

2016 Mississippi Valley Super Conference Cross Country Meet
Noelridge Park
Cedar Rapids, IA
October 6, 2016

Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	Cedar Falls	59	5	7	11	15	21	23	37	1:34:47.81	18:57.57	
2	Dubuque Hempstead	89	6	13	16	25	29	43	44	1:35:48.45	19:09.69	
3	City High	94	10	14	20	24	26	27	28	1:36:00.91	19:12.19	
4	Iowa City West	104	1	2	31	32	38	56	57	1:35:31.56	19:06.32	
5	Dubuque Senior	119	8	9	30	33	39	45		1:36:53.29	19:22.66	
6	Cedar Rapids Kennedy	159	12	18	35	36	58	64	68	1:38:39.07	19:43.82	
7	Linn-Mar	166	17	22	40	41	46	59	75	1:38:29.15	19:41.83	
8	Dubuque Wahlert	194	19	34	42	48	51	60	71	1:39:42.11	19:56.43	
9	Cedar Rapids Prairie	228	3	53	54	55	63	65	69	1:41:24.24	20:16.85	
10	C.R. Washington	299	4	49	73	85	88			1:48:20.87	21:40.18	
11	Cedar Rapids Xavier	307	47	52	66	70	72	74	77	1:45:12.24	21:02.45	
12	Waterloo West	351	61	62	67	79	82	83	84	1:49:10.59	21:50.12	
13	CR Jefferson	365	50	76	78	80	81	86	87	1:49:50.01	21:58.01	

Varsity Girls Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Skopec, Gabby	SR	Iowa City West	18:07.33	1
2	Nock, Bailey	JR	Iowa City West	18:12.69	2
3	Fraze, Hannah	SR	CR Prairie	18:20.48	3
4	Gorman, Reagan	SO	C.R. Washington	18:31.91	4
5	Christopher, Cassidy	SR	Cedar Falls	18:44.33	5
6	Brown, Hannah	FR	Dubuque Hempstead	18:46.61	6
7	Michael, Mackenzie	FR	Cedar Falls	18:49.27	7
8	Gaherty, Mackenzie	JR	Dubuque Senior	18:49.93	8
9	Donovan, Ashley	SO	Dubuque Senior	18:50.50	9
10	Arch, Mary	SR	City High	18:51.05	10
11	Zierke, Allison	SR	Cedar Falls	18:54.88	11
12	Popenhagen, Ella	FR	CR Kennedy	18:58.39	12
13	Hostager, Shaelyn	FR	Dubuque Hempstead	18:59.41	13
14	Bywater, Emily	SR	City High	19:02.04	14
15	Kvale, Paige	JR	Cedar Falls	19:02.45	15
16	Hostager, Heather	JR	Dubuque Hempstead	19:02.64	16
17	Mann, Maddie	SR	Linn-Mar	19:03.68	17
18	Fusselman, Hannah	JR	CR Kennedy	19:04.90	18
19	Huseman, Aunna	FR	Dubuque Wahlert	19:11.38	19
20	Lindower, Anna	SO	City High	19:13.49	20
21	Hertz, Anna	JR	Cedar Falls	19:16.88	21
22	Van Rheenen, Abby	JR	Linn-Mar	19:19.64	22
23	Ross, Caroline	JR	Cedar Falls	19:25.42	23
24	Rummelhart, Annie	SO	City High	19:26.63	24
25	Brown, Kristin	SR	Dubuque Hempstead	19:27.00	25

26	Brown, Bridget	JR	City High	19:27.70	26
27	Brady, Esti	FR	City High	19:28.67	27
28	Brands, Kinsee	JR	City High	19:29.13	28
29	Leicht, Kaylee	FR	Dubuque Hempstead	19:32.79	29
30	Miller, Lauren	SO	Dubuque Senior	19:34.06	30
31	Ronnebaum, Claire	JR	Iowa City West	19:37.23	31
32	Moore, Olivia	SR	Iowa City West	19:40.10	32
33	Kruse, Olivia	SO	Dubuque Senior	19:43.63	33
34	Herber, Grace	JR	Dubuque Wahlert	19:45.02	34
35	Button, Brooklyn	JR	CR Kennedy	19:47.75	35
36	Hamblin, Olivia	FR	CR Kennedy	19:48.18	36
37	Schmitz, Meg	JR	Cedar Falls	19:48.87	37
38	Skopec, Jessie	SR	Iowa City West	19:54.21	38
39	Frye, Ava	JR	Dubuque Senior	19:55.17	39
40	Newhouse, Deanna	SR	Linn-Mar	19:56.51	40
41	Genskow, Maddy	SR	Linn-Mar	19:59.78	41
42	Earles, Emma	JR	Dubuque Wahlert	19:59.98	42
43	Johnson, McKenna	SR	Dubuque Hempstead	20:00.28	43
44	Nichols, Casey	JR	Dubuque Hempstead	20:02.85	44
45	Biehl, Kai	SR	Dubuque Senior	20:03.09	45
46	Bohnenkamp, Rachel	JR	Linn-Mar	20:09.54	46
47	Recker, Peyton	SR	Cedar Rapids Xavier	20:16.01	47
48	Osterberger, Kaylee	JR	Dubuque Wahlert	20:18.18	48
49	Altemeier, Sarah	SO	C.R. Washington	20:20.92	49
50	Anderson, Autumn	SR	CR Jefferson	20:26.64	50
51	Hohmann, Holly	JR	Dubuque Wahlert	20:27.55	51
52	Tallett, Katie	SR	Cedar Rapids Xavier	20:29.28	52
53	Renwick, Cayla	SR	CR Prairie	20:33.13	53
54	Neubauer, Alissa	JR	CR Prairie	20:36.24	54
55	Henderson, Avery	JR	CR Prairie	20:41.12	55
56	Ince, Deniz	SO	Iowa City West	20:48.85	56
57	Durian, Emma	SO	Iowa City West	20:51.75	57
58	McLaughlin, Brianna	SO	CR Kennedy	20:59.85	58
59	Saville, Hanna	SR	Linn-Mar	21:08.28	59
60	Long, Gracie	SO	Dubuque Wahlert	21:08.85	60
61	Meyer, Camryn	SO	Waterloo West	21:09.29	61
62	Robinson, Aliyah	SR	Waterloo West	21:11.14	62
63	Grimm, Megan	JR	CR Prairie	21:13.27	63
64	Sheyko, Kristin	SR	CR Kennedy	21:15.04	64
65	Brune, Meghan	SR	CR Prairie	21:16.09	65
66	Tanko, Ellie	FR	Cedar Rapids Xavier	21:21.39	66
67	Frisch, Ireland	SO	Waterloo West	21:24.76	67
68	Green, Olivia	SR	CR Kennedy	21:27.28	68
69	Skriver, Kirstin	JR	CR Prairie	21:31.21	69
70	Stutzman, Maggie	FR	Cedar Rapids Xavier	21:31.71	70
71	Ott, Claire	SR	Dubuque Wahlert	21:33.62	71
72	Iversen, Claire	JR	Cedar Rapids Xavier	21:33.85	72
73	Spence, Mekela	JR	C.R. Washington	21:41.12	73

74	Meyer, Megan	FR	Cedar Rapids Xavier	21:41.76	74
75	Block, Maddie	SR	Linn-Mar	21:49.47	75
76	Belew, Makayla	SR	CR Jefferson	21:49.90	76
77	Tanko, Abby	SR	Cedar Rapids Xavier	21:55.28	77
78	Hargrove, Adriana	SR	CR Jefferson	22:15.02	78
79	Sage, Mallory	SR	Waterloo West	22:24.72	79
80	Smith, Alex	SO	CR Jefferson	22:34.44	80
81	Netz, Anna	SR	CR Jefferson	22:44.01	81
82	Davis, Regan	SO	Waterloo West	23:00.68	82
83	Eighmey, Meredith	SO	Waterloo West	23:01.62	83
84	Knebel, Jessica	SR	Waterloo West	23:03.38	84
85	Hageman, Ashley	JR	C.R. Washington	23:33.45	85
86	Horning, Annika	SR	CR Jefferson	23:36.01	86
87	Bushman, Izzy	FR	CR Jefferson	23:46.48	87
88	Kennedy, Olivia	SO	C.R. Washington	24:13.47	88

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Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	Dubuque Hempstead	70	7	11	13	19	20	36	55	1:20:33.57	16:06.72
2	Cedar Rapids Prairie	78	9	10	15	18	26	42	47	1:20:40.90	16:08.18
3	Cedar Falls	99	2	16	24	27	30	56	63	1:20:36.09	16:07.22
4	Iowa City West	110	3	4	23	31	49	69	70	1:21:14.44	16:14.89
5	C.R. Washington	112	8	22	25	28	29	65	77	1:21:19.68	16:15.94
6	City High	131	12	14	33	35	37	41	46	1:21:58.59	16:23.72
7	Linn-Mar	165	1	5	43	57	59	67	80	1:21:49.59	16:21.92
8	Dubuque Senior	169	6	17	34	39	73	75	78	1:22:32.41	16:30.49
9	Dubuque Wahlert	215	21	40	44	50	60	62	68	1:23:44.38	16:44.88
10	Cedar Rapids Kennedy	226	32	38	45	53	58	61	79	1:23:56.21	16:47.25
11	Cedar Rapids Xavier	340	52	66	72	74	76	83	86	1:25:47.80	17:09.56
12	West Waterloo	345	48	51	71	87	88	91	93	1:27:54.02	17:34.81
13	CR Jefferson	365	54	64	81	82	84	89	90	1:28:19.53	17:39.91
14	Waterloo East		462	85	92	94	95	96		1:38:37.11	19:43.43

Varsity Boys Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Murphy, Ryan	SR	Linn-Mar	15:15.36	1
2	Schillinger, Sam	SR	Cedar Falls	15:20.57	2
3	Greiner, Kolby	SO	Iowa City West	15:45.85	3
4	Ali, Ali	SR	Iowa City West	15:47.08	4
5	Gosch, Dalton	SR	Linn-Mar	15:48.54	5
6	Hildebrand, Jalen	JR	Dubuque Senior	15:49.26	6
7	Kalb, Addison	JR	Dubuque Hempstead	15:55.40	7
8	McDermott, Sam	SR	C.R. Washington	15:55.73	8
9	steffens, cam	SR	CR Prairie	15:59.23	9
10	laue, max	JR	CR Prairie	16:00.48	10
11	Hermiston, Ben	SO	Dubuque Hempstead	16:02.73	11
12	Berg, Michael	SR	City High	16:03.10	12
13	Mueller, Adam	SR	Dubuque Hempstead	16:05.63	13
14	Dodge, Matthew	SR	City High	16:06.75	14
15	Laue, Robert	JR	CR Prairie	16:08.16	15
16	Burjes, Caleb	JR	Cedar Falls	16:08.59	16
17	Schaetzl, Isaiah	FR	Dubuque Senior	16:11.05	17
18	lorenz, matt	SR	CR Prairie	16:12.90	18
19	Schultz, Joey	SR	Dubuque Hempstead	16:14.64	19
20	Holesinger, David	SO	Dubuque Hempstead	16:15.17	20
21	Flogel, Davis	JR	Dubuque Wahlert	16:15.65	21
22	Gorman, Patrick	SR	C.R. Washington	16:17.18	22
23	Murley, Andrew	SR	Iowa City West	16:17.90	23
24	Timm, Josh	SR	Cedar Falls	16:18.16	24

25	Locher, Max	FR	C.R. Washington	16:19.23	25
26	vlasek, eiljah	JR	CR Prairie	16:20.13	26
27	Conrad, Brandon	SO	Cedar Falls	16:20.92	27
28	Kleman, Lewis	FR	C.R. Washington	16:23.35	28
29	Schneidermann, Paul	SO	C.R. Washington	16:24.19	29
30	Eastman, Ben	SR	Cedar Falls	16:27.85	30
31	Trepka, Ethan	JR	Iowa City West	16:29.52	31
32	Foley, Jackson	JR	CR Kennedy	16:30.89	32
33	Firmstone, Lucas	JR	City High	16:32.22	33
34	Zenner, Dalton	SR	Dubuque Senior	16:33.66	34
35	Turnbough, Caden	FR	City High	16:37.85	35
36	Zimmerman, Josh	SR	Dubuque Hempstead	16:38.19	36
37	Strang, Robbie	JR	City High	16:38.67	37
38	Casey, Sean	SO	CR Kennedy	16:40.85	38
39	Whalen, Willy	JR	Dubuque Senior	16:44.58	39
40	Hocking, Jacob	FR	Dubuque Wahlert	16:45.69	40
41	Taylor, Michael	SR	City High	16:45.96	41
42	huedepohl, luke	SR	CR Prairie	16:46.90	42
43	Johnston, Colin	JR	Linn-Mar	16:47.70	43
44	Berning, Jacob	SR	Dubuque Wahlert	16:48.73	44
45	Ali, Haji	FR	CR Kennedy	16:50.00	45
46	Max, Quenton	JR	City High	16:51.61	46
47	habel, benton	SR	CR Prairie	16:52.34	47
48	Streed, Clayton	JR	West Waterloo	16:53.02	48
49	Sulwer, Kyle	JR	Iowa City West	16:54.09	49
50	Hilby, Luke	JR	Dubuque Wahlert	16:54.36	50
51	O'Brien, Sam	JR	West Waterloo	16:54.71	51
52	Pape, John	JR	Cedar Rapids Xavier	16:55.06	52
53	Ciabatti, Jacob	JR	CR Kennedy	16:55.51	53
54	Sheshashai, Sri	JR	CR Jefferson	16:56.77	54
55	McCombs, Aiden	SO	Dubuque Hempstead	16:57.49	55
56	Ostrich, Jacob	SO	Cedar Falls	16:57.97	56
57	Vezina, Sam	FR	Linn-Mar	16:58.52	57
58	Cadenhead, Gage	JR	CR Kennedy	16:58.96	58
59	Sietz, Johnny	JR	Linn-Mar	16:59.47	59
60	Barton, George	SO	Dubuque Wahlert	16:59.95	60
61	Middlekauff, Lucas	FR	CR Kennedy	17:01.55	61
62	Trannel, Nathan	SR	Dubuque Wahlert	17:02.71	62
63	Jorgensen, Jens	SO	Cedar Falls	17:03.08	63
64	Larson, Robert	JR	CR Jefferson	17:03.53	64
65	Kleman, Caleb	JR	C.R. Washington	17:04.52	65
66	Scieszinski, Joe	JR	Cedar Rapids Xavier	17:07.85	66
67	Snell, Brycen	JR	Linn-Mar	17:08.64	67
68	Schaefer, Luke	JR	Dubuque Wahlert	17:09.55	68
69	Bailey, Micah	JR	Iowa City West	17:09.87	69
70	Skopec, Tysen	SO	Iowa City West	17:11.00	70
71	Samuelson, Cody	JR	West Waterloo	17:11.60	71
72	Steepleton, Mahlon	SR	Cedar Rapids Xavier	17:12.08	72

73	Fischer, Jackson	SO	Dubuque Senior	17:13.86	73
74	Pithan, Nolan	JR	Cedar Rapids Xavier	17:15.58	74
75	Vail, Nathan	SR	Dubuque Senior	17:16.66	75
76	Lansing, Jonathan	JR	Cedar Rapids Xavier	17:17.23	76
77	Lydon, Josiah	SR	C.R. Washington	17:27.47	77
78	Brimeyer, Wes	SR	Dubuque Senior	17:27.78	78
79	Calderon, Ricardo	SO	CR Kennedy	17:40.66	79
80	Sanor, Cooper	JR	Linn-Mar	17:42.30	80
81	Meyer, Aidan	SO	CR Jefferson	17:42.67	81
82	Haring, Christopher	SR	CR Jefferson	18:17.80	82
83	Renning, Jack	FR	Cedar Rapids Xavier	18:18.29	83
84	Kramer, Kane	SR	CR Jefferson	18:18.76	84
85	Boeckman, Blake	JR	Waterloo East	18:23.27	85
86	Schultschik, Clayton	FR	Cedar Rapids Xavier	18:25.69	86
87	Davis, Isaac	SO	West Waterloo	18:26.56	87
88	Torrey, Scyler	SR	West Waterloo	18:28.13	88
89	Goodall, Zac	FR	CR Jefferson	18:35.32	89
90	Hampshire, Hunter	SR	CR Jefferson	18:43.74	90
91	Nelson, Logan	FR	West Waterloo	19:06.79	91
92	Buhlman, Bryce	SO	Waterloo East	19:30.13	92
93	McFadden, Scott	SR	West Waterloo	19:30.53	93
94	Evans, Marvin	FR	Waterloo East	19:35.08	94
95	Matlock, Martekas	SR	Waterloo East	20:18.18	95
96	Wood, Devon	SO	Waterloo East	20:50.45	96

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Junior Varsity Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)							Total	Average
1	City High	33	1	5	8	9	10	17	21	1:42:40.61	20:32.13
2	Cedar Falls	63	2	4	6	19	32	45	49	1:45:23.02	21:04.61
3	Dubuque Hempstead	76	3	12	13	18	30	31	37	1:46:23.01	21:16.61
4	Dubuque Senior	107	14	15	22	23	33	35	38	1:48:29.04	21:41.81
5	Cedar Rapids Kennedy	145	16	26	29	34	40	43	46	1:50:49.08	22:09.82
6	Cedar Rapids Prairie	182	20	24	41	47	50	53	55	1:53:20.44	22:40.09
7	Linn-Mar	193	11	36	42	48	56	72	86	1:53:14.62	22:38.93
8	Iowa City West	228	25	39	44	57	63	66	90	1:55:44.77	23:08.96
9	CR Jefferson	244	7	54	60	61	62	71	77	1:56:24.82	23:16.97
10	Cedar Rapids Xavier	284	27	28	70	79	80	83	84	2:00:50.77	24:10.16
11	Dubuque Wahlert	290	51	52	58	64	65	78	85	1:59:20.63	23:52.13
12	Waterloo West	337	59	67	68	69	74	75	76	2:02:20.26	24:28.06
13	C.R. Washington	411	73	81	82	87	88	89	91	2:13:46.03	26:45.21

Junior Varsity Girls Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Morrow, Amelia	JR	City High	19:59.15	1
2	Larsen, Madison	JR	Cedar Falls	20:13.32	2
3	Welu, Heidi	SR	Dubuque Hempstead	20:23.70	3
4	Neese, Alyssa	FR	Cedar Falls	20:28.17	4
5	Hansen, Mollie	SR	City High	20:28.72	5
6	Simpson, Miranda	SR	Cedar Falls	20:31.06	6
7	Griffith, Jenna	FR	CR Jefferson	20:36.63	7
8	Smith, Addy	JR	City High	20:39.36	8
9	McCormick, Gabriel	JR	City High	20:44.48	9
10	Chadwick, Celeste	SR	City High	20:48.90	10
11	Simons, Jaclyn	SR	Linn-Mar	20:50.84	11
12	Buchheit, Emily	SR	Dubuque Hempstead	20:51.88	12
13	Fransen, Brenna	SR	Dubuque Hempstead	21:04.18	13
14	Healey, Victoria	SR	Dubuque Senior	21:07.32	14
15	Connolly, Elle	JR	Dubuque Senior	21:10.88	15
16	Meyer, Alli	SR	CR Kennedy	21:26.45	16
17	Strang, Rachel	JR	City High	21:42.21	17
18	Zillig, Becca	SR	Dubuque Hempstead	21:45.19	18
19	Hansen, Carina	SR	Cedar Falls	21:48.41	19
20	Erickson, Morgan	JR	CR Prairie	21:51.22	20
21	Denniston, Anna	JR	City High	21:52.48	21
22	Donath, Natalie	SR	Dubuque Senior	21:53.56	22
23	Kemp, Autumn	SR	Dubuque Senior	21:54.04	23
24	Grady, Ashley	SR	CR Prairie	21:54.54	24
25	Longmire, Sarah	SR	Iowa City West	21:56.41	25

26	Gust, Lily	SO	CR Kennedy	21:59.07	26
27	Sigmon, Annie	SR	Cedar Rapids Xavier	22:10.92	27
28	Hessman, Liz	SR	Cedar Rapids Xavier	22:11.18	28
29	Butschi, Morgan	FR	CR Kennedy	22:13.25	29
30	Smith, Sage	JR	Dubuque Hempstead	22:18.06	30
31	Schmitt, Emily	JR	Dubuque Hempstead	22:18.99	31
32	Schmidt, Alyssa	SR	Cedar Falls	22:22.06	32
33	Waid, Nadia	JR	Dubuque Senior	22:23.24	33
34	Ratzer, Hannah	JR	CR Kennedy	22:23.68	34
35	Kruse, Emily	SR	Dubuque Senior	22:24.04	35
36	Wray, Sammy	JR	Linn-Mar	22:25.94	36
37	Connolly, Erin	JR	Dubuque Hempstead	22:26.37	37
38	Parrott, Lindsey	JR	City High	22:28.36	
39	Wilson, Jamie	SR	Dubuque Senior	22:36.23	38
40	Willis, Tori	SR	Dubuque Senior	22:37.29	
41	Rickert, Kori	JR	Dubuque Senior	22:44.41	
42	Jensen, Annika	SR	Iowa City West	22:44.74	39
43	Hartel, Mary	SR	Dubuque Senior	22:44.91	
44	Averhoff, Ashlynn	SR	CR Kennedy	22:46.63	40
45	Coates, Jenna	JR	Dubuque Hempstead	22:48.61	
46	Gibson, Kayla	JR	Dubuque Senior	22:50.63	
47	Swanson, Anna	SR	City High	22:52.14	
48	Trentz, Cassie	SR	Dubuque Senior	22:53.31	
49	Hansen, Bailey	SR	Dubuque Hempstead	22:54.88	
50	Cadena, Jordan	SR	CR Prairie	22:56.84	41
51	Oberfoell, Megan	SR	Dubuque Hempstead	23:03.70	
52	Hicks, Ally	SR	Linn-Mar	23:06.41	42
53	Klein, Anna	SR	CR Kennedy	23:06.68	43
54	Abram, Elisa	SR	Iowa City West	23:08.24	44
55	Rygh, Katie	SR	Cedar Falls	23:10.48	45
56	Gudenkauf, Grace	SR	Dubuque Senior	23:11.23	
57	Pardubsky, Claire	SR	CR Kennedy	23:12.38	46
58	Dinicola, Cairo	SR	CR Prairie	23:12.62	47
59	Keller, Maddie	JR	Dubuque Senior	23:14.94	
60	Barajas-Peterson, Crysta	SR	Linn-Mar	23:16.58	48
61	Schmid, Rachel	JR	Cedar Falls	23:17.38	49
62	Ries, Lily	SR	Dubuque Hempstead	23:23.43	
63	Coulter, Megan	SR	CR Prairie	23:25.22	50
64	Wachter, Emma	JR	Dubuque Wahlert	23:26.48	51
65	Breslin, Maeve	JR	Dubuque Wahlert	23:28.30	52
66	Grady, Kara	SR	CR Prairie	23:29.70	53
67	Kisling, Maddie	SR	CR Jefferson	23:32.39	54
68	Ferguson, Samantha	SR	CR Prairie	23:33.15	55
69	Clanin, Emma	JR	Linn-Mar	23:34.85	56
70	Jennings, Michelle	SR	City High	23:35.27	
71	Uthoff, Beth	JR	CR Prairie	23:36.68	
72	Myers, Andrea	JR	CR Prairie	23:37.81	
73	Staab, Peyton	SR	CR Prairie	23:40.42	

74	Welch, Valerie	SR	Iowa City West	23:43.79	57
75	James, Bihotza	JR	City High	23:50.72	
76	Jeffords, Camryn	JR	CR Kennedy	23:51.22	
77	Herbst, Valerie	SR	Dubuque Wahlert	23:51.72	58
78	Leibfried, Ashley	SR	Dubuque Hempstead	23:58.74	
79	Dilparic, Doris	SO	Waterloo West	24:00.87	59
80	Bertram, Hannah	SR	CR Jefferson	24:02.65	60
81	Chung, Josie	SO	CR Jefferson	24:04.71	61
82	Bergman, MiAsia	JR	CR Jefferson	24:08.44	62
83	Irani, Asha	SR	Iowa City West	24:11.59	63
84	Igo, Caroline	SR	Dubuque Wahlert	24:15.20	64
85	Morley, Heather	SR	Dubuque Hempstead	24:17.22	
86	Muir, Ellie	SR	Dubuque Wahlert	24:18.93	65
87	Elliott, Leah	JR	Iowa City West	24:20.16	66
88	Hickman, Emma	FR	Waterloo West	24:21.90	67
89	Ritter, Alayna	FR	Waterloo West	24:22.10	68
90	McGrath, Erin	JR	Dubuque Hempstead	24:24.09	
91	Knox, Jessica	SR	Cedar Falls	24:28.51	
92	Hoy, Sara	SR	Cedar Falls	24:29.31	
93	Christenson, Natalie	JR	Waterloo West	24:30.78	69
94	Felderman, Kayla	SR	Dubuque Hempstead	24:32.86	
95	Bouska, Sarah	JR	Cedar Rapids Xavier	24:33.99	70
96	Rheingans, Emersen	JR	Dubuque Hempstead	24:43.74	
97	Miller, Nicole	SR	CR Prairie	24:45.65	
98	Smith, Sophia	SR	CR Prairie	24:45.93	
99	Bourgeois, Meredith	JR	CR Prairie	24:46.18	
100	Meurice, Nova	SR	City High	24:46.55	
101	Tigges, Emily	JR	Dubuque Senior	24:47.19	
102	Brosius, Autumn	JR	Dubuque Hempstead	24:48.52	
103	Hepker, Corrine	SO	CR Jefferson	24:49.03	71
104	Harper, Maddy	SR	Linn-Mar	24:56.60	72
105	Fox, Sophie	JR	C.R. Washington	24:57.12	73
106	McGehee, Lucy	SR	City High	24:59.08	
107	Graves, Haley	JR	Waterloo West	25:04.61	74
108	Lie, Sofie	SR	City High	25:08.70	
109	Ball, Anyssa	SO	CR Kennedy	25:20.74	
110	Duffy, Grace	JR	CR Kennedy	25:23.06	
111	Donahue, Kayla	SR	CR Kennedy	25:24.33	
112	Gehrke, Rachel	SO	Waterloo West	25:25.75	75
113	Stone, Elizabeth	FR	CR Kennedy	25:27.13	
114	Dekoster, Katelyn	JR	Waterloo West	25:29.09	76
115	Rajtora, Tayler	JR	CR Jefferson	25:31.90	77
116	Hanna, Jordan	JR	CR Jefferson	25:35.95	
117	Butler, Taylor	SR	Dubuque Hempstead	25:43.22	
118	Halvorson, Natalie	SR	CR Prairie	25:44.93	
119	Long, Meghann	SR	Dubuque Wahlert	25:46.48	78
120	Wille, Jennifer	SR	Cedar Rapids Xavier	25:56.41	79
121	Fettkether, Annie	JR	Cedar Rapids Xavier	25:58.27	80

122	Ntihebuwayo, Dancile	SR	City High	26:00.75	
123	Pameticky, Taylor	SR	CR Jefferson	26:01.17	
124	Nichols, Natasha	SR	C.R. Washington	26:03.10	81
125	Peal, Lopou	JR	C.R. Washington	26:06.62	82
126	Schroud, Gabby	SR	Cedar Rapids Xavier	26:09.43	83
127	Rinke, Alicia	JR	CR Prairie	26:11.69	
128	Marquardt, Nina	JR	Cedar Rapids Xavier	26:17.04	84
129	Urquhad, Kristen	FR	CR Jefferson	26:18.05	
130	Bender, Lilly	SO	City High	26:23.97	
131	Manders, Haley	JR	Dubuque Hempstead	26:25.66	
132	Zikuda, Hanna	SR	Waterloo West	26:27.89	
133	Tursi, Gemma	JR	Cedar Rapids Xavier	26:29.50	
134	Kim, Sua	JR	Dubuque Wahlert	26:34.36	85
135	Frazier, Bianca	SR	Waterloo West	26:34.85	
136	Satern, Faith	SR	Cedar Rapids Xavier	26:35.37	
137	Crane, Cheyanne	JR	Cedar Rapids Xavier	26:37.12	
138	Lyons-Macatee, Elena	SR	City High	26:38.62	
139	Schnoebelen, Joy	SR	Cedar Rapids Xavier	26:40.62	
140	Reisinger, Leah	SR	Waterloo West	26:45.29	
141	Steil, Audra	JR	Dubuque Hempstead	26:51.89	
142	Lauer, Tressa	SR	Dubuque Hempstead	26:54.28	
143	Holz, Olivia	SR	Dubuque Wahlert	26:56.41	
144	Reed, Lisa	JR	CR Prairie	26:57.06	
145	Bunce, Megan	JR	Linn-Mar	26:58.91	86
146	Dilparic, Daria	JR	Waterloo West	26:59.59	
147	Pisney, Abigail	SR	Cedar Rapids Xavier	27:00.38	
148	Reineke, Jameson	JR	City High	27:01.21	
149	Kramer, Caitlin	JR	Cedar Rapids Xavier	27:07.98	
150	Lampe, Theresa	JR	Cedar Rapids Xavier	27:16.05	
151	Grace, Lizzie	SR	Dubuque Hempstead	27:19.22	
152	Harnack, Emma	SR	Waterloo West	27:24.64	
153	Kaiser, Isabelle	JR	Cedar Rapids Xavier	27:47.34	
154	Rodriguez, Adriana	JR	Waterloo West	27:55.72	
155	Hogg, Isabel	JR	C.R. Washington	28:04.81	87
156	Novak, Jenna	JR	CR Prairie	28:17.85	
157	Chen, Yan	JR	City High	28:19.59	
158	Cooper, Emma	SO	City High	28:26.94	
159	Richter, Nora	JR	Cedar Rapids Xavier	28:33.43	
160	Appleby-Sparrow, Madalyn	JR	C.R. Washington	28:34.38	88
161	Varley, Anna	SR	Dubuque Wahlert	28:36.66	
162	Newcamp, Katarina	SR	C.R. Washington	28:52.39	89
163	Hurley, Alyson	SO	Waterloo West	28:54.59	
164	Prochnow, Olivia	SO	CR Jefferson	29:03.64	
165	Vance, Cescily	SR	Iowa City West	29:07.57	90
166	Miller, Grace	JR	Cedar Rapids Xavier	29:07.79	
167	Bixby, Marissa	JR	CR Prairie	29:20.77	
168	Dillon, Mallory	JR	Dubuque Hempstead	29:37.54	
169	Henderson, Jordan	SR	CR Jefferson	29:40.98	

170	Janney, Katie	SR	Cedar Rapids Xavier	29:47.00	
171	Eniola, Victoria	SR	C.R. Washington	29:48.40	91
172	Deegan, Eva	JR	Cedar Rapids Xavier	29:54.47	
173	Kesterson, Haley	SR	CR Jefferson	30:19.32	
174	Cook, Murfee	SR	Dubuque Wahlert	31:13.53	
175	Hartwig, Grace	SR	City High	31:14.04	
176	Kelly, Claire	JR	City High	32:31.61	
177	Marti, Erin	JR	Cedar Rapids Xavier	33:03.94	
178	Fox, Andrea	SR	CR Jefferson	33:06.11	
179	Dean, Heather	SR	Dubuque Hempstead	33:34.44	
180	Karl, Nadia	SR	Cedar Rapids Xavier	33:45.55	
181	Thompson, Elizabeth	SR	CR Jefferson	34:22.82	
182	Hefley, Kayla	SO	City High	35:11.68	
183	Seymour, Kayla	SR	Cedar Rapids Xavier	36:58.15	
184	Sandman, Bailey	SR	Dubuque Hempstead	38:49.97	
185	McDonald, Mallory	SR	Dubuque Hempstead	38:50.34	
186	Nguyen, Binh	JR	City High	41:37.73	

2016 Mississippi Valley Super Conference Cross Country Meet
Noelridge Park
Cedar Rapids, IA
October 6, 2016

Junior Varsity Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	City High	51	5	7	9	12	18	26	28	1:27:18.55	17:27.71	
2	Iowa City West	60	2	3	16	19	20	30	36	1:27:16.47	17:27.30	
3	Linn-Mar	84	11	13	14	15	31	34	39	1:28:22.92	17:40.59	
4	Cedar Rapids Prairie	85	1	6	21	25	32	42	56	1:27:45.06	17:33.02	
5	Cedar Falls	115	4	8	17	40	46	53	63	1:29:05.84	17:49.17	
6	Cedar Rapids Kennedy	156	10	27	29	41	49	50	68	1:30:10.29	18:02.06	
7	Dubuque Hempstead	168	23	24	35	38	48	64		1:30:28.76	18:05.76	
8	Dubuque Senior	202	33	37	43	44	45	52	55	1:31:32.93	18:18.59	
9	Cedar Rapids Xavier	282	47	57	58	59	61	71	84	1:35:27.13	19:05.43	
10	C.R. Washington	299	22	54	65	76	82	83	86	1:38:33.35	19:42.67	
11	West Waterloo	325	51	60	69	72	73	78	79	1:37:34.18	19:30.84	
12	CR Jefferson	340	62	66	67	70	75	77	85	1:39:02.09	19:48.42	
13	Waterloo East		410	74	80	81	87	88	89	1:49:15.86	21:51.18	

Junior Varsity Boys Individual Results

Place	Athlete	Grade	Team	Time	Points
1	jas, mike	JR	CR Prairie	16:47.19	1
2	Goers, Ethan	JR	Iowa City West	17:03.91	2
3	Abramoff, Nathan	SR	Iowa City West	17:05.12	3
4	Kramer, Jay	SR	Cedar Falls	17:15.33	4
5	Rethwisch, JP	JR	City High	17:19.11	5
6	frieden, chandler	JR	CR Prairie	17:19.76	6
7	Momberg, James	JR	City High	17:20.29	7
8	Pease, Paul	JR	Cedar Falls	17:21.85	8
9	Cochran, Nolan	JR	City High	17:23.08	9
10	Gibbons, Dawson	JR	CR Kennedy	17:26.74	10
11	Lorenz, Carter	SR	Linn-Mar	17:27.05	11
12	Baldwin, Jordan	SR	City High	17:33.32	12
13	Skilang, Tye	SO	Linn-Mar	17:36.86	13
14	Rios, Zion	FR	Linn-Mar	17:39.18	14
15	Colton, Max	SO	Linn-Mar	17:39.61	15
16	Stuart, Logan	SR	Iowa City West	17:40.21	16
17	Keagle, Jacob	JR	Cedar Falls	17:40.95	17
18	Weigel, Gabriel	JR	City High	17:42.75	18
19	Smith, Micah	SR	Iowa City West	17:43.47	19
20	Snyder, Riley	JR	Iowa City West	17:43.76	20
21	krapl, blake	SR	CR Prairie	17:44.01	21
22	Sauer, Joshua	SR	C.R. Washington	17:46.15	22
23	Ehlinger, Ryan	JR	Dubuque Hempstead	17:48.01	23
24	Gudenkauf, Conner	JR	Dubuque Hempstead	17:49.05	24
25	johnson, mason	JR	CR Prairie	17:52.13	25

26	Lucas, Jarren	SR	City High	17:53.78	26
27	Dennis, Tyler	SR	CR Kennedy	17:55.64	27
28	Momberg, John	JR	City High	17:57.13	28
29	Bradley, Evan	SR	CR Kennedy	17:57.51	29
30	Holst, Ace	JR	Iowa City West	17:59.08	30
31	Evans, Cadin	FR	Linn-Mar	18:00.22	31
32	johnson, zack	JR	CR Prairie	18:01.97	32
33	Kosel, Simon	SR	Dubuque Senior	18:04.13	33
34	Ginger, Drew	SO	Linn-Mar	18:05.12	34
35	Grudzina, Duncan	JR	Dubuque Hempstead	18:06.21	35
36	Bergman-Corbet, Emi	SR	City High	18:06.47	
37	Neese, Daniel	JR	Iowa City West	18:08.09	36
38	Rompot, Andrew	SR	Iowa City West	18:12.39	
39	Kincade, Greyson	JR	Dubuque Senior	18:14.32	37
40	Frambach, Andres	JR	Dubuque Hempstead	18:15.93	38
41	Gingrich, Sam	JR	Linn-Mar	18:16.74	39
42	Grinstead, Jacob	JR	Cedar Falls	18:19.66	40
43	Drahos, Nathan	SR	CR Kennedy	18:20.18	41
44	wheeler, blake	JR	CR Prairie	18:20.89	42
45	Ross, Sam	SR	Iowa City West	18:21.64	
46	Hansen, Jacob	SR	Dubuque Senior	18:22.04	43
47	Ballard, Jack	SR	City High	18:24.02	
48	Shock, Tyson	JR	Linn-Mar	18:24.35	
49	Vail, Nicholas	SR	Dubuque Senior	18:25.18	44
50	Digmann, Ben	SR	Linn-Mar	18:26.00	
51	Hess, Zach	SR	Dubuque Senior	18:27.26	45
52	Sannes, Drew	SR	Cedar Falls	18:28.05	46
53	Wise, Robert	SR	Iowa City West	18:28.51	
54	Schultschik, Keegan	JR	Cedar Rapids Xavier	18:28.80	47
55	Stanley, Brandon	JR	Dubuque Hempstead	18:29.56	48
56	Middlekauff, Jackson	SR	CR Kennedy	18:30.22	49
57	Voss, Bailey	JR	CR Kennedy	18:31.25	50
58	Newlon, Andrew	SO	West Waterloo	18:31.91	51
59	Cook, Kaleb	JR	Linn-Mar	18:32.64	
60	Nauman, Jack	JR	Linn-Mar	18:34.28	
61	Wortman, Dean	JR	City High	18:38.88	
62	Goodell, Kyle	SR	Linn-Mar	18:41.27	
63	Muckler, John	JR	City High	18:41.58	
64	Wenck, Jacob	SR	Iowa City West	18:42.17	
65	Page, Aiden	SR	City High	18:42.55	
66	Hannan, Jesse	SR	Dubuque Senior	18:45.81	52
67	Strauss, Parker	JR	Cedar Falls	18:49.12	53
68	Karamitros, Alex	SR	C.R. Washington	18:49.90	54
69	Hallstoss, Tatum	SR	Dubuque Senior	18:50.24	55
70	farr, collin	JR	CR Prairie	18:51.24	56
71	Orr, James	JR	Linn-Mar	18:57.91	
72	Gallman-Ringing Shie,Ja	JR	Iowa City West	18:58.67	
73	Hagarty, Nathan	SO	Cedar Rapids Xavier	19:06.55	57

74	oshel, blake	JR	CR Prairie	19:09.54	
75	pearson, anthony	JR	CR Prairie	19:10.96	
76	Brimeyer, Andrew	SR	Cedar Rapids Xavier	19:11.86	58
77	Eggleston, Jack	SR	Cedar Rapids Xavier	19:12.29	59
78	Berner, Brandon	SR	Iowa City West	19:12.74	
79	Sindt, Collin	SR	Dubuque Senior	19:13.18	
80	Fisher, Jacob	JR	Iowa City West	19:14.29	
81	Nordman, Mason	SO	West Waterloo	19:16.39	60
82	Littler, Isaac	JR	Linn-Mar	19:19.37	
83	Staskal, Orion	SR	Iowa City West	19:19.81	
84	Trana, Tim	SR	City High	19:20.25	
85	mittauer, dylan	SR	CR Prairie	19:20.87	
86	Martin, Will	JR	City High	19:21.30	
87	Millers, Owen	JR	Iowa City West	19:21.66	
88	Turnbough, Keegan	SR	City High	19:22.09	
89	matthews, grant	JR	CR Prairie	19:26.07	
90	Nasution, Ethan	SO	Cedar Rapids Xavier	19:27.63	61
91	Handley, Michael	SR	CR Jefferson	19:27.88	62
92	Thompson, Ryan	JR	Cedar Falls	19:28.27	63
93	DeBrower, Julian	JR	Linn-Mar	19:31.00	
94	Kremer, Matthew	SR	Cedar Falls	19:31.41	
95	Wu, Sam	SR	Dubuque Hempstead	19:32.75	64
96	Corbett, Thomas	JR	C.R. Washington	19:32.97	65
97	Burris, Nate	JR	Cedar Falls	19:33.56	
98	Grant, Zach	JR	CR Jefferson	19:35.20	66
99	Poppins, Matthew	SR	Cedar Falls	19:36.84	
100	Smith, Isaiah	SR	CR Jefferson	19:37.14	67
101	Miller, Isaac	JR	Iowa City West	19:40.29	
102	Nunez, Lidiel	JR	CR Kennedy	19:40.56	68
103	Tomek, Sam	SR	City High	19:41.00	
104	Tudor, Sam	JR	West Waterloo	19:42.96	69
105	Meyer, Nick	JR	Iowa City West	19:44.79	
106	Sullivan, Joey	JR	Linn-Mar	19:45.02	
107	Storm, Matt	JR	CR Jefferson	19:46.28	70
108	Maier, Keaton	JR	Cedar Rapids Xavier	19:47.14	71
109	Kraemer, Jake	JR	Linn-Mar	19:48.72	
110	Mena Llano, Pablo	JR	CR Kennedy	19:49.07	
111	Wood, Jaden	FR	West Waterloo	19:51.68	72
112	Schupbach, Owen	SR	Cedar Falls	19:55.31	
113	Moon, Nick	JR	Iowa City West	20:01.13	
114	olson, sam	JR	CR Prairie	20:04.00	
115	Markham, Cameron	SR	CR Kennedy	20:06.08	
116	Weaver, Tate	JR	CR Kennedy	20:10.56	
117	Pratt, Isaiah	SO	West Waterloo	20:11.24	73
118	Davis, Nathan	SR	CR Kennedy	20:11.47	
119	Mueller, Teryn	SR	Cedar Falls	20:12.69	
120	Brown, Alex	JR	Linn-Mar	20:13.12	
121	Dvorak, Mitchell	SR	CR Kennedy	20:17.86	

122	Muhammad, Sabur	FR	Waterloo East	20:20.37	74
123	Dunlop, John	SR	Cedar Falls	20:26.61	
124	Hansen, Daniel	JR	Linn-Mar	20:26.91	
125	Trannel, Jarrett	JR	Dubuque Wahlert	20:29.62	
126	Corson, Cameron	JR	Cedar Falls	20:33.13	
127	Livingston, Andrew	JR	CR Jefferson	20:35.59	75
128	Sanders, Trevor	SR	Cedar Falls	20:39.86	
129	Brook, Jonah	JR	City High	20:43.28	
130	Schoulte, Tyler	SR	CR Kennedy	20:43.96	
131	Stark, Max	JR	C.R. Washington	20:46.49	76
132	Williams, Isiah	SR	CR Jefferson	20:46.80	77
133	Burken, Sampson	JR	Cedar Falls	20:54.12	
134	Toth, Isaac	JR	CR Kennedy	20:59.92	
135	Sharafuddin, Jake	JR	Iowa City West	21:00.22	
136	Dean, Jacob	JR	Dubuque Senior	21:02.10	
137	Klemensen, Drake	JR	Cedar Falls	21:03.13	
138	schmidt, zach	JR	CR Prairie	21:05.33	
139	Wichart, Matthew	JR	Iowa City West	21:12.75	
140	Klabunde, Steven	SO	West Waterloo	21:16.27	78
141	Schmitt, Sam	SR	Cedar Falls	21:19.11	
142	Jacobi, Riley	FR	West Waterloo	21:19.39	79
143	Wills, Coby	SR	Linn-Mar	21:19.81	
144	Stevenson, Kobie	SR	Waterloo East	21:23.64	80
145	Henrichs, Miles	SR	City High	21:29.76	
146	Knight, Nicholas	FR	West Waterloo	21:31.62	
147	Cahoe, Ethan	SO	Waterloo East	21:32.72	81
148	Foreman, Will	JR	C.R. Washington	21:37.84	82
149	Olsen, Sam	JR	Cedar Falls	21:40.30	
150	Day, Grant	JR	Dubuque Senior	21:41.35	
151	Hackenmiller, Ezra	SR	C.R. Washington	21:44.99	83
152	Serrot, Peter	JR	Cedar Rapids Xavier	21:47.15	84
153	Standefer, Nick	JR	CR Jefferson	21:49.98	85
154	Shelby, Elijah	JR	Linn-Mar	21:50.54	
155	Deegan, Peter	SR	Cedar Rapids Xavier	21:50.95	
156	White, Luke	JR	Linn-Mar	21:55.64	
157	Gloeckner, Bronson	JR	Linn-Mar	21:55.89	
158	Yeung, Yam	JR	CR Kennedy	21:57.06	
159	Williams, Collin	JR	West Waterloo	21:59.43	
160	Versteegh, Hal	JR	C.R. Washington	22:00.62	86
161	O'Toole, Nick	FR	Linn-Mar	22:01.25	
162	Muresan, Devin	FR	Cedar Rapids Xavier	22:01.72	
163	Kluber, Jackson	SR	C.R. Washington	22:02.05	
164	Bosking, Gunnar	SR	C.R. Washington	22:04.39	
165	Barton, Matt	SR	Dubuque Senior	22:04.78	
166	Potter, Charles	JR	Cedar Falls	22:05.79	
167	Bartels, Jovante	JR	CR Jefferson	22:07.19	
168	booth, hunter	JR	CR Prairie	22:16.93	
169	Schueller, Luke	JR	Cedar Rapids Xavier	22:18.53	

170	Duggan, James	JR	Cedar Rapids Xavier	22:21.68	
171	Lowder, Ethan	JR	Cedar Rapids Xavier	22:26.39	
172	Shelton, Dylan	JR	C.R. Washington	22:29.27	
173	Scharnau, Dylan	FR	Linn-Mar	22:30.89	
174	Gredell, Nelson	JR	City High	22:45.95	
175	Bode, Luca	JR	CR Kennedy	22:47.94	
176	andreami, leonardo	JR	CR Prairie	22:54.30	
177	Bokoyo, Josue	JR	CR Jefferson	22:55.60	
178	Heinz, Nicholas	SO	Waterloo East	22:58.99	87
179	Goodrich, Jared	JR	Waterloo East	23:00.14	88
180	Karl, Anthony	SO	Cedar Rapids Xavier	23:01.33	
181	Cremers, Nathan	SR	City High	23:12.83	
182	Hunt, Jovan	SR	Cedar Falls	23:25.14	
183	farr, garrett	JR	CR Prairie	23:38.12	
184	Collins, Jaden	JR	CR Jefferson	23:49.12	
185	Evans, Jordan	SR	Waterloo East	23:51.66	89
186	Thompson, Nolan	FR	Linn-Mar	23:54.72	
187	Lemos, William	SR	C.R. Washington	24:15.73	
188	Gaines, Michael	JR	Cedar Falls	24:25.64	
189	Bachu, Khurt	JR	City High	24:50.93	
190	Jaros, Kenny	SO	West Waterloo	25:31.24	
191	Hecht, James	SO	Linn-Mar	25:43.45	
192	ziskovsky, aaron	SR	CR Prairie	26:14.50	
193	Stevens, Nicholas	FR	West Waterloo	27:38.25	
194	Sandoval, Anthony	FR	West Waterloo	28:51.95	
195	Motto, Jack	SO	City High	32:14.54	
196	Todd, Adam	JR	C.R. Washington	36:24.59	
197	Hansen, Evan	SO	City High	36:25.33	

2016 Mississippi Valley Super Conference Cross Country Meet
Noelridge Park
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October 6, 2016

Freshman-Sophomore Girls Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	City High	41	4	5	7	9	16	19	27	1:46:04.94	21:12.99	
2	Dubuque Hempstead	55	1	2	6	17	29	34	35	1:46:15.87	21:15.18	
3	Cedar Falls	57	3	8	13	15	18	21	22	1:46:39.80	21:19.96	
4	Dubuque Senior	67	10	11	12	14	20	24	25	1:47:17.56	21:27.52	
5	Linn-Mar	167	23	30	36	38	40	42	46	1:53:20.29	22:40.06	
6	Cedar Rapids Prairie	187	26	31	41	44	45	47	48	1:55:07.81	23:01.57	
7	Cedar Rapids Xavier	195	28	32	33	49	53	57		1:57:31.11	23:30.23	
8	Dubuque Wahlert	233	37	39	51	52	54	55	58	2:03:44.40	24:44.88	
9	C.R. Washington	268	43	50	56	59	60			2:16:48.90	27:21.78	

Freshman-Sophomore Girls Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Holesinger, Emma	FR	Dubuque Hempstead	20:30.10	1
2	Scott, Erin	FR	Dubuque Hempstead	20:34.10	2
3	Freeman, Jayna	FR	Cedar Falls	20:58.46	3
4	Jones, Isbel	SO	City High	21:04.07	4
5	Veit, Julia	SO	City High	21:06.67	5
6	Gudenkauf, Lauren	FR	Dubuque Hempstead	21:09.30	6
7	Trom, Sophie	FR	City High	21:09.87	7
8	Schillinger, Sophia	FR	Cedar Falls	21:11.16	8
9	Chapnick-Sorokin, Phoebe	SO	City High	21:18.70	9
10	Tonn, Kate	SO	Dubuque Senior	21:21.43	10
11	Ries, Grace	FR	Dubuque Senior	21:22.33	11
12	Whalen, Kes	FR	Dubuque Senior	21:22.58	12
13	North, Megan	SO	Cedar Falls	21:23.08	13
14	Stackis, Josie	FR	Dubuque Senior	21:24.19	14
15	Martin, Sabine	FR	Cedar Falls	21:24.46	15
16	Carey, Morgan	SO	City High	21:25.63	16
17	Coates, Emma	FR	Dubuque Hempstead	21:27.81	17
18	Chenoweth, Kellen	FR	Cedar Falls	21:42.64	18
19	Meurice, Naomi	SO	City High	21:44.79	19
20	Shearer, Sophie	SO	Dubuque Senior	21:47.03	20
21	Fixen, Gretchen	FR	Cedar Falls	21:48.81	21
22	Culberson, Beth	SO	Cedar Falls	21:49.78	22
23	Kelley, Emma	SO	Linn-Mar	21:50.51	23
24	Rekow, Ella	FR	Cedar Falls	21:50.94	
25	Kloft, Stacey	SO	Dubuque Senior	21:52.49	24
26	Romagna, Ava	FR	Dubuque Senior	21:55.31	25
27	Miron, Kate	FR	Dubuque Senior	21:55.57	
28	O'Loughlin, Devin	FR	Cedar Falls	22:01.35	
29	Forrest, Eady	SO	CR Prairie	22:02.21	26

30	Gidal, Lottie	SO	City High	22:02.86	27
31	Schmitt, Bridget	SO	Cedar Rapids Xavier	22:06.32	28
32	Mena, Gracie	FR	Dubuque Senior	22:13.90	
33	Parrott, Grace	FR	City High	22:25.68	
34	Ries, Grace	SO	Dubuque Hempstead	22:34.56	29
35	Genskow, Olivia	FR	Linn-Mar	22:35.26	30
36	Boller, Anna	FR	CR Prairie	22:35.78	31
37	Lansing, Rilee	FR	Cedar Rapids Xavier	22:36.56	32
38	Dake, Hannah	SO	Cedar Rapids Xavier	22:36.86	33
39	Lonning, Alexis	FR	Dubuque Hempstead	22:41.11	34
40	Larson, Victoria	FR	Dubuque Hempstead	22:44.32	35
41	Uthe, Riley	SO	Dubuque Hempstead	22:45.30	
42	Morley, Emily	FR	Dubuque Hempstead	22:46.46	
43	Shull, Anna	SO	Cedar Falls	22:47.14	
44	Kendrick, AJ	SO	Linn-Mar	22:51.84	36
45	Pape, Danielle	SO	Dubuque Wahlert	22:52.46	37
46	Nowotny, Samantha	SO	Iowa City West	22:52.79	
47	Bounds, Mary	FR	City High	22:53.03	
48	Sanderman, Claire	SO	Cedar Falls	22:55.61	
49	Bushlack, Lizzy	FR	Linn-Mar	22:57.94	38
50	Gehlbach, Emma	SO	Iowa City West	22:59.36	
51	Blosch, Olivia	SO	Dubuque Wahlert	23:00.12	39
52	Cagnard, Elise	FR	Linn-Mar	23:04.74	40
53	Pugh, Madeline	SO	City High	23:09.21	
54	Forrest, Samantha	FR	CR Prairie	23:11.35	41
55	Ram, Sibani	SO	Dubuque Senior	23:18.12	
56	Peterson, Isabel	SO	Dubuque Senior	23:19.04	
57	Burns, Kathryn	SO	Dubuque Senior	23:19.36	
58	Gidal, Sylvia	FR	City High	23:20.18	
59	Staker, Sadie	FR	Linn-Mar	23:23.13	42
60	Steva, Peyton	SO	Iowa City West	23:34.06	
61	Hayes, JoJo	FR	C.R. Washington	23:36.83	43
62	Alldredge, Anna	SO	CR Prairie	23:38.95	44
63	Kline, Cassidy	FR	CR Prairie	23:39.52	45
64	Brown, Muriel	FR	City High	23:40.68	
65	Sartini-Rideout,Azzurra	FR	City High	23:43.11	
66	Waid, Mia	FR	Dubuque Senior	23:44.96	
67	Hayes, Emma	SO	Dubuque Senior	23:49.20	
68	Sheckles, Mattie	FR	Dubuque Senior	23:50.31	
69	Chadwick, Maya	FR	City High	23:57.16	
70	Hammerand, Bailey	SO	Dubuque Senior	23:58.89	
71	Hennager, Ella	SO	City High	24:01.17	
72	Eilders, Katelyn	FR	Linn-Mar	24:09.39	46
73	Fear, Megan	FR	CR Prairie	24:10.66	47
74	McCaughey, Kylie	FR	Linn-Mar	24:16.88	
75	Marsh, Alex	FR	City High	24:17.44	
76	Duerksen, Haley	FR	CR Prairie	24:18.36	48
77	Smith, Avery	SO	CR Prairie	24:23.80	

78	Kane, Ella	FR	Cedar Rapids Xavier	24:25.33	49
79	Traore, Saye	FR	City High	24:25.69	
80	Stallman, Amanda	SO	CR Prairie	24:29.49	
81	Post, Allison	FR	Linn-Mar	24:30.55	
82	Scott, Rebekah	FR	Linn-Mar	24:34.07	
83	Kaufman, Grace	FR	CR Prairie	24:41.96	
84	Weis, Emily	SO	C.R. Washington	24:47.85	50
85	Bushlack, Emily	FR	Linn-Mar	24:50.49	
86	Kohl, McKenzie	FR	CR Prairie	24:50.83	
87	Mwenemkamba, Anastasia	SO	City High	24:52.25	
88	Hansen, Isabel	FR	City High	24:57.29	
89	Doyle, Marin	FR	Linn-Mar	24:59.98	
90	Wigginton, Samara	FR	Dubuque Wahlert	25:11.95	51
91	Daack, Claire	FR	Dubuque Hempstead	25:13.90	
92	Mather, Meghan	SO	Linn-Mar	25:15.05	
93	Shock, Peyton	FR	Linn-Mar	25:18.40	
94	Johnson, Abby	FR	CR Prairie	25:31.14	
95	Wedewer, Libby	FR	Dubuque Wahlert	25:39.14	52
96	Sarsfield, Liza	SO	City High	25:40.05	
97	Beck, Carley	SO	Cedar Rapids Xavier	25:46.04	53
98	Damhorst, Drew	SO	City High	25:49.59	
99	Corbin, Georgia	FR	City High	25:56.30	
100	Kaine, Aubryn	FR	City High	26:13.91	
101	Redding, Skylynn	FR	Dubuque Hempstead	26:19.61	
102	Redden, Katie	SO	CR Prairie	26:30.47	
103	Paulson, Claire	FR	Dubuque Hempstead	26:33.38	
104	Hernandez, Jackie	FR	CR Prairie	26:52.83	
105	Ehler, Samantha	FR	CR Prairie	26:53.05	
106	Heller, Aubrey	FR	CR Prairie	26:53.30	
107	Huntington, Sophia	SO	Dubuque Wahlert	27:00.73	54
108	Rickert, Jodi	FR	Dubuque Senior	27:04.21	
109	Rieckens, Erin	SO	Dubuque Hempstead	27:12.20	
110	Foy, Sophia	SO	Dubuque Wahlert	27:26.91	55
111	Balong, Abigail	FR	Cedar Falls	27:47.72	
112	Manson, Eko	SO	C.R. Washington	28:26.62	56
113	Hansen, Emma	FR	City High	28:36.89	
114	Taylor-Butcher, Nyah	SO	City High	28:46.70	
115	Gammon, Kaitlyn	FR	CR Prairie	28:51.71	
116	Ray, Abigail	FR	CR Prairie	28:56.21	
117	Skala, Lauren	FR	Cedar Rapids Xavier	28:58.43	57
118	Wehr, Ellie	SO	CR Prairie	29:09.35	
119	Peckosh, Jacquelyn	FR	Dubuque Wahlert	29:18.64	58
120	Ward, Martha	SO	Dubuque Wahlert	29:32.08	
121	Sun, Joyce	SO	Dubuque Hempstead	29:36.94	
122	Carson, Leah	FR	C.R. Washington	29:37.98	59
123	Houtz, Ellen	FR	C.R. Washington	30:19.62	60
124	Laud, Allison	SO	CR Prairie	30:44.48	
125	Peckosh, Carolyn	FR	Dubuque Wahlert	31:30.91	

2016 Mississippi Valley Super Conference Cross Country Meet
Noelridge Park
Cedar Rapids, IA
October 6, 2016

Freshman-Sophomore Boys Team Results

Place	Team	Points	Places of Finishers (offset scoring)								Total	Average
1	Iowa City West	53	7	9	10	13	14	19	23	1:27:15.23	17:27.05	
2	City High	91	4	11	15	30	31	34	40	1:28:26.73	17:41.35	
3	Cedar Rapids Prairie	99	1	5	25	33	35	50	54	1:28:39.90	17:43.98	
4	Dubuque Hempstead	108	2	3	17	37	49	65	66	1:28:50.89	17:46.18	
5	Cedar Falls	132	16	21	28	29	38	43	44	1:29:44.18	17:56.84	
6	Dubuque Senior	135	12	18	22	36	47	57	63	1:29:51.50	17:58.30	
7	Cedar Rapids Kennedy	140	6	26	27	39	42	59	61	1:30:14.67	18:02.94	
8	Dubuque Wahlert	149	8	20	32	41	48	62	68	1:30:24.60	18:04.92	
9	Linn-Mar	257	46	51	52	53	55	60	73	1:34:06.78	18:49.36	
10	C.R. Washington	294	24	64	67	69	70	71	74	1:35:56.13	19:11.23	
11	CR Jefferson	306	45	56	58	72	75	76	77	1:36:52.45	19:22.49	

Freshman-Sophomore Boys Individual Results

Place	Athlete	Grade	Team	Time	Points
1	Iagrange, Colton	SO	CR Prairie	17:00.03	1
2	Torrey, Nick	SO	Dubuque Hempstead	17:01.77	2
3	Jungk, Matt	FR	Dubuque Hempstead	17:05.30	3
4	Taylor, Matt	FR	City High	17:09.10	4
5	Pendergast, Jack	FR	CR Prairie	17:12.56	5
6	Green, Jacob	FR	CR Kennedy	17:18.94	6
7	Woodward, Peter	FR	Iowa City West	17:19.72	7
8	Dodds, Trenton	SO	Dubuque Wahlert	17:24.04	8
9	Anson, Lukas	SO	Iowa City West	17:26.63	9
10	Badovinac, Ivan	SO	Iowa City West	17:27.45	10
11	Shabani, Oliver	SO	City High	17:28.27	11
12	Wille, Evan	SO	Dubuque Senior	17:29.98	12
13	Dowling, Edward	FR	Iowa City West	17:30.24	13
14	Conrad, William	SO	Iowa City West	17:31.19	14
15	Kabat, Noah	FR	City High	17:33.67	15
16	Wilson, Hollis	FR	Cedar Falls	17:34.04	16
17	Schatz, Matt	SO	Dubuque Hempstead	17:36.47	17
18	Cook, Ben	SO	Dubuque Senior	17:37.21	18
19	Wu, Chen-You	FR	Iowa City West	17:37.48	19
20	Walsh, Nathan	SO	Dubuque Wahlert	17:37.71	20
21	Bremner, Dawson	SO	Cedar Falls	17:39.38	21
22	Schultz, Jonathan	FR	Dubuque Senior	17:40.35	22
23	Yang, Raymond	FR	Iowa City West	17:47.88	23
24	Ennis, Bryan	SO	C.R. Washington	17:55.77	24
25	Dannenfelser, Carlo	FR	CR Prairie	17:56.44	25
26	Turner, Wes	FR	CR Kennedy	17:58.10	26
27	Stecker, Will	SO	CR Kennedy	17:59.66	27

28	Salama, Osman	FR	Iowa City West	18:02.08	
29	Le, Nathan	FR	Cedar Falls	18:03.00	28
30	Campbell, Ben	FR	Cedar Falls	18:04.99	29
31	Simmons, Tim	SO	City High	18:07.69	30
32	Brown, Jonathan	SO	City High	18:08.00	31
33	Prescott, Ian	SO	Iowa City West	18:08.97	
34	Simcox, Luke	FR	Dubuque Wahlert	18:10.54	32
35	Wemmie, Julian	FR	Iowa City West	18:11.69	
36	stewart, blake	SO	CR Prairie	18:12.89	33
37	Jones, Owen	SO	City High	18:13.55	34
38	adams, mckade	FR	CR Prairie	18:17.98	35
39	Sindt, Jacob	SO	Dubuque Senior	18:19.23	36
40	Doser, Brandon	SO	Dubuque Hempstead	18:21.96	37
41	Simpson, Christian	SO	Cedar Falls	18:22.77	38
42	Sullivan, Levi	FR	CR Kennedy	18:23.34	39
43	McMillan, Thomas	FR	City High	18:24.15	40
44	Greenlee, Jacob	SO	Iowa City West	18:24.91	
45	Timmerman, Daniel	SO	Dubuque Wahlert	18:27.31	41
46	Wilkes, Mitchell	FR	City High	18:29.49	
47	Maxwell, Charles	SO	City High	18:30.54	
48	Weaver, Noah	FR	City High	18:33.52	
49	Hand, Matthew	FR	CR Kennedy	18:34.63	42
50	VanPatten, Andrew	SO	Cedar Falls	18:35.99	43
51	Wilbur, Kenneth	FR	Iowa City West	18:36.66	
52	Biles, Zach	SO	Cedar Falls	18:37.25	44
53	Oya, Taka	FR	Iowa City West	18:37.73	
54	Wessels, Nick	SO	Cedar Falls	18:41.06	
55	Bagan, Hunter	SO	Iowa City West	18:41.54	
56	Lauterwasser, Nathan	FR	CR Jefferson	18:42.51	45
57	Sckerl, Easton	FR	Cedar Falls	18:43.06	
58	Digmann, Thomas	SO	Linn-Mar	18:44.28	46
59	Johnson, Matt	FR	Dubuque Senior	18:44.73	47
60	Berning, Zach	SO	Dubuque Wahlert	18:45.00	48
61	Robertson, Tim	SO	Dubuque Hempstead	18:45.39	49
62	rummel, gabe	SO	CR Prairie	18:46.86	50
63	Hynick, Ryan	FR	City High	18:47.60	
64	Bormann, Garrett	FR	City High	18:48.14	
65	Skopec, Tysen	SO	Iowa City West	18:48.87	
66	Voss, Jake	FR	Linn-Mar	18:49.62	51
67	Schuessler, Joe	FR	City High	18:49.85	
68	Medin, Daniel	SO	Linn-Mar	18:50.24	52
69	Duong, Thomas	SO	Iowa City West	18:50.57	
70	Hickson, Lance	FR	Linn-Mar	18:51.03	53
71	kelsey, joel	FR	CR Prairie	18:51.26	54
72	Keller, Noah	SO	Linn-Mar	18:51.61	55
73	Egger, Brandon	SO	CR Jefferson	18:55.19	56
74	Day, Brian	FR	Dubuque Senior	18:56.77	57
75	Arrends, Noah	FR	Cedar Falls	18:57.25	

76	French, Andrew	FR	CR Jefferson	18:59.63	58
77	Walther, Erik	SO	Cedar Falls	19:01.49	
78	Arrends, Blake	FR	Cedar Falls	19:03.12	
79	Fletcher, Josh	SO	City High	19:03.73	
80	Falck, Dylan	FR	CR Kennedy	19:04.01	59
81	Gansen, Connor	FR	Linn-Mar	19:06.30	60
82	Hayes, Connor	FR	Iowa City West	19:06.92	
83	Hornett, Jaxson	FR	CR Kennedy	19:10.24	61
84	Cornell, Paul	FR	City High	19:10.57	
85	Marchesani, Jeremy	SO	Cedar Falls	19:12.04	
86	Skittone, Joe	FR	CR Kennedy	19:13.11	
87	Belken, Connor	SO	Dubuque Wahlert	19:13.38	62
88	Bryan, Andre	SO	Cedar Falls	19:13.84	
89	Hanson, Alex	SO	Cedar Falls	19:14.53	
90	Lie, Anders	SO	City High	19:16.63	
91	Sass, Liam	FR	Dubuque Senior	19:17.37	63
92	Park, Eli	FR	CR Kennedy	19:21.97	
93	Gay, Quintin	SO	C.R. Washington	19:22.29	64
94	Rutkowski, Jared	SO	Dubuque Hempstead	19:23.12	65
95	Doorn, Eric	SO	Iowa City West	19:23.44	
96	D'Allessandro, Ethan	FR	Iowa City West	19:23.80	
97	McGrath, Sean	FR	Dubuque Hempstead	19:24.21	66
98	neubauer, ryan	FR	CR Prairie	19:24.80	
99	reiseck, bailey	SO	CR Prairie	19:26.75	
100	Jensen, Drew	FR	CR Kennedy	19:27.66	
101	Shilyansky, Jonathan	SO	Iowa City West	19:28.40	
102	Ellenz, Trae	FR	CR Kennedy	19:28.81	
103	Lin, Jack	SO	C.R. Washington	19:29.17	67
104	Hostager, Scott	FR	Dubuque Hempstead	19:29.77	
105	Ibarra, Daniel	FR	Dubuque Hempstead	19:30.50	
106	Kaufmann, Conner	SO	Dubuque Hempstead	19:31.14	
107	Sausser, Logan	SO	Dubuque Wahlert	19:31.91	68
108	Nanke, Noah	FR	C.R. Washington	19:33.22	69
109	Smith, Simeon	SO	City High	19:33.53	
110	Traore, Samba	SO	City High	19:35.27	
111	Greco, Gabe	SO	C.R. Washington	19:35.68	70
112	Riffel, Adam	FR	Dubuque Hempstead	19:38.42	
113	Ceynar, Ryan	SO	City High	19:40.32	
114	Bouschlicher, Logan	SO	C.R. Washington	19:42.44	71
115	Horwitz, Sam	FR	City High	19:43.84	
116	Walsh, Barrett	FR	City High	19:45.17	
117	Brown, Daniel	SO	City High	19:48.34	
118	Johnson, Alex	SO	CR Jefferson	19:48.62	72
119	McGuire, Matt	SO	Dubuque Wahlert	19:53.82	
120	Rouabhi, Younes	SO	City High	19:54.23	
121	Lewis, Zach	SO	Dubuque Hempstead	19:56.03	
122	Gansen, Cole	FR	Linn-Mar	20:00.85	73
123	Staskal, Jared	FR	Iowa City West	20:04.21	

124	bush, tom	SO	CR Prairie	20:04.73	
125	Sykes, Sam	SO	Dubuque Wahlert	20:06.12	
126	Westhoff, Ryan	FR	Cedar Falls	20:06.69	
127	O'Hair, Quin	SO	Cedar Falls	20:07.17	
128	Anderson, Eli	SO	City High	20:07.47	
129	Sotelo, Keegan	SO	City High	20:08.29	
130	Ojile, Atticus	FR	City High	20:08.73	
131	Davis, Calvin	FR	Dubuque Senior	20:10.22	
132	Alaya, Rabi	FR	Iowa City West	20:11.53	
133	Basan, Ama	SO	City High	20:12.46	
134	Moore, Zachariah	SO	C.R. Washington	20:16.57	74
135	Carter, Ryan	FR	City High	20:20.79	
136	Geerdes, John	SO	City High	20:22.99	
137	Kuennen, Cade	FR	CR Kennedy	20:24.15	
138	Anderson, Kelby	FR	City High	20:24.56	
139	Cano, Brandon	FR	CR Jefferson	20:26.50	75
140	Gesell, Dylan	SO	Iowa City West	20:26.75	
141	Biertzer, Michael	FR	Linn-Mar	20:32.39	
142	Vorwald, Dillon	SO	CR Jefferson	20:34.93	76
143	Ajavon, Ayi	FR	Iowa City West	20:38.84	
144	Anderson, Grant	SO	Iowa City West	20:39.11	
145	Kincade, Greg	FR	Dubuque Senior	20:41.06	
146	Schultz, Justin	FR	Dubuque Hempstead	20:41.42	
147	Breitbach, Max	FR	Dubuque Hempstead	20:41.72	
148	Plumb, Javan	FR	CR Jefferson	20:42.32	77
149	rinke, aarick	FR	CR Prairie	20:42.62	
150	Jochum, Sam	SO	Dubuque Wahlert	20:43.24	
151	Rompot, Danny	SO	Iowa City West	20:44.81	
152	Gustafson, Arvid	SO	City High	20:46.89	
153	Haut, Adam	FR	CR Jefferson	20:47.23	
154	myers, dylan	SO	CR Prairie	20:49.33	
155	Morelli, Ollie	SO	City High	20:49.66	
156	Frommelt, Nick	SO	Dubuque Wahlert	20:52.43	
157	Wagner, Gabriel	FR	Dubuque Hempstead	20:54.10	
158	hermanson, reese	FR	CR Prairie	20:58.06	
159	jenkins, jaron	FR	CR Prairie	20:58.43	
160	Iverson, Tim	FR	Dubuque Senior	20:58.72	
161	Christiason, Lars	SO	Cedar Falls	20:59.43	
162	Rausch, Joey	SO	Dubuque Wahlert	21:03.87	
163	Kraus, Owen	SO	City High	21:04.31	
164	huedepohl, cole	SO	CR Prairie	21:04.58	
165	Burnell, Cameron	FR	CR Jefferson	21:05.30	
166	Schmidt, Dylan	SO	Iowa City West	21:05.67	
167	Chen, Kevin	SO	Iowa City West	21:11.51	
168	Kelley, Isaiah	FR	Linn-Mar	21:14.08	
169	frazee, carson	FR	CR Prairie	21:17.94	
170	Nordman, Kade	SO	CR Jefferson	21:21.68	
171	Bouska, Jacob	FR	City High	21:26.14	

172	Stichter, Jack	FR	Cedar Falls	21:26.43
173	Tomek, Elliot	FR	City High	21:31.81
174	Hearn, Ryan	SO	Linn-Mar	21:32.22
175	Mattingly, Austen	SO	Iowa City West	21:32.60
176	Seamans, AJ	FR	City High	21:36.76
177	schroeder, jordan	FR	CR Prairie	21:38.69
178	Ng, Lucas	SO	Dubuque Hempstead	21:42.78
179	Wigginton, Gabe	SO	Dubuque Wahlert	21:43.60
180	Horbuckle, Franklin	FR	City High	21:45.99
181	Kiesey, Jacob	SO	CR Kennedy	21:48.59
182	Barron, Liam	FR	City High	21:49.75
183	Chen, Ethan	SO	Iowa City West	21:55.73
184	Clanin, Oliver	FR	Linn-Mar	21:56.57
185	McWane, Steven	FR	City High	22:00.75
186	Hebrink, David	SO	C.R. Washington	22:04.36
187	vavra, joe	FR	CR Prairie	22:09.49
188	cassady, nick	FR	CR Prairie	22:12.49
189	Jasper, Kolin	FR	Cedar Falls	22:14.65
190	Beauregard, Drake	FR	CR Kennedy	22:16.40
191	Shaw, Lucas	FR	Cedar Falls	22:18.53
192	Swisher-Hintz, Nathan	FR	City High	22:20.71
193	Mueller, Carsyn	FR	Cedar Falls	22:21.15
194	Mueller, Jack	SO	Dubuque Wahlert	22:25.56
195	Keasler, Blake	SO	City High	22:26.85
196	Rocca, Phillip	SO	City High	22:28.92
197	Faruquee, Sameer	FR	Dubuque Hempstead	22:37.63
198	schilling, kaden	SO	CR Prairie	22:38.68
199	Miller, Sam	FR	Linn-Mar	22:40.40
200	Anderson, Charley	FR	Dubuque Hempstead	22:41.37
201	Sanders, Kameron	FR	Dubuque Hempstead	22:43.39
202	Timmerman, Andrew	SO	Dubuque Wahlert	22:47.85
203	Reichel, Jason	SO	Dubuque Senior	22:49.00
204	Seabold, Nicholas	SO	City High	22:57.24
205	Gavin, Dale	SO	CR Jefferson	23:02.55
206	husemann, connor	FR	CR Prairie	23:06.48
207	chadima, calvin	SO	CR Prairie	23:10.01
208	jones, austin	FR	CR Prairie	23:10.71
209	Stevens, Tommy	FR	Iowa City West	23:33.32
210	nelson, byron	SO	CR Prairie	23:50.55
211	Huber, Ryan	SO	CR Kennedy	23:51.99
212	Lund, Brett	FR	Cedar Falls	23:52.39
213	Altfillisch, Brian	FR	C.R. Washington	24:19.59
214	Grommon, David	SO	CR Jefferson	24:19.86
215	Nebaska, Nathan	SO	Linn-Mar	24:27.81
216	Olutunde, Michael	FR	CR Jefferson	24:29.83
217	Holbert, Christian	FR	Cedar Falls	24:38.31
218	Morel, Matthew	FR	Dubuque Wahlert	24:45.65
219	Appenzeller, Sam	FR	Cedar Falls	24:55.62

220	Khan, Sharik	FR	Dubuque Hempstead	25:05.76
221	Sullivan, Peter	FR	Dubuque Senior	25:06.32
222	Tigges, Brett	SO	Dubuque Hempstead	25:44.00
223	Bryant, Michael	SO	CR Kennedy	26:19.13
224	Hampshire, Hunter	SR	CR Jefferson	26:58.01