.8
153	Clayton Rand	Fr	Charles City	--	21:27.5	03:15.5	06:54.0
154	James Groux	So	Decorah	--	21:27.7	03:15.7	06:54.0
155	Caleb Kammerer	Fr	Crestwood	105	21:29.5	03:17.5	06:54.6
156	Joe Schuessler	Jr	City High	--	21:30.1	03:18.1	06:54.8
157	Sean Honse	So	Champlin Park	--	21:30.8	03:18.8	06:55.0
158	Aj Seamans	Jr	City High	--	21:31.2	03:19.2	06:55.2
159	Caleb Shea	Jr	Crestwood	106	21:33.8	03:21.8	06:56.0
160	Nash Wertz	Fr	Cedar Rapids Prairie	--	21:34.0	03:22.1	06:56.1
161	Matt Rew	Jr	City High	--	21:34.1	03:22.1	06:56.1
162	Hunter Krizan	So	Rochester Century	--	21:36.2	03:24.2	06:56.8
163	Jackson Barry	9th	Austin	--	21:37.1	03:25.1	06:57.1
164	Drew Staudt	So	Charles City	--	21:40.5	03:28.5	06:58.2
165	Andrew Scinicariello	Jr	Champlin Park	--	21:41.1	03:29.1	06:58.4
166	Lane Kruger	Fr	Mason City	--	21:42.5	03:30.5	06:58.8
167	Alec Taylor	Fr	Aquinas	107	21:42.6	03:30.6	06:58.8
168	Ryan Fee	Jr	Rochester John Marshall	108	21:42.8	03:30.8	06:58.9
169	Thomas Walker	Jr	Austin	--	21:43.5	03:31.5	06:59.1
170	Zach Mulholland	Fr	Mason City	--	21:44.5	03:32.5	06:59.4
171	Anothony Peck	Fr	Mason City	--	21:45.9	03:33.9	06:59.9
172	Nathan Rudd	Fr	Cedar Rapids Prairie	--	21:47.3	03:35.3	07:00.3
173	Bennett Schutte	Fr	Decorah	--	21:47.9	03:35.9	07:00.5
174	Gavin Lamott	Sr	Champlin Park	--	21:48.0	03:36.0	07:00.6
175	Andrew Yan	Fr	Rochester Century	--	21:48.8	03:36.8	07:00.8
176	Isaac Vorwald	So	Platteville	--	21:48.8	03:36.8	07:00.8
177	Hogan Smith	Fr	Decorah	--	21:50.3	03:38.3	07:01.3
178	Riley Ferguson	7	Austin	--	21:51.0	03:39.0	07:01.5
179	Bailey Olson	So	Westby	109	21:55.0	03:43.1	07:02.8
180	Hunter Bye	So	Crestwood	110	21:57.9	03:45.9	07:03.8
181	Tanner Mechura	Sr	Rochester Century	--	21:58.8	03:46.8	07:04.0
182	Kelby Anderson	Jr	City High	--	21:59.9	03:47.9	07:04.4
183	Ryan Carter	Jr	City High	--	22:05.0	03:53.0	07:06.0
184	Chase Larsen	Jr	Rochester John Marshall	111	22:05.2	03:53.2	07:06.1
185	Dane Cole	Fr	Decorah	--	22:05.7	03:53.8	07:06.3
186	John Bitz	Sr	Rochester John Marshall	112	22:08.1	03:56.1	07:07.0
187	Juna Amisi	Fr	City High	--	22:08.5	03:56.5	07:07.1
188	Caleb Wright	So	Platteville	--	22:09.0	03:57.0	07:07.3
189	Griffin Roach	Jr	City High	--	22:09.4	03:57.4	07:07.4
190	Peter Jones	9th	Rochester John Marshall	--	22:10.3	03:58.3	07:07.7
191	Andrew Alberts	So	Austin	--	22:11.2	03:59.2	07:08.0

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192	Romey Angerer	So	City High	--	22:11.6	03:59.6	07:08.1
193	Matthew Slifka	Jr	Crestwood	--	22:11.7	03:59.7	07:08.2
194	Evan Gustafson	Fr	Champlin Park	--	22:13.5	04:01.5	07:08.8
195	Silas Fisher	Sr	Rochester Century	--	22:14.0	04:02.0	07:08.9
196	Adam Dettmer	Jr	Mason City	--	22:15.0	04:03.0	07:09.2
197	Luke Ludden	Jr	Jefferson	113	22:15.3	04:03.3	07:09.3
198	Nathan Alldredge	Fr	Cedar Rapids Prairie	--	22:15.7	04:03.7	07:09.5
199	Mic Frommelt	Jr	Platteville	--	22:16.7	04:04.7	07:09.8
200	Will Arling	So	City High	--	22:18.2	04:06.2	07:10.3
201	Philip Rocca	Sr	City High	--	22:19.9	04:07.9	07:10.8
202	Tyler Harvey	So	Cedar Rapids Prairie	--	22:19.9	04:08.0	07:10.8
203	Brett Ehler	Fr	Cedar Rapids Prairie	--	22:20.1	04:08.1	07:10.9
204	Luis Abreu	So	City High	--	22:20.2	04:08.2	07:10.9
205	Lucas Kuisle	Jr	Rochester John Marshall	--	22:21.9	04:09.9	07:11.5
206	Jacob Andera	Sr	Crestwood	--	22:23.8	04:11.8	07:12.1
207	Clayton Carlson	So	Jefferson	--	22:24.1	04:12.1	07:12.2
208	Cameron Simon	So	Onalaska	114	22:25.8	04:13.8	07:12.7
209	Nick Rowley	Fr	Decorah	--	22:26.7	04:14.7	07:13.0
210	Gabrial Ashitey	So	City High	--	22:27.8	04:15.8	07:13.4
211	Eli Larrington	Fr	Westby	115	22:28.8	04:16.8	07:13.7
212	Garrett Wenthold	Fr	Crestwood	--	22:30.6	04:18.6	07:14.3
213	Christian Jespersion	Fr	City High	--	22:31.1	04:19.1	07:14.4
214	Kaleb Osier	Sr	Charles City	--	22:31.3	04:19.3	07:14.5
215	Mason Theis	Jr	Crestwood	--	22:31.8	04:19.8	07:14.6
216	Cory Smith	Fr	Charles City	--	22:33.6	04:21.6	07:15.2
217	Ashton Glasscock	So	Byron	116	22:34.4	04:22.4	07:15.5
218	Lucas Boebel	Sr	Onalaska	117	22:35.0	04:23.0	07:15.7
219	Brock Garteski	Fr	Byron	118	22:36.1	04:24.2	07:16.0
220	Eddie Callanan	Jr	Mason City	--	22:36.4	04:24.4	07:16.1
221	David Meinecke	Jr	Crestwood	--	22:36.8	04:24.8	07:16.2
222	Jack Stange	So	Platteville	--	22:36.9	04:24.9	07:16.3
223	Keetan Kirby	Fr	Charles City	--	22:37.7	04:25.7	07:16.6
224	Sam Jermier	Fr	Decorah	--	22:38.7	04:26.7	07:16.9
225	Tanner Biermeier	Jr	Rochester John Marshall	--	22:39.1	04:27.1	07:17.0
226	Zach Glasscock	Jr	Byron	--	22:39.1	04:27.1	07:17.0
227	Sam Weatherly	Fr	Byron	--	22:41.7	04:29.7	07:17.8
228	Stephen Bachman	Sr	Charles City	--	22:41.9	04:29.9	07:17.9
229	Ben Barrett	Fr	Aquinas	--	22:41.9	04:29.9	07:17.9
230	Ryan Preston	So	Champlin Park	--	22:45.9	04:33.9	07:19.2
231	Ethan Terhark	So	Mason City	--	22:46.7	04:34.7	07:19.4
232	Aidan Jones	So	Waukon	119	22:47.8	04:35.8	07:19.8
233	Nick Lawrynk	So	Aquinas	--	22:48.7	04:36.8	07:20.1
234	Haakon Mathison	Sr	Westby	120	22:52.5	04:40.5	07:21.3

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235	Zach Fare	Fr	Cedar Rapids Prairie	--	22:53.4	04:41.4	07:21.6
236	Cole Lindfors	Jr	Champlin Park	--	22:54.1	04:42.1	07:21.8
237	Owen Henning	Jr	Decorah	--	22:54.5	04:42.5	07:22.0
238	Michael Smith	Jr	Waukon	121	22:55.6	04:43.6	07:22.3
239	Billy Lange	Sr	Decorah	--	22:56.7	04:44.7	07:22.7
240	Tahl Williamson	Sr	City High	--	22:58.2	04:46.2	07:23.1
241	Michael Reh	So	Charles City	--	22:58.9	04:46.9	07:23.4
242	Peter Rocca	Fr	City High	--	22:59.9	04:47.9	07:23.7
243	Daniel Erickson	Sr	Lanesboro Fillmore Central	122	23:01.3	04:49.3	07:24.1
244	Isaac Guenther	Fr	Rochester Century	--	23:01.6	04:49.6	07:24.2
245	Connor Frana	Fr	South Winneshiek	--	23:02.8	04:50.8	07:24.6
246	Logan Vogeler	So	Cedar Rapids Prairie	--	23:04.3	04:52.3	07:25.1
247	Ethan Shellhart	Jr	Rochester John Marshall	--	23:05.2	04:53.2	07:25.4
248	Brian Bocanegra	Fr	Mason City	--	23:06.0	04:54.0	07:25.6
249	Brady Nicewanner	So	Cedar Rapids Prairie	--	23:06.9	04:54.9	07:25.9
250	Brayden Watson	Jr	Byron	--	23:07.7	04:55.8	07:26.2
251	Colby Aarhus	Jr	Chatfield	123	23:07.8	04:55.9	07:26.2
252	Ethan Hudson	Jr	City High	--	23:07.9	04:55.9	07:26.3
253	Greysen Higbe-Harrah	Sr	Lanesboro Fillmore Central	124	23:10.6	04:58.6	07:27.1
254	Jeremy Andera	Fr	Crestwood	--	23:12.0	05:00.0	07:27.6
255	Drake Sabin	Sr	Cedar Rapids Prairie	--	23:12.5	05:00.5	07:27.7
256	Mason Holmen	Jr	Charles City	--	23:13.2	05:01.2	07:28.0
257	Devin Watson	Fr	Byron	--	23:13.8	05:01.8	07:28.2
258	Pavel Boulgakov	Jr	Rochester John Marshall	--	23:14.6	05:02.6	07:28.4
259	Jt Mccrea	Fr	Cedar Rapids Prairie	--	23:15.8	05:03.8	07:28.8
260	Kellyn Smith	Fr	Charles City	--	23:16.0	05:04.0	07:28.9
261	Dawson Christopher	Sr	Decorah	--	23:16.3	05:04.3	07:28.9
262	Isaiah Ortiola	Sr	Charles City	--	23:17.8	05:05.8	07:29.4
263	Luke Walter	So	Decorah	--	23:18.4	05:06.4	07:29.6
264	Omar Paz	So	City High	--	23:23.5	05:11.5	07:31.3
265	Oisin Leopold	Jr	City High	--	23:25.8	05:13.8	07:32.0
266	Tyler Crow	Fr	Rochester Century	--	23:26.4	05:14.4	07:32.2
267	Marty O'neill	Sr	Platteville	--	23:27.0	05:15.0	07:32.4
268	Grayson Holtz	Fr	Champlin Park	--	23:28.9	05:16.9	07:33.0
269	Cade Wenthold	Sr	Crestwood	--	23:29.3	05:17.3	07:33.1
270	Thomas Foster	So	Decorah	--	23:31.0	05:19.0	07:33.7
271	Daniel Evans	Fr	Rochester John Marshall	--	23:33.3	05:21.3	07:34.4
272	Collin Jensen	Jr	Jefferson	--	23:33.7	05:21.7	07:34.6
273	Paydon Meyer	Fr	Cedar Rapids Prairie	--	23:36.5	05:24.5	07:35.4
274	August Davison	Jr	Mason City	--	23:38.2	05:26.2	07:36.0
275	Drake Barreyro	Jr	Central	--	23:38.6	05:26.6	07:36.1
276	Connor Cook	Jr	Decorah	--	23:39.8	05:27.8	07:36.5
277	Logan Delaney	9th	Waukon	125	23:41.3	05:29.3	07:37.0

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278	Garret Johnson	Fr	Byron	--	23:42.2	05:30.2	07:37.3
279	Kaiser Croell	9th	New Hampton	--	23:42.7	05:30.7	07:37.4
280	Solomon Thompson	Sr	Decorah	--	23:43.8	05:31.8	07:37.8
281	Sam Fabian	Fr	Mason City	--	23:46.0	05:34.0	07:38.5
282	Tobey Epstein	So	City High	--	23:47.8	05:35.8	07:39.1
283	Keaton Houser	Fr	Cedar Rapids Prairie	--	23:48.9	05:36.9	07:39.4
284	Jason Tsou	So	City High	--	23:49.1	05:37.1	07:39.5
285	Henry Cooper	Fr	City High	--	23:49.2	05:37.2	07:39.5
286	Patrick Sarsfield	Fr	City High	--	23:52.5	05:40.5	07:40.6
287	Brady Beyer	Jr	Waukon	126	23:53.3	05:41.3	07:40.9
288	Gabriel Janssen	Fr	Rochester John Marshall	--	23:53.7	05:41.7	07:41.0
289	Garrett Eick	Fr	Rochester John Marshall	--	23:54.2	05:42.2	07:41.1
290	Sam Miron	9th	Chatfield	127	23:55.4	05:43.4	07:41.5
291	Sawyer Vandebrink	Sr	Decorah	--	23:57.1	05:45.1	07:42.1
292	Benjamin Flatten	So	Central	--	23:57.3	05:45.3	07:42.1
293	Simon Mumford	Fr	Decorah	--	23:58.2	05:46.2	07:42.4
294	Sincere Collins	Fr	Charles City	--	24:03.9	05:51.9	07:44.3
295	Matthew Olson	Jr	Rochester John Marshall	--	24:04.0	05:52.0	07:44.3
296	Karter Einck	Fr	Decorah	--	24:11.6	05:59.6	07:46.7
297	Tate Pieper	9th	Lanesboro Fillmore Central	128	24:12.0	06:00.0	07:46.9
298	Peter Haug	Jr	Rochester John Marshall	--	24:13.8	06:01.8	07:47.4
299	Riley Serfling	Fr	Lanesboro Fillmore Central	129	24:15.8	06:03.8	07:48.1
300	Dale Schwamman	Fr	Turkey Valley	--	24:16.1	06:04.1	07:48.2
301	Cole Frazee	Jr	Cedar Rapids Prairie	--	24:17.0	06:05.0	07:48.5
302	Nick Dietzenbach	Fr	Crestwood	--	24:17.6	06:05.6	07:48.7
303	Zack Quade	Jr	Charles City	--	24:17.7	06:05.8	07:48.7
304	Austin Jones	Jr	Cedar Rapids Prairie	--	24:18.5	06:06.5	07:49.0
305	Konnor Kivimagi	So	Chatfield	130	24:19.3	06:07.3	07:49.2
306	Nick Sanders	Jr	Rochester Century	--	24:21.9	06:09.9	07:50.0
307	Andrew Hamm	Fr	Rochester John Marshall	--	24:26.1	06:14.1	07:51.4
308	Ambrose Dukek	Sr	Rochester John Marshall	--	24:26.4	06:14.4	07:51.5
309	Matthew Grush	9th	Austin	--	24:27.5	06:15.6	07:51.9
310	Sean Forner	Fr	City High	--	24:28.8	06:16.8	07:52.3
311	Gavin Flint	Jr	Rochester John Marshall	--	24:32.4	06:20.4	07:53.4
312	Cade Williams	So	Charles City	--	24:33.3	06:21.3	07:53.7
313	Dayten Ondrashek	Fr	South Winneshiek	--	24:36.0	06:24.0	07:54.6
314	Bailey Reiseck	Sr	Cedar Rapids Prairie	--	24:37.3	06:25.3	07:55.0
315	Luke Gottschall	Jr	Platteville	--	24:37.6	06:25.6	07:55.1
316	Joey Endrizzi	Fr	Aquinas	--	24:37.7	06:25.7	07:55.1
317	Max Byington	Fr	Aquinas	--	24:37.7	06:25.7	07:55.1
318	Kaleb Cotton	Fr	Charles City	--	24:39.7	06:27.7	07:55.8
319	Benjamin Erickson	Fr	Lanesboro Fillmore Central	131	24:41.4	06:29.4	07:56.3
320	Seth Millsap	So	Platteville	--	24:45.6	06:33.6	07:57.7

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321	Isaiah Bahls	So	Mason City	--	24:45.9	06:33.9	07:57.8
322	Matt Stammeyer	Sr	Turkey Valley	--	24:47.3	06:35.3	07:58.2
323	Josh Marquart	Fr	Rochester Century	--	24:50.2	06:38.2	07:59.1
324	Ashton Bateman	Fr	Byron	--	24:52.3	06:40.3	07:59.8
325	Eddie Lara	Sr	Mason City	--	24:52.7	06:40.7	08:00.0
326	Colin Alt	Jr	Jefferson	--	24:53.9	06:41.9	08:00.3
327	Andrew Lokke	So	Jefferson	--	24:53.9	06:41.9	08:00.4
328	Zaden Brunette	So	Platteville	--	24:54.5	06:42.5	08:00.5
329	Robbie Drew	Sr	Waukon	132	24:54.7	06:42.7	08:00.6
330	Joey Lange	Sr	Lanesboro Fillmore Central	133	24:55.5	06:43.5	08:00.9
331	Luke Denney	So	Byron	--	24:57.0	06:45.1	08:01.4
332	Shannon Gill-Mast	Jr	Platteville	--	25:03.1	06:51.1	08:03.3
333	Jared Peterson	So	Lanesboro Fillmore Central	134	25:05.2	06:53.2	08:04.0
334	Logan Jensson	So	Lanesboro Fillmore Central	--	25:06.7	06:54.7	08:04.4
335	Charlie Anderson	Jr	Onalaska	135	25:08.2	06:56.2	08:05.0
336	Jesse Sheehan	Fr	Cedar Rapids Prairie	--	25:08.7	06:56.7	08:05.1
337	Jarrett Huffman	So	Charles City	--	25:09.2	06:57.2	08:05.3
338	Johnny Tran	Sr	Rochester John Marshall	--	25:09.4	06:57.4	08:05.3
339	Josh Marquardt	Fr	Rochester Century	--	25:11.1	06:59.1	08:05.9
340	Logan Schuster	Sr	Rochester John Marshall	--	25:11.9	06:59.9	08:06.1
341	Isaiah Siegal	Fr	Onalaska	--	25:13.0	07:01.0	08:06.5
342	Trevor Strain	Jr	Byron	--	25:23.2	07:11.2	08:09.8
343	Giles Koshiol	So	Champlin Park	--	25:24.8	07:12.8	08:10.3
344	Luis Lares	Sr	Crestwood	--	25:31.3	07:19.3	08:12.4
345	Seth Lumley	Jr	Austin	--	25:32.7	07:20.7	08:12.8
346	Sam Lagerland	Fr	Rochester Century	--	25:33.0	07:21.0	08:12.9
347	Noah Tapscott	So	Decorah	--	25:35.0	07:23.1	08:13.6
348	Peter Wilson	So	Decorah	--	25:35.4	07:23.4	08:13.7
349	Zachariah Madline	So	Rochester Century	--	25:36.0	07:24.0	08:13.9
350	Daniel Lares	Jr	Crestwood	--	25:36.4	07:24.4	08:14.0
351	David Ruiz	Sr	Austin	--	25:39.3	07:27.3	08:15.0
352	Ashtyn Ouser	Jr	Rochester Century	--	25:41.3	07:29.3	08:15.6
353	Robbie Holzman	Fr	Jefferson	--	25:48.9	07:36.9	08:18.0
354	Andrew Horman	Fr	Aquinas	--	25:55.5	07:43.5	08:20.2
355	Noah Lincoln	Fr	Onalaska	--	26:00.7	07:48.7	08:21.8
356	Drew Queensland	Fr	Byron	--	26:05.5	07:53.5	08:23.3
357	Jackson Cook	Fr	Charles City	--	26:05.7	07:53.7	08:23.4
358	Ronnie Wilcox	Fr	Waverly-Shell Rock	--	26:07.3	07:55.3	08:23.9
359	Eric Trautsch	Sr	Crestwood	--	26:08.4	07:56.4	08:24.3
360	Darin Rude	Fr	Decorah	--	26:11.0	07:59.0	08:25.1
361	Nathan Shultz	Jr	Charles City	--	26:23.0	08:11.0	08:29.0
362	Parker Coffman	Jr	Cedar Rapids Prairie	--	26:27.1	08:15.1	08:30.3
363	Connor Stegen	So	Waukon	136	26:28.3	08:16.3	08:30.7

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364	Ashton Mcshane	So	New Hampton	--	26:39.7	08:27.7	08:34.4
365	Andrew Genelin	Fr	Aquinas	--	26:55.1	08:43.2	08:39.3
366	Jaren Ryssman	Sr	Rochester John Marshall	--	26:55.3	08:43.3	08:39.4
367	Brennan Hill	9th	Chatfield	137	27:08.7	08:56.7	08:43.7
368	Nicholas Roney	Jr	Charles City	--	27:11.8	08:59.8	08:44.7
369	Ephraim Marth	Fr	Charles City	--	27:27.0	09:15.0	08:49.6
370	Ethan Kaske	Sr	Rochester John Marshall	--	27:27.6	09:15.6	08:49.8
371	Anthony Mcwilliams	Fr	Platteville	--	27:30.6	09:18.6	08:50.7
372	Kyle Scribner	Fr	Osage	--	27:31.1	09:19.1	08:50.9
373	Daniel Gruman	So	Waukon	138	27:32.4	09:20.4	08:51.3
374	Wesly Smith	Sr	Decorah	--	27:38.8	09:26.8	08:53.4
375	Jay Bissen	Sr	Lanesboro Fillmore Central	--	27:44.6	09:32.6	08:55.2
376	Elliot Anderson	Fr	Rochester John Marshall	--	27:55.9	09:43.9	08:58.9
377	Jack Kelly	Fr	Iowa City Regina	--	27:56.0	09:44.0	08:58.9
378	Gray Christians	Fr	Iowa City Regina	--	28:13.5	10:01.6	09:04.5
379	Joseph Schammel	9th	Austin	--	28:20.1	10:08.1	09:06.6
380	Dylan Pasker	So	Cedar Rapids Prairie	--	28:31.0	10:19.0	09:10.1
381	Stephen Barton	Fr	Onalaska	--	28:34.4	10:22.4	09:11.2
382	Henry Briest	Fr	Jefferson	--	28:40.2	10:28.2	09:13.1
383	Dane Christians	Fr	Iowa City Regina	--	28:56.2	10:44.2	09:18.2
384	Mattias Dyrud	Fr	Jefferson	--	29:14.3	11:02.3	09:24.1
385	Kyle Pido	Fr	Rochester John Marshall	--	29:16.7	11:04.7	09:24.8
386	Chase Olsen	So	Mason City	--	29:32.8	11:20.8	09:30.0
387	Kyle Day	So	Rochester John Marshall	--	29:45.0	11:33.0	09:33.9
388	John Keiper	Jr	Cedar Rapids Prairie	--	29:49.3	11:37.3	09:35.3
389	Per Boyum	So	Rochester Century	--	29:55.3	11:43.3	09:37.3
390	Drake Mitchell	Fr	Rochester John Marshall	--	29:56.2	11:44.2	09:37.5
391	Grant Simmons	Fr	Jefferson	--	30:11.4	11:59.4	09:42.4
392	Brandon Frana	So	South Winneshiek	--	30:27.0	12:15.0	09:47.5
393	Chayce Sheldon	Fr	Osage	--	32:21.9	14:09.9	10:24.4
394	Joel Glascock	So	Rochester John Marshall	--	33:20.4	15:08.4	10:43.2
395	Jacob Sherer	Jr	Platteville	--	33:46.9	15:34.9	10:51.7
396	Alex Farnham	Fr	Jefferson	--	33:49.8	15:37.8	10:52.6
397	Sam Havens	Fr	Jefferson	--	35:04.5	16:52.5	11:16.7
398	Josiah Meier	Sr	Osage	--	38:49.2	20:37.2	12:28.9

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**Middle School Girls Team Results**

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average Spread	
1	Decorah	25	3	4	5	6	7	8	10	1:11:17	14:16	0:27.2
2	South Winneshiek	73	2	9	17	20	25	28	32	1:16:14	15:15	2:20.0
3	Crestwood	81	1	15	18	23	24	27	29	1:17:14	15:27	2:33.3
4	Burnsville	107	11	12	13	33	38	39	40	1:22:02	16:25	4:48.6
5	Chatfield	108	14	16	21	26	31	34	36	1:20:08	16:02	1:36.7
6	Pacelli	143	19	22	30	35	37			1:25:08	17:02	3:25.3

**Middle School Boys Team Results**

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average Spread	
1	Decorah	61	6	9	11	16	19	22	23	1:08:38	13:44	0:57.8
2	Rochester John Marshall	85	4	7	14	29	31	37	40	1:09:32	13:55	1:44.8
3	New Hampton	98	8	13	18	20	39	45	51	1:10:51	14:11	1:57.5
4	St. Charles	104	3	5	21	25	50	53	64	1:11:15	14:15	3:26.9
5	Chatfield	114	1	24	26	28	35	58	63	1:10:48	14:10	3:00.7
6	Waukon	123	2	17	27	36	41	42	46	1:12:08	14:26	2:50.0
7	Crestwood	147	10	12	32	34	59	65		1:14:21	14:53	3:56.9
8	Rochester Century	187	15	33	44	47	48	49	56	1:17:03	15:25	2:16.4
9	South Winneshiek	217	30	38	43	52	54	55		1:18:41	15:45	1:56.1
10	Turkey Valley	306	57	60	61	62	66	67		1:29:19	17:52	1:47.2

**Middle School Individual Results (as per Wayzata Timing posting)**

Place	Athlete	Grade	Team	Time	Pace	Gap	Pace
1	Treyton Lanning	8	Chatfield	1	12:00.9	---	06:02.2
2	Nathan O'neill	8	Waukon	2	12:38.9	00:38.9	06:21.3
3	Lane Waller	8	St. Charles	3	12:52.1	00:52.2	06:28.0
4	Matthew Duncan	8	Rochester John Marshall	4	13:01.6	01:01.7	06:32.8
5	Sawyer Roessler	8	St. Charles	5	13:07.2	01:07.2	06:35.6
6	Evan Rowley	8	Decorah	6	13:15.1	01:15.2	06:39.6
7	Micah Hanson	8	Rochester John Marshall	7	13:19.5	01:19.6	06:41.8
8	Hayden Houser		New Hampton	8	13:21.7	01:21.7	06:42.8
9	Shlok Patel	7	Decorah	9	13:23.6	01:23.6	06:43.8
10	Dominic Bigalk	7	Crestwood	10	13:24.7	01:24.8	06:44.4
11	Olivia Ollendick	8	Crestwood	1	13:32.0	01:32.0	06:48.0
12	Jake Magner	8	Decorah	11	13:37.2	01:37.2	06:50.6
13	Aiden Easley		Crestwood	12	13:38.4	01:38.4	06:51.2
14	Aiden Brinks		New Hampton	13	13:40.0	01:40.0	06:52.0
15	Graham Freed	8	Rochester John Marshall	14	13:43.7	01:43.7	06:53.9
16	Billie Wagner	8	South Winneshiek	2	13:45.8	01:45.8	06:55.0
17	Douglas Lee	8	Rochester Century	15	13:55.6	01:55.7	06:59.9
18	Madison Tollefson	8	Decorah	3	14:02.2	02:02.2	07:03.2
19	Paige Werner	8	Decorah	4	14:07.5	02:07.5	07:05.9
20	Quinn Baumann	8	Decorah	16	14:08.4	02:08.4	07:06.3



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21	Cashton Lloyd	7	Waukon	17	14:10.2	02:10.2	07:07.2
22	Colin Johnns		New Hampton	18	14:11.8	02:11.8	07:08.0
23	August Cowie	8	Decorah	19	14:12.9	02:13.0	07:08.6
24	Stewart Breckan	7	Waukon	--	14:15.0	02:15.1	07:09.7
25	Jorja Folkedahl	7	Decorah	5	14:17.8	02:17.8	07:11.0
26	Landon Bruss		New Hampton	20	14:18.3	02:18.3	07:11.3
27	Aidan Mcdonough	8	St. Charles	21	14:19.0	02:19.0	07:11.6
28	Annalise Skrade	8	Decorah	6	14:19.5	02:19.5	07:11.9
29	Henry Weis	7	Decorah	22	14:24.4	02:24.4	07:14.3
30	Casey Roney	8	Decorah	23	14:26.8	02:26.9	07:15.6
31	Rebecca Anderson	8	Decorah	7	14:29.4	02:29.4	07:16.9
32	Lynn Borgen	8	Chatfield	24	14:29.4	02:29.4	07:16.9
33	Levi Ferden	8	St. Charles	25	14:36.8	02:36.8	07:20.6
34	Gabe Erding	8	Chatfield	26	14:37.6	02:37.6	07:21.0
35	Kaedyn Anderson	7	Waukon	27	14:37.7	02:37.7	07:21.0
36	Colton Guenther	8	Chatfield	28	14:38.0	02:38.0	07:21.2
37	Andrew Ott	8	Rochester John Marshall	29	14:40.5	02:40.5	07:22.4
38	Julia Phillips	8	Decorah	8	14:41.3	02:41.3	07:22.8
39	Hunter Wagner	8	South Winneshiek	30	14:41.4	02:41.4	07:22.9
40	Meghan Hageman	8	South Winneshiek	9	14:41.9	02:41.9	07:23.2
41	Kathryn Kelly	7	Decorah	10	14:44.9	02:44.9	07:24.6
42	Travis Nordheim	7	Decorah	--	14:45.3	02:45.3	07:24.8
43	Dominique Deming	8	Burnsville	11	14:46.0	02:46.0	07:25.2
44	Alexander Younk	8	Rochester John Marshall	31	14:46.4	02:46.4	07:25.4
45	Corbyn Palmer	8	Decorah	--	14:49.1	02:49.1	07:26.8
46	Brynn Storhoff	7	Decorah	--	14:50.6	02:50.6	07:27.5
47	Megan Roe	8	Decorah	--	14:54.3	02:54.3	07:29.4
48	Andrew Fredericks	7	Pacelli	--	14:54.7	02:54.7	07:29.6
49	Cal Nuss	7	Pacelli	--	14:55.1	02:55.1	07:29.8
50	Domanick Henry	8	Crestwood	32	14:55.2	02:55.2	07:29.8
51	Max Wilson	8	Decorah	--	14:56.2	02:56.2	07:30.3
52	Brock Taylor	8	Decorah	--	14:58.1	02:58.1	07:31.3
53	Nathan Nelson	8	Rochester Century	33	14:59.8	02:59.8	07:32.1
54	Luke Stortz	8	Crestwood	34	15:01.0	03:01.0	07:32.8
55	Alec Armstrong	7	Chatfield	35	15:01.5	03:01.5	07:33.0
56	Kaelyn Ambuehl	7	Burnsville	12	15:07.2	03:07.2	07:35.9
57	Paige Schwenn	8	Burnsville	13	15:08.5	03:08.6	07:36.5
58	Isaac Knaack	7	Decorah	--	15:11.7	03:11.7	07:38.1
59	Cael Rethwisch	8	Waukon	36	15:11.8	03:11.8	07:38.2
60	Creed Monroe	7	Decorah	--	15:13.4	03:13.4	07:39.0
61	Hailey Bower	8	Decorah	--	15:14.5	03:14.5	07:39.5
62	Danielle Losen	7	Decorah	--	15:15.5	03:15.5	07:40.0
63	Ada Lovelace	8	Decorah	--	15:16.0	03:16.1	07:40.3

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64	Noah Lemke	8	Rochester John Marshall	37	15:17.5	03:17.5	07:41.0
65	Kyle Hageman	8	South Winneshiek	38	15:17.6	03:17.6	07:41.1
66	Ethan Wilson		New Hampton	39	15:19.1	03:19.1	07:41.9
67	Daniel Skrade	8	Decorah	--	15:19.1	03:19.1	07:41.9
68	Isabelle Carr	8	Chatfield	14	15:19.5	03:19.5	07:42.0
69	William Reiter	8	Rochester John Marshall	40	15:28.3	03:28.3	07:46.5
70	Tanner Marting	8	Waukon	41	15:28.9	03:28.9	07:46.7
71	Paige Hansmeier	8	Waukon	--	15:29.5	03:29.5	07:47.1
72	Connor Cahoon	7	Waukon	42	15:30.0	03:30.0	07:47.3
73	Noah Spilde-Maki	8	Decorah	--	15:34.5	03:34.5	07:49.6
74	Amy Jensen	8	Decorah	--	15:35.0	03:35.1	07:49.8
75	Jeremiah Cullen	8	South Winneshiek	43	15:39.3	03:39.3	07:52.0
76	Sophia Gallentine	8	Decorah	--	15:42.1	03:42.1	07:53.4
77	Cloey Horns	7	Crestwood	15	15:42.6	03:42.6	07:53.6
78	Ellen Rooney	8	Decorah	--	15:44.3	03:44.3	07:54.5
79	Grace Neal	8	Decorah	--	15:44.4	03:44.4	07:54.5
80	Asher Flint	8	Rochester John Marshall	--	15:44.4	03:44.5	07:54.6
81	Zach Razidlo	7	Rochester Century	44	15:45.8	03:45.8	07:55.3
82	Anna Kivimagi	8	Chatfield	16	15:46.5	03:46.5	07:55.6
83	Lange Betts	8	Decorah	--	15:47.7	03:47.7	07:56.2
84	Alex Philo		New Hampton	45	15:48.1	03:48.1	07:56.4
85	Mairi Sessions	8	Decorah	--	15:48.9	03:48.9	07:56.8
86	Joseph Stammeyer	7	Decorah	--	15:49.2	03:49.2	07:56.9
87	Josie Tollefsrud	7	South Winneshiek	17	15:49.4	03:49.4	07:57.1
88	Josh Keenan	8	Waukon	46	15:50.2	03:50.2	07:57.5
89	Kiresten Richards		New Hampton	--	15:50.6	03:50.6	07:57.7
90	Mia Kurth	7	Waukon	--	15:50.7	03:50.7	07:57.7
91	Tara Koshatka	8	Crestwood	18	15:51.0	03:51.0	07:57.9
92	Lexi Lewis	6	Pacelli	19	15:51.2	03:51.2	07:58.0
93	Ella Willie	8	South Winneshiek	20	15:51.3	03:51.3	07:58.0
94	Savannah Thompson	8	Chatfield	21	15:51.3	03:51.3	07:58.0
95	Morgan Klankowski	6	Pacelli	22	15:59.3	03:59.3	08:02.0
96	Lydia Monreal-Rice	7	Decorah	--	16:00.6	04:00.7	08:02.7
97	Cameron Moellers	8	Crestwood	23	16:02.9	04:02.9	08:03.9
98	Nate Keenan	8	Waukon	--	16:03.4	04:03.5	08:04.1
99	Rylee Kapler	8	Crestwood	24	16:05.3	04:05.3	08:05.0
100	Anna Dietzenbach	8	South Winneshiek	25	16:05.7	04:05.7	08:05.3
101	Olivia Marti	7	Waukon	--	16:06.4	04:06.4	08:05.6
102	Kayleigh Smith	7	Decorah	--	16:07.4	04:07.4	08:06.1
103	Ramsey Zilka	8	Decorah	--	16:09.4	04:09.4	08:07.1
104	Noah Swenson	8	Rochester Century	47	16:09.4	04:09.4	08:07.1
105	Aiden Nalean-Carlson	7	Decorah	--	16:09.6	04:09.6	08:07.2
106	Samuel Jack	8	Rochester Century	48	16:12.0	04:12.0	08:08.4

**Luther Cross Country Invitational**  
**Luther College campus**  
**Decorah, Iowa**  
**Saturday, September 8, 2018**

107	Caleb Perkins	7	Waukon	--	16:13.4	04:13.4	08:09.1
108	Lillian Hanson	8	Chatfield	26	16:14.2	04:14.3	08:09.5
109	Anna Gibbs	8	Crestwood	27	16:14.9	04:14.9	08:09.9
110	Ethan Casey	7	Rochester Century	49	16:17.3	04:17.3	08:11.1
111	Zack Spitzer	7	St. Charles	50	16:19.0	04:19.0	08:12.0
112	Carter Broughton		New Hampton	51	16:22.3	04:22.3	08:13.6
113	Quinn Kruckman	8	South Winneshiek	28	16:23.6	04:23.6	08:14.2
114	Chase Adam	8	South Winneshiek	52	16:24.6	04:24.6	08:14.7
115	Bree Rogne	8	Crestwood	29	16:25.1	04:25.2	08:15.0
116	Emma Wordelman	7	Century	--	16:26.0	04:26.0	08:15.5
117	Braden Brevig	8	St. Charles	53	16:27.6	04:27.6	08:16.3
118	Kirsten Koopal	6	Pacelli	30	16:31.4	04:31.4	08:18.2
119	Bailey Cox		New Hampton	--	16:32.8	04:32.8	08:18.9
120	Skyler Dugan	7	Waukon	--	16:36.0	04:36.0	08:20.5
121	Rorie Wiedow	8	Decorah	--	16:36.6	04:36.6	08:20.8
122	Dawson Wenthold	8	South Winneshiek	54	16:37.5	04:37.5	08:21.2
123	Kade Kuennen	8	South Winneshiek	55	16:42.9	04:43.0	08:24.0
124	Carter Newbrough		New Hampton	--	16:43.4	04:43.4	08:24.2
125	Jake From		New Hampton	--	16:46.4	04:46.4	08:25.7
126	Evon Leitz	7	Decorah	--	16:46.9	04:46.9	08:25.9
127	Joselyn Wilson	7	Chatfield	31	16:56.1	04:56.1	08:30.6
128	Bella Gorvik	7	Century	--	16:58.1	04:58.1	08:31.6
129	Rachel Mikkelsen	8	Decorah	--	16:59.1	04:59.1	08:32.1
130	Jacob Smith	8	Waukon	--	16:59.6	04:59.6	08:32.3
131	Lucas Arendt	7	Decorah	--	16:59.8	04:59.9	08:32.5
132	Jack Klingfus	7	Pacelli	--	17:02.5	05:02.5	08:33.8
133	Elijah Satele	8	Rochester Century	56	17:05.3	05:05.3	08:35.2
134	Emily Kray	8	South Winneshiek	32	17:09.4	05:09.4	08:37.3
135	Lucas Hanson	7	Turkey Valley	57	17:11.3	05:11.3	08:38.2
136	Kory Aarhus	7	Chatfield	58	17:21.5	05:21.5	08:43.4
137	Sam Brace	7	Crestwood	59	17:21.6	05:21.6	08:43.4
138	Matthew Swenson	8	Rochester Century	--	17:21.6	05:21.6	08:43.4
139	Haley Schutte	8	Crestwood	--	17:22.7	05:22.7	08:43.9
140	Abbie Valkosky	7	Decorah	--	17:22.9	05:22.9	08:44.1
141	Kira Theng	7	Burnsville	33	17:25.5	05:25.5	08:45.3
142	Sylvia Sandhorst	8	Decorah	--	17:27.7	05:27.7	08:46.5
143	Olivia Snyder	8	Turkey Valley	--	17:28.6	05:28.6	08:46.9
144	Eliana Ruskell	7	Chatfield	34	17:29.0	05:29.0	08:47.1
145	Lizzy Frederick	6	Pacelli	35	17:29.7	05:29.7	08:47.5
146	Caden Branum	7	Decorah	--	17:30.0	05:30.0	08:47.6
147	Luke Langrek	7	Turkey Valley	60	17:31.7	05:31.7	08:48.5
148	Hannah Crouch	8	Crestwood	--	17:36.3	05:36.3	08:50.8
149	Russell Nieman	7	Turkey Valley	61	17:38.1	05:38.1	08:51.7

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**Saturday, September 8, 2018**

150	Naomi Simon	7	Decorah	--	17:42.5	05:42.6	08:53.9
151	Claire Schutte	7	Decorah	--	17:44.8	05:44.8	08:55.0
152	Elizabeth Schieffelbein	8	Chatfield	36	17:48.1	05:48.1	08:56.7
153	Payton Ruppert	7	Crestwood	--	17:48.4	05:48.4	08:56.9
154	Sydney Brinkman	9	Century	--	17:49.7	05:49.7	08:57.5
155	Bryar Duwe	8	Decorah	--	17:55.0	05:55.0	09:00.2
156	Skyler Cole	7	Decorah	--	17:58.0	05:58.0	09:01.7
157	Ryan Jirik	8	Rochester John Marshall	--	17:58.7	05:58.7	09:02.0
158	Bode Balk	7	Turkey Valley	62	17:59.2	05:59.2	09:02.3
159	Grace Brynsaas	7	Decorah	--	18:00.3	06:00.3	09:02.9
160	Bjorn Guzman	7	Chatfield	63	18:02.0	06:02.0	09:03.7
161	Sophia Christman	8	Decorah	--	18:03.5	06:03.5	09:04.5
162	Allison Ferrie	8	Crestwood	--	18:05.8	06:05.8	09:05.6
163	Jenna Lemke	7	Decorah	--	18:10.1	06:10.1	09:07.8
164	Riley Ward	8	St. Charles	--	18:18.8	06:18.8	09:12.2
165	Logan Chaney	7	St. Charles	64	18:33.1	06:33.1	09:19.3
166	Will Hinck	7	Crestwood	65	18:43.8	06:43.8	09:24.7
167	Brittania Garcia	7	Crestwood	--	18:50.8	06:50.8	09:28.2
168	Miriana Miron	7	Chatfield	--	18:53.4	06:53.4	09:29.5
169	Julia Alberts	8	Decorah	--	18:56.3	06:56.3	09:31.0
170	Tristan Pullan	7	Turkey Valley	66	18:58.4	06:58.4	09:32.0
171	Wyatt Grubs	7	Rochester Century	--	19:00.0	07:00.0	09:32.8
172	Morgan Moen	8	Decorah	--	19:01.0	07:01.0	09:33.4
173	Ella Grouws	8	Decorah	--	19:06.1	07:06.1	09:35.9
174	Montana Jump-Gerleman	7	Decorah	--	19:12.7	07:12.7	09:39.2
175	Neha Nanda	8	Pacelli	37	19:16.5	07:16.5	09:41.1
176	Addie Kuennen	7	South Winneshiek	--	19:25.2	07:25.2	09:45.5
177	Heidi Mahr	7	Crestwood	--	19:25.8	07:25.8	09:45.8
178	Kortni O'connell	8	Decorah	--	19:33.1	07:33.1	09:49.5
179	Gabby Scheidel	8	Turkey Valley	--	19:33.3	07:33.3	09:49.6
180	Alanna Moe	8	Burnsville	38	19:34.6	07:34.6	09:50.2
181	Alexis Kruse	7	Crestwood	--	19:44.7	07:44.7	09:55.3
182	Kenzie Wallace	7	Burnsville	39	20:24.8	08:24.8	10:15.4
183	Nat Roberts	7	Decorah	--	20:37.0	08:37.0	10:21.6
184	Kelsey Burke	8	Crestwood	--	21:07.8	09:07.8	10:37.1
185	Emily Larsen	7	Burnsville	40	21:58.7	09:58.7	11:02.6
186	Zachary Olsen	8	Rochester John Marshall	--	22:14.2	10:14.2	11:10.4
187	Estrella Cardenas	7	Chatfield	--	22:14.4	10:14.4	11:10.5
188	Saida Abdirahman	10	Burnsville	--	22:26.5	10:26.5	11:16.6
189	Anna Dennis	8	Burnsville	--	22:27.5	10:27.5	11:17.1
190	Kathleen Delphey	7	Decorah	--	23:07.2	11:07.2	11:37.1
191	Bralynn Byrne	7	Turkey Valley	67	23:16.4	11:16.4	11:41.7